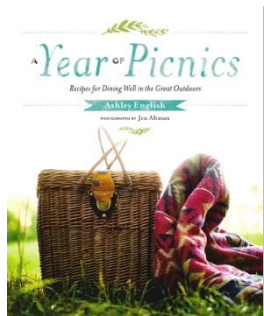


Penguin

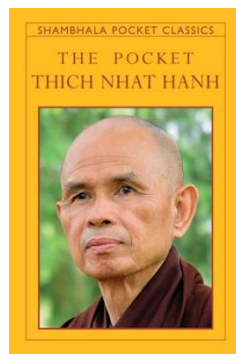
# Shambhala Bestsellers



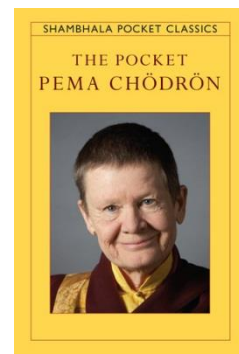
**A Year of Picnics**  
*Ashley English; photographed by Jen Altman*  
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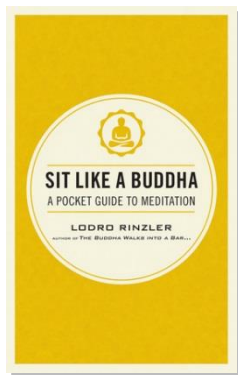
**Tinkerlab**  
*Rachele Doorley*  
**978-1-61180-065-4**  
 TR | \$21.95 | On Sale 06-10-2014  
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**The Pocket Thich Nhat Hanh**  
*Thich Nhat Hanh; edited by Melvin McLeod*  
**978-1-59030-936-0**  
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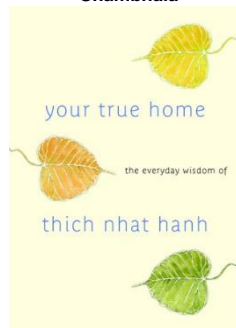
**The Pocket Pema Chodron**  
*Pema Chodron*  
**978-1-59030-651-2**  
 TR | \$8.95 | On Sale 12-09-2008  
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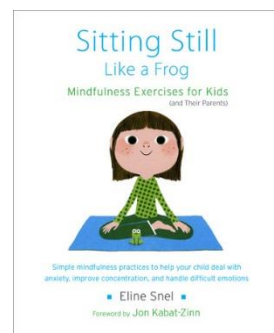
**Sit Like a Buddha**  
*Lodro Rinzler*  
**978-1-61180-165-1**  
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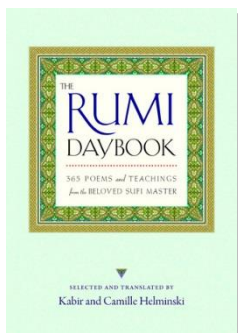
**My Sweet Kitchen**  
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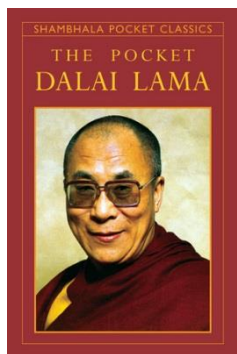
**Your True Home**  
*Thich Nhat Hanh; Edited by Melvin McLeod*  
**978-1-59030-926-1**  
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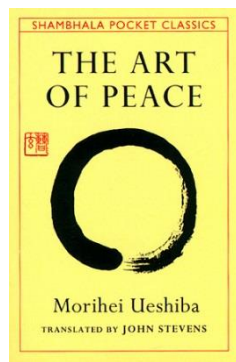
**Sitting Still Like a Frog**  
*Eline Snel; exercises read by Myla Kabat-Zinn; foreword by Jon Kabat-Zinn*  
**978-1-61180-058-6**  
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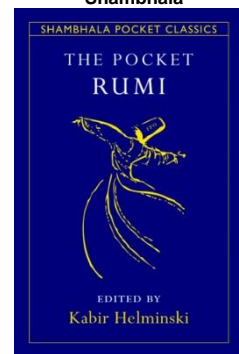
**The Rumi Daybook**  
*Edited by Kabir Helminski and Camille Helminski*  
**978-1-59030-894-3**  
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**The Pocket Dalai Lama**  
*Mary Craig*  
**978-1-59030-001-5**  
 TR | \$7.95 | On Sale 10-08-2002  
