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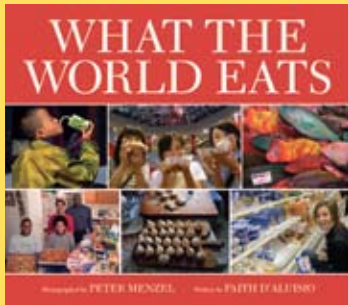


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# Starred Reviews



- ★ "A fascinating, sobering, and instructive look at daily life around the world."  
—*Booklist*
- ★ *School Library Journal*



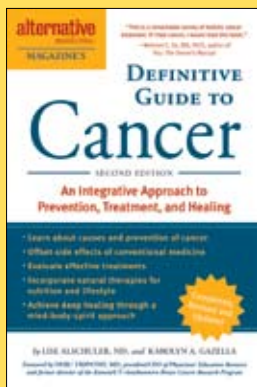
- ★ "An intense and heart-felt almanac."  
—*Library Journal*
- ★ *Publishers Weekly*



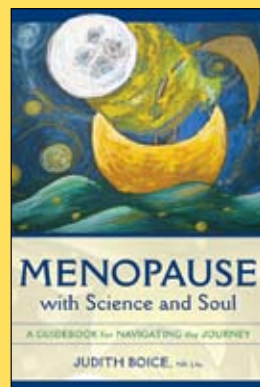
- ★ "A reliable key to turning dream into reality."  
—*Publishers Weekly*



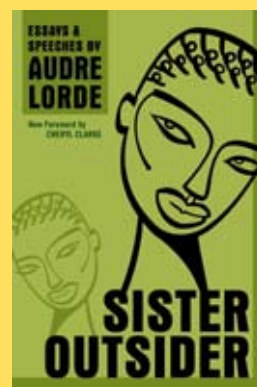
- ★ "Useful as both a reference and a cookbook, this is strongly recommended."  
—*Library Journal*



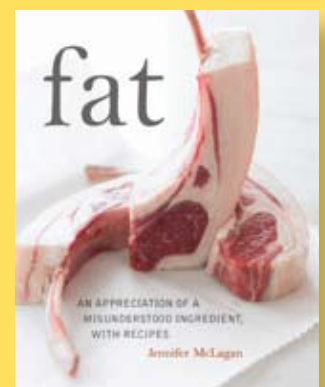
- ★ "An outstanding resource for all libraries."  
—*Library Journal*



- ★ "This book has the power to motivate even the most skeptical readers."  
—*Library Journal*



- ★ "Still powerful."  
—*Library Journal*



- ★ "Her mixture of science, cultural anthropology and culinary imagination are intoxicating."  
—*Publishers Weekly*

**What the World Eats**  
by Peter Menzel and Faith D'Aluisio  
\$22.99 hardcover (Can \$25.95)  
ISBN-13: 978-1-58246-246-2  
1-58246-246-1 • Tricycle

**Alternative Medicine Magazine's Definitive Guide to Cancer**  
by Lise Alschuler, ND, and Karolyn A. Gazella  
\$39.95 paper over board (Can \$49.95)  
ISBN-13: 978-1-58761-280-0  
1-58761-280-1 • Celestial Arts

**The River Cottage Cookbook**  
by Hugh Fearnley-Whittingstall  
\$35.00 hardcover (Can \$39.95)  
ISBN-13: 978-1-58008-909-8  
1-58008-909-7, NA • Ten Speed

**Menopause with Science and Soul**  
by Judith Boice, ND, LAc  
\$16.95 paper (Can \$21.50)  
ISBN-13: 978-1-58761-291-6  
1-58761-291-7 • Celestial Arts

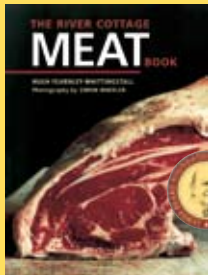
**Il Viaggio di Vetri**  
by Marc Vetri with David Joachim  
\$40.00 hardcover (Can \$46.95)  
ISBN-13: 978-1-58008-888-6  
1-58008-888-0 • Ten Speed

**Sister Outsider**  
by Audre Lorde  
\$16.95 paper (Can \$21.95)  
ISBN-13: 978-1-58091-186-3  
1-58091-186-2, NA • Crossing

**Arthur Schwartz's Jewish Home Cooking**  
by Arthur Schwartz  
\$35.00 hardcover (Can \$39.95)  
ISBN-13: 978-1-58008-898-5  
1-58008-898-8 • Ten Speed

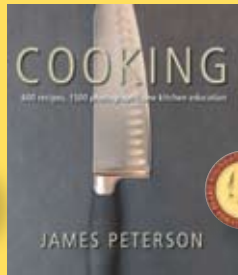
**Fat**  
by Jennifer McLagan  
\$32.50 hardcover (NAXCan)  
ISBN-13: 978-1-58008-935-7  
1-58008-935-6 • Ten Speed

