

Random House New Year, New You

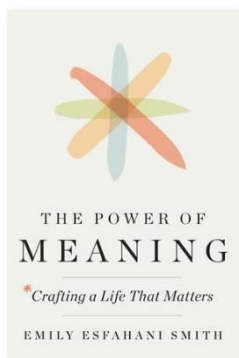


Own It

Sallie Krawcheck

978-1-101-90625-5

HC | \$27.00 | On Sale 01-17-2017
Crown Business

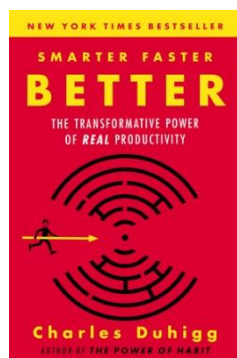


The Power of Meaning

Emily Esfahani Smith

978-0-553-41999-3

HC | \$28.00 | On Sale 01-10-2017
Crown



Smarter Faster Better

Charles Duhigg

978-0-399-59199-0

TR | \$12.99 | On Sale 01-10-2017
Random House

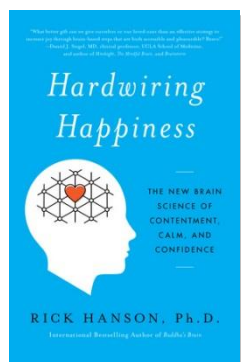


How To Keep People From Pushing Your Buttons

Albert Ellis; Arthur Lange;
Kristene A. Doyle

978-0-8065-3809-9

TR | \$15.00 | On Sale 12-27-2016
Citadel

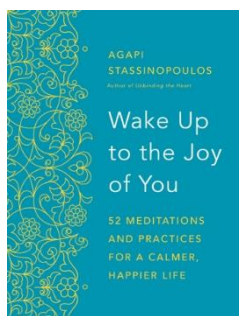


Hardwiring Happiness

Rick Hanson, Ph.D.

978-0-385-34733-4

TR | \$16.00 | On Sale 12-27-2016
Harmony

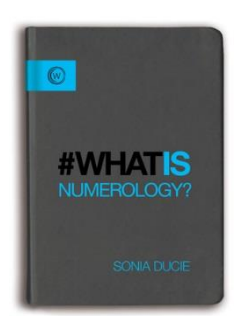


Wake Up to the Joy of You

Agapi Stassinopoulos

978-0-451-49600-3

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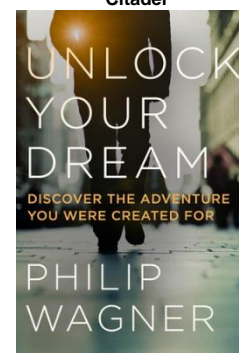


What is Numerology?

Sonia Ducie

978-1-78028-938-0

TR | \$12.95 | On Sale 12-27-2016
Watkins Publishing

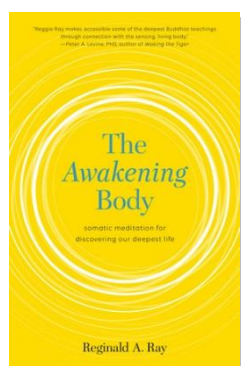


Unlock Your Dream

Philip Wagner

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Reginald A. Ray

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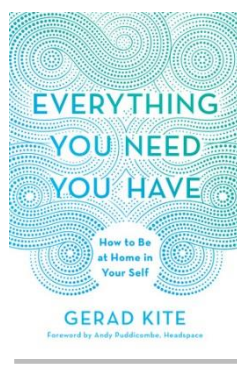


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Lodro Rinzler

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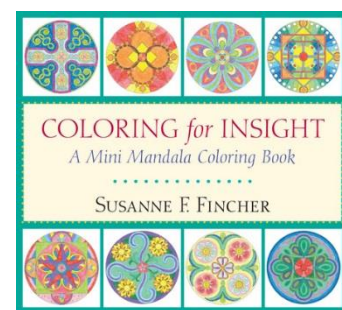


Everything You Need You Have

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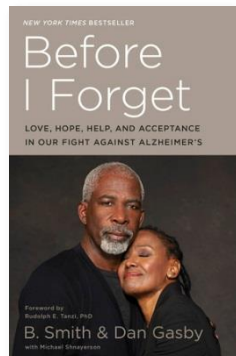
TR | \$9.95 | On Sale 11-22-2016
Shambhala