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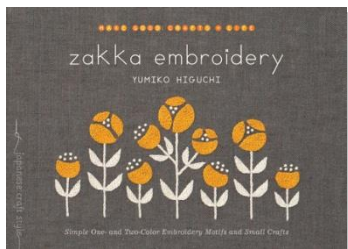
**The Art of Peace**  
*Morihei Ueshiba*  
**978-0-87773-851-0**  
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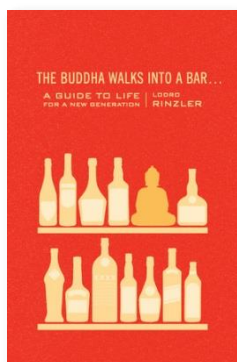
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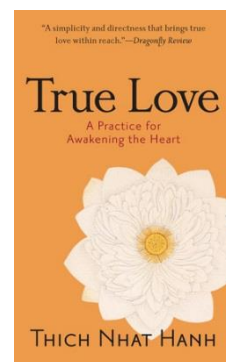
**Zakka Embroidery**  
Yumiko Higuchi  
978-1-61180-310-5  
TR | \$19.95 | On Sale 10-25-2016  
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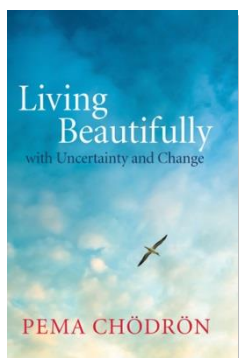
**The Buddha Walks into a Bar...**  
Lodro Rinzler  
978-1-59030-937-7  
TR | \$14.95 | On Sale 01-10-2012  
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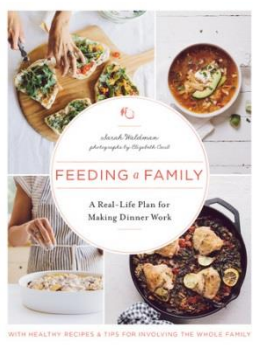
**Wise Craft Quilts**  
Blair Stocker; photographs by  
Stephanie Congdon Barnes  
978-1-61180-348-8  
HC | \$29.95 | On Sale 03-14-2017  
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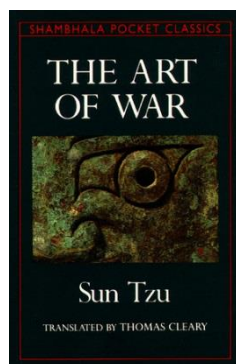
**True Love**  
Thich Nhat Hanh  
978-1-59030-404-4  
MM | \$6.99 | On Sale 09-12-2006  
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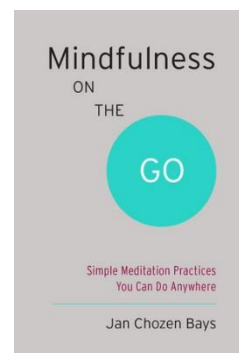
**Living Beautifully**  
Pema Chodron  
978-1-61180-076-0  
TR | \$14.95 | On Sale 10-08-2013  
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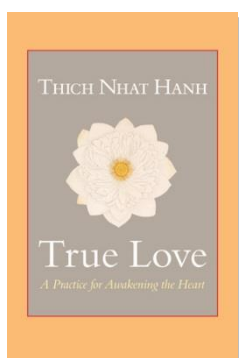
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Sarah Waldman; photos by  
Elizabeth Cecil  
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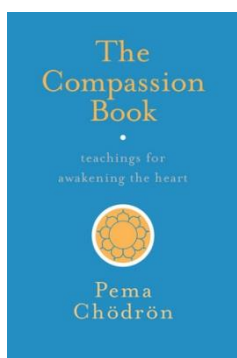
**The Art of War (Pocket Edition)**  
Sun Tzu  
978-0-87773-537-3  
TR | \$8.95 | On Sale 05-07-1991  
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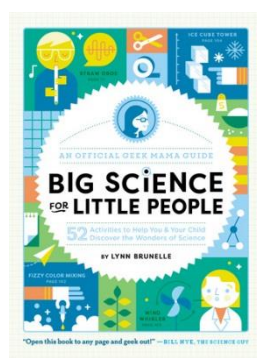
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Jan Chozen Bays  
978-1-61180-170-5  
TR | \$8.95 | On Sale 12-02-2014  
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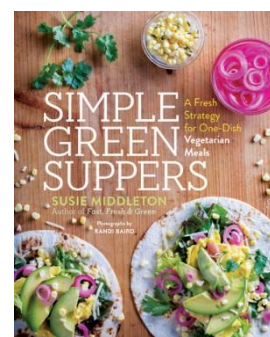
**True Love**  
Thich Nhat Hanh, translated by  
Sherab Chodzin Kohn  
978-1-59030-939-1  
TR | \$12.95 | On Sale 10-11-2011  
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Pema Chödrön  
978-1-61180-420-1  
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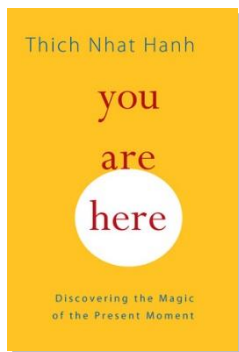


**Big Science for Little People**  
Lynn Brunelle  
978-1-61180-350-1  
TR | \$14.95 | On Sale 09-20-2016  
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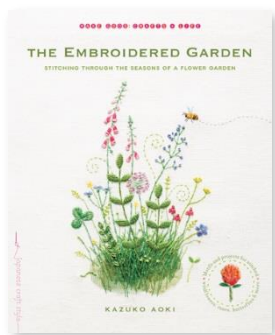


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Susie Middleton  
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TR | \$24.95 | On Sale 04-11-2017  
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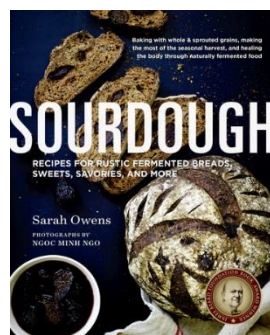
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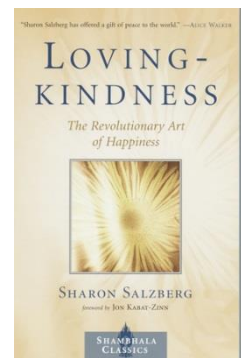
**You Are Here**  
*Thich Nhat Hanh; Translated by Sherab Chodzin Kohn; Edited by Melvin McLeod*  
**978-1-59030-838-7**  
 TR | \$14.95 | On Sale 12-21-2010  
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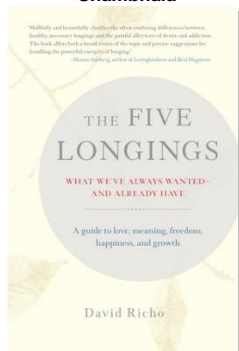
**The Embroidered Garden**  
*Kazuko Aoki*  
**978-1-61180-266-5**  
 TR | \$21.95 | On Sale 09-01-2015  
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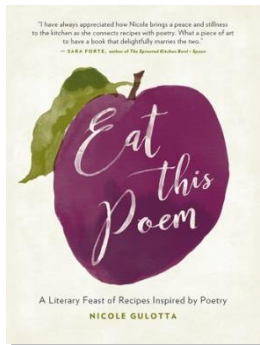
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*Sarah Owens; photographs by Ngoc Minh Ngo*  
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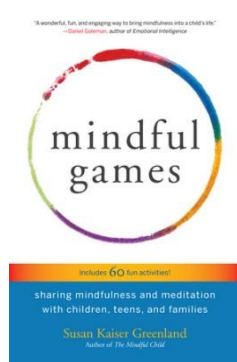
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*Sharon Salzberg*  
**978-1-57062-903-7**  
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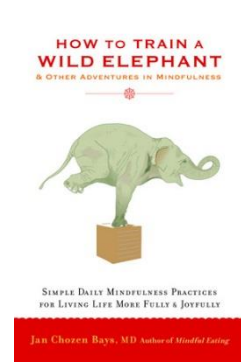
**The Five Longings**  
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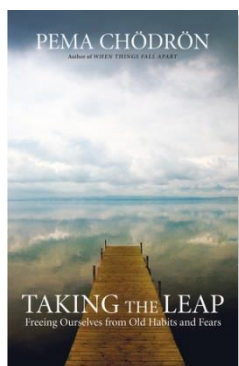