Random House

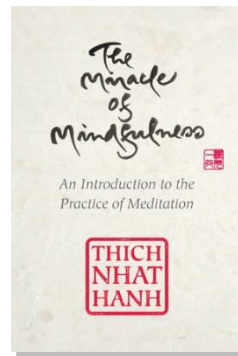
New Year, New you



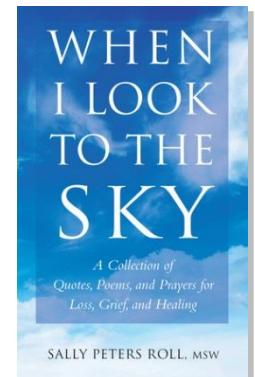
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978-1-63388-247-8
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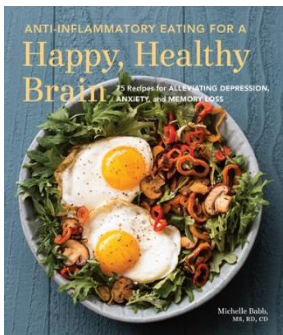
Before I Forget
B. Smith and Dan Gasby with Michael Shnayerson
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TR | \$16.00 | On Sale 11-01-2016
Harmony



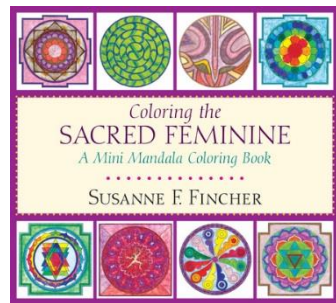
The Miracle of Mindfulness, Gift Edition
Thich Nhat Hanh
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HC | \$20.00 | On Sale 10-25-2016
Beacon Press



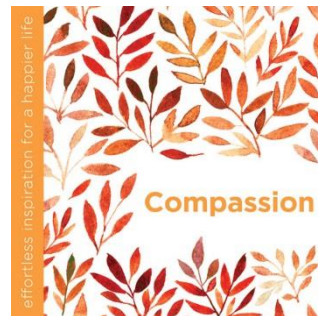
When I Look to the Sky
Sally Peters Roll
978-1-57826-651-7
HC | \$12.50 | On Sale 10-25-2016
Hatherleigh Press



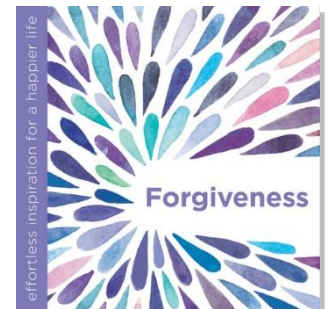
Anti-Inflammatory Eating for a Happy, Healthy Brain
Michelle Babb
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TR | \$22.95 | On Sale 10-25-2016
Sasquatch Books



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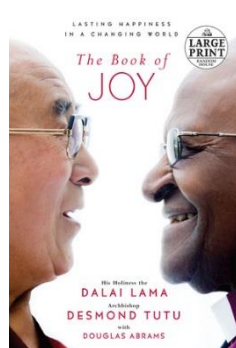
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978-1-78028-950-2
HC | \$9.95 | On Sale 10-18-2016
Watkins Publishing



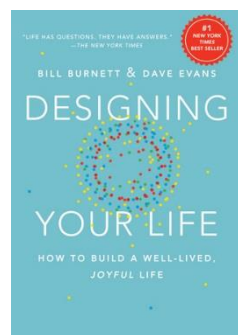
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978-1-78028-949-6
HC | \$9.95 | On Sale 10-18-2016
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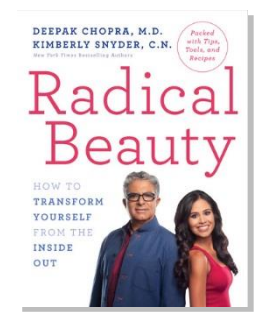
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Estée Lalonde
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Appetite by Random House