**Eat This Poem**  
*Nicole Gulotta*  
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 TR | \$18.95 | On Sale 03-21-2017  
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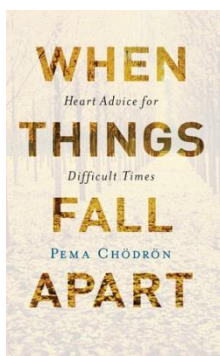
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*Susan Kaiser Greenland*  
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 TR | \$16.95 | On Sale 11-15-2016  
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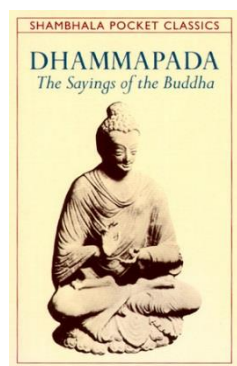
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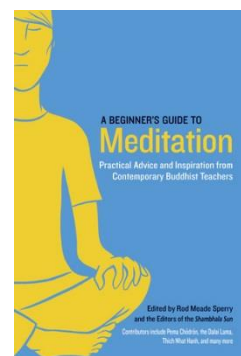
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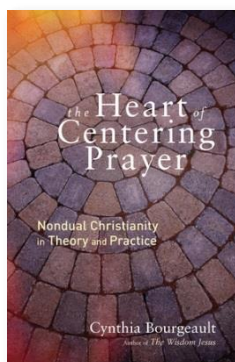


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*Edited by Rod Meade Sperry and the editors of the Shambhala Sun*  
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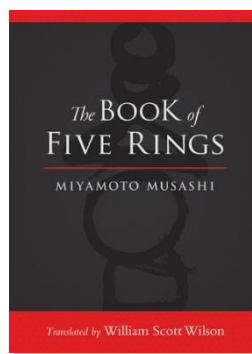
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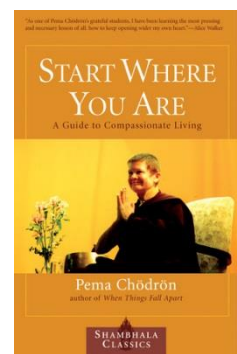
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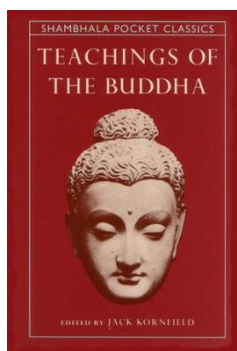
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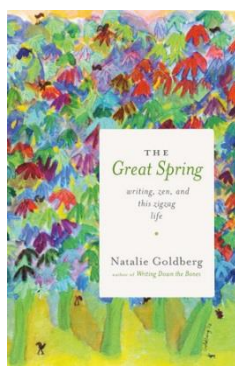
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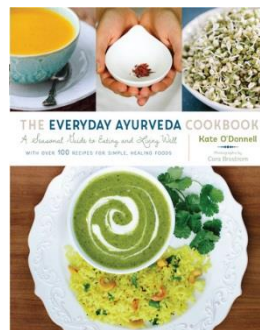
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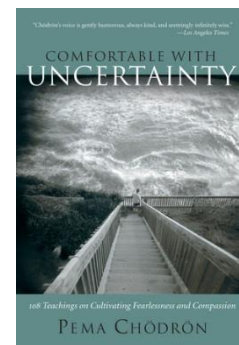
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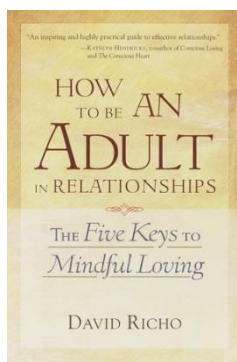
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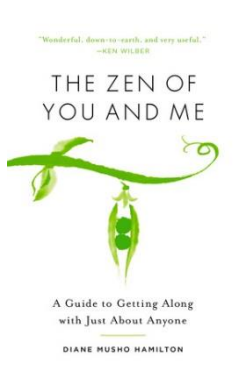
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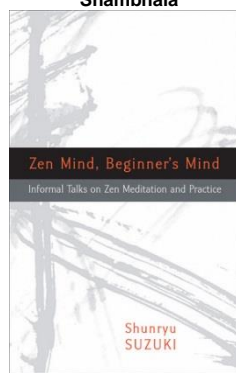
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*Pema Chodron*  
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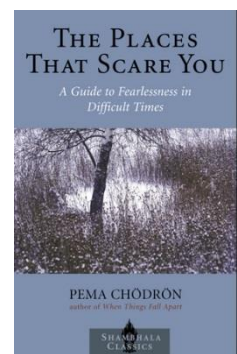
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