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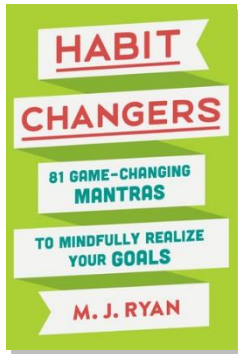


Designing Your Life
Bill Burnett and Dave Evans
978-1-101-87532-2
HC | \$24.95 | On Sale 09-20-2016
Knopf



Radical Beauty
Deepak Chopra, M.D., and Kimberly Snyder, C.N.
978-1-101-90601-9
HC | \$26.99 | On Sale 09-20-2016
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Habit Changers

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HC | \$22.00 | On Sale 09-20-2016
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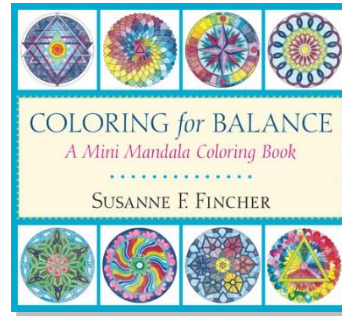


Get Gorgeous

Christel Vatasso and Pascal Loperena

978-2-08-020265-9

TR | \$24.95 | On Sale 09-20-2016
 Flammarion

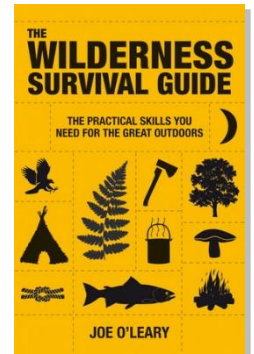


Coloring for Balance

Susanne F. Fincher

978-1-61180-422-5

TR | \$9.95 | On Sale 09-20-2016
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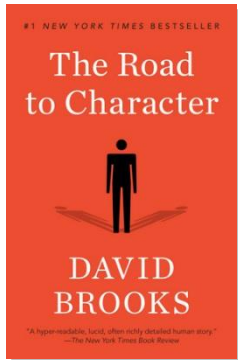


The Wilderness Survival Guide

Joe O'Leary

978-1-907486-04-3

TR | \$19.95 | On Sale 09-20-2016
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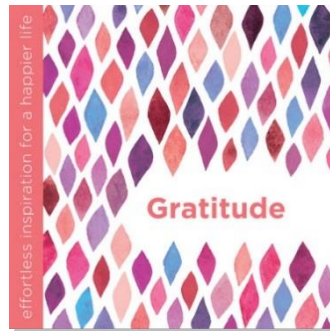


The Road to Character

David Brooks

978-0-8129-8341-8

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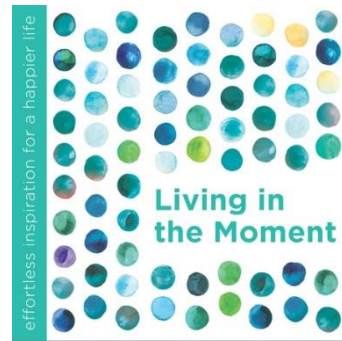


Gratitude

Dani Dippiro

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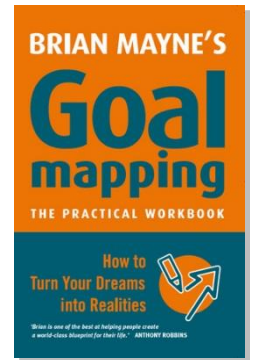


Living in the Moment

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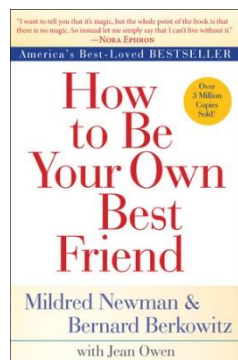


Goal Mapping

Brian Mayne

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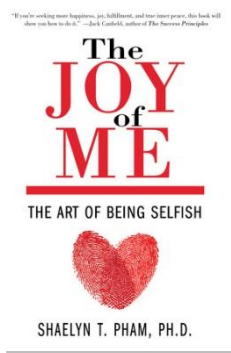


How to Be Your Own Best Friend

Mildred Newman & Bernard Berkowitz with Jean Owen

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 Ballantine Books

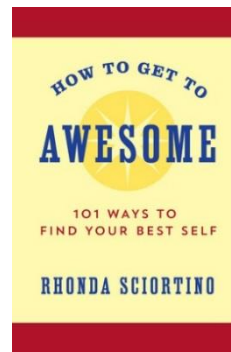


The Joy of Me

Shaelyn Pham, PhD

978-1-57826-642-5

TR | \$16.99 | On Sale 08-30-2016
 Hatherleigh Press

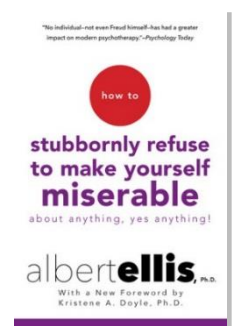


How to Get to Awesome

Rhonda Sciortino

978-1-57826-635-7

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How to Stubbornly Refuse to Make Yourself Miserable About Anything--Yes, Anything!

Albert Ellis, Foreword by Kristene A. Doyle

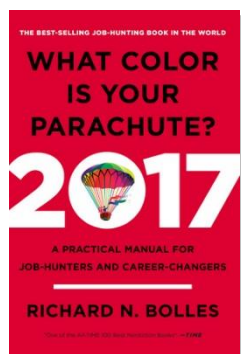
978-0-8065-3805-1

TR | \$15.00 | On Sale 08-30-2016
 Citadel

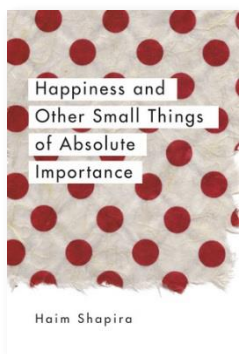


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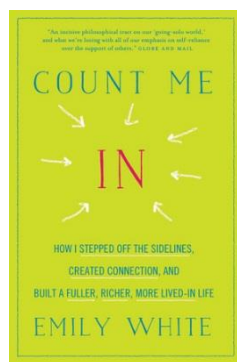
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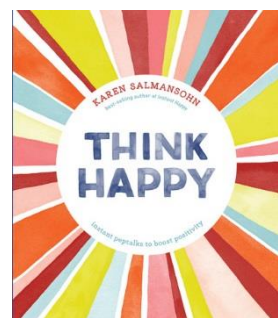
What Color Is Your Parachute? 2017
Richard N. Bolles
978-0-399-57821-2
 HC | \$29.99 | On Sale 08-16-2016
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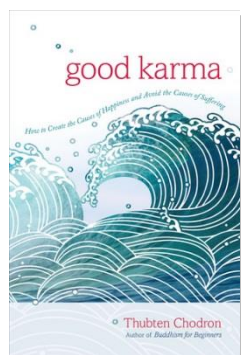
Happiness and Other Small Things of Absolute Importance
Haim Shapira
978-1-78028-967-0
 TR | \$14.95 | On Sale 08-16-2016
 Watkins Publishing



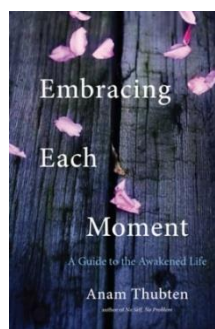
Count Me In
Emily White
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 TR | \$.00 | On Sale 08-09-2016
 McClelland & Stewart



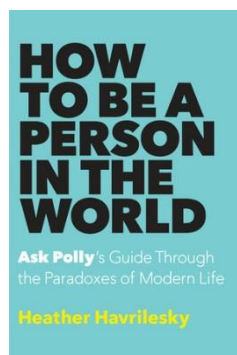
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Karen Salmansohn
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 HC | \$12.99 | On Sale 08-09-2016
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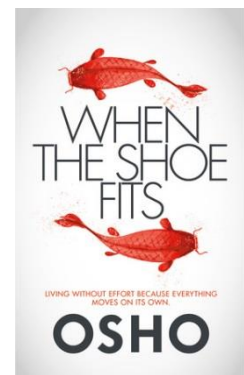
Good Karma
Thubten Chodron
978-1-61180-339-6
 TR | \$16.95 | On Sale 08-09-2016
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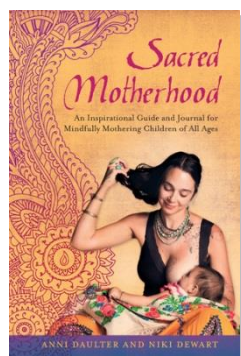
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Anam Thubten
978-1-61180-346-4
 HC | \$18.95 | On Sale 07-26-2016
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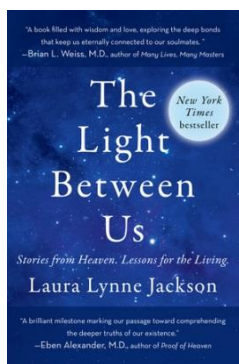
How to Be a Person in the World
Heather Havrilesky
978-0-385-54039-1
 HC | \$24.95 | On Sale 07-12-2016
 Doubleday



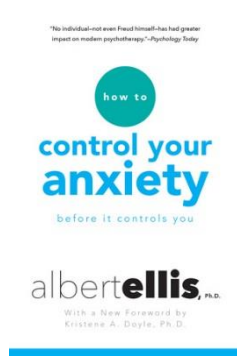
When the Shoe Fits
Osho
978-1-84293-085-4
 TR | \$15.95 | On Sale 07-12-2016
 Watkins Publishing



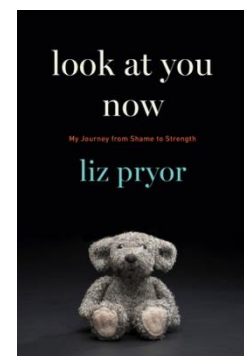
Sacred Motherhood
Anni Daulter and Niki Dewart
978-1-62317-004-2
 TR | \$21.95 | On Sale 07-05-2016
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The Light Between Us
Laura Lynne Jackson
978-0-8129-8792-8
 TR | \$16.00 | On Sale 07-05-2016
 Spiegel & Grau

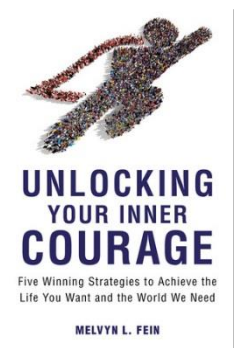


How To Control Your Anxiety Before It Controls You
Albert Ellis and Kristene Doyle
978-0-8065-3803-7
 TR | \$15.00 | On Sale 06-28-2016
 Citadel



Look at You Now
Liz Pryor
978-0-8129-9800-9
 HC | \$28.00 | On Sale 06-28-2016
 Random House

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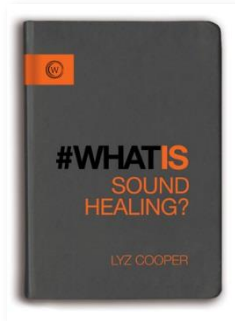


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Melvyn L. Fein

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TR | \$18.00 | On Sale 06-21-2016
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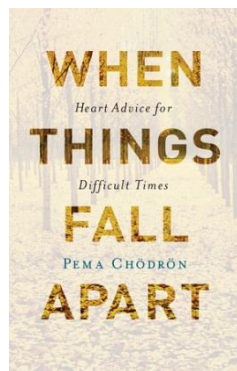


What is Sound Healing?

Lyz Cooper

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TR | \$12.95 | On Sale 06-14-2016
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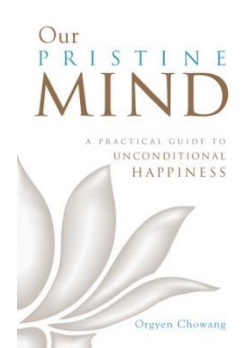


When Things Fall Apart

Pema Chödrön

978-1-61180-389-1

HC | \$24.95 | On Sale 06-07-2016
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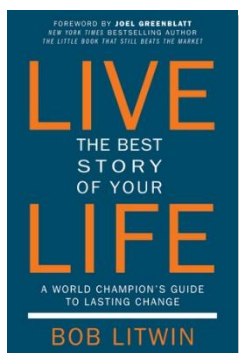


Our Pristine Mind

Orgyen Chowang

978-1-61180-327-3

TR | \$18.95 | On Sale 06-07-2016
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**Live the Best Story of Your
Life**

*Bob Litwin; Foreword by Joel
Greenblatt*

978-1-57826-632-6

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