# James Beard and IACP 2008



James Beard Award Winner:  
Cookbook of the Year and Single Subject category

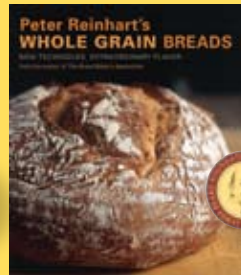
★ *Library Journal*



James Beard Award Winner:  
General category

IACP Award Finalist:  
General category

★ *Library Journal*



James Beard Award Winner:  
Baking and Desserts category

IACP Award Finalist:  
Bread, Other Baking, and Sweets category

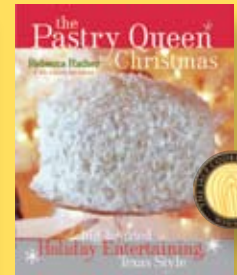
★ *Library Journal*



James Beard Award Finalist: Reference category

IACP Award Finalist:  
Single Subject category

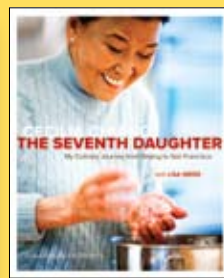
★ *Library Journal*



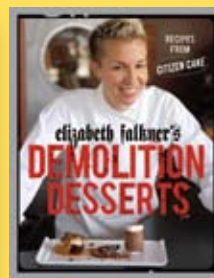
IACP Award Winner:  
American category



James Beard Outstanding Chef:  
Grant Achatz of Alinea



James Beard Award Finalist:  
Asian category



IACP Award Finalist:  
First Book category



James Beard Rising Star Chef of the Year Finalist:  
Nate Appleman of A16

★ *Publishers Weekly*



James Beard Award Finalist:  
Healthy Focus category

## The River Cottage Meat Book

by Hugh Fearnley-Whittingstall  
\$40.00 hardcover (NAXCan)  
ISBN-13: 978-1-58008-843-5  
1-58008-843-0 • Ten Speed

## Alinea

by Grant Achatz  
\$50.00 hardcover (Can \$57.95)  
ISBN-13: 978-1-58008-928-9  
1-58008-928-3  
• Ten Speed/Achatz LLC

## The Seventh Daughter

by Cecilia Chiang with Lisa Weiss  
\$35.00 hardcover (Can \$42.00)  
ISBN-13: 978-1-58008-822-0  
1-58008-822-8 • Ten Speed

## Cooking

by James Peterson  
\$40.00 hardcover (Can \$44.95)  
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1-58008-789-2 • Ten Speed

## Peter Reinhart's Whole Grain Breads

by Peter Reinhart  
\$35.00 hardcover (Can \$42.00)  
ISBN-13: 978-1-58008-759-9  
1-58008-759-0 • Ten Speed

## Elizabeth Falkner's Demolition Desserts

by Elizabeth Falkner  
\$35.00 hardcover (Can \$42.00)  
ISBN-13: 978-1-58008-781-0  
1-58008-781-7 • Ten Speed

## The Story of Tea

7 1/2 x 9 inches, 432 pages, full color  
\$32.50 hardcover (Can \$38.95)  
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1-58008-745-0 • Ten Speed

## A16

by Nate Appleman and Shelley Lindgren  
\$35.00 paper over board (Can \$41.50)  
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## The Pastry Queen Christmas

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1-58008-790-6 • Ten Speed

## Super Natural Cooking

by Heidi Swanson  
\$20.00 paper with flaps (Can \$24.95)  
ISBN-13: 978-1-58761-275-6  
1-58761-275-5 • Celestial Arts



# SIMPLY MEXICAN

BY LOURDES CASTRO

A solid, accessible introduction to Mexican cooking featuring 60 easy and authentic recipes for quick-to-the-table meals.

- Each recipe features “Cooking Notes” that highlight equipment, ingredients, techniques, and instructions for advance preparation for no-fuss weeknight cooking.
- Lourdes Castro has been personal chef and nutritionist to Spanish TV star Cristina Saralegui and NBA star Alonzo Mourning.

In *SIMPLY MEXICAN*, Castro presents authentic Mexican recipes that don't require a fortnight to prepare or extra shopping forays to find rare ingredients. A prodigious traveler who has taught students from all over the Americas, Castro honed her knowledge of fundamental south-of-the-border meals by teaching adult and children's cooking classes at her Ars Magirica Cooking School. Featuring easy, fun-to-eat, big flavor favorites, such as Chicken Enchiladas with Tomatillo Sauce or Crab Tostadas, Castro's straightforward recipes are a godsend to busy parents. Once home cooks have mastered the basics, Castro helps them tackle more advanced Mexican mainstays, such as mole and *adobo*, and provides the most effortless tamale recipe around. *SIMPLY MEXICAN* helps every cook make favorite Mexican recipes at home in a snap.

“With this book Lourdes Castro has added a spark of creativity and simplicity to Mexican food that up until now had not yet been realized. It gives me a huge sense of pride and honor to know that this book exists, as it will help a large audience recreate these gems in a simple and straightforward way.”

—Aarón Sánchez, chef/owner of Paladar, author of *La Comida del Barrio*, former cohost of Food Network's *Melting Pot*



LOURDES CASTRO was born and raised in Miami, where she founded the Ars Magirica Cooking School. A former associate of the James Beard Foundation, she is a regular contributor to the New York Social Diary's dining section and has taught in the food studies departments at Johnson & Wales University. Castro currently teaches food science at New York University and is the director of the Culinary Academy at the Biltmore Hotel in Coral Gables, Florida. She lives in New York.

## MARKETING & PUBLICITY

- Women's magazines and national TV
- Cooking schools and appearances in New York and Miami
- Spokesperson for Black & Decker and Bacardi
- Satellite media tour
- Cinco de Mayo promotions

### Cooking

7 1/4 x 10 1/4 inches, 144 pages, full color

60 full-color photos, 60 recipes

\$24.95 hardcover (Can \$28.95)

ISBN-13: 978-1-58008-952-4

1-58008-952-6 • Ten Speed

APRIL





“Takashi is one of these exemplary chefs who can create beautiful dishes and even make a bowl of noodles a memorable experience.”

—Chef Daniel Boulud



# TAKASHI'S NOODLES

BY TAKASHI YAGIHASHI WITH HARRIS SALAT

A collection of 75 recipes from James Beard Award-winning chef Takashi Yagihashi for both traditional and inventive hot and cold Japanese noodle dishes.

- Showcases Takashi's knack for blending innovative techniques with local ingredients and noodle styles like ramen, soba, udon, somen, and rice noodles—plus complimentary appetizers and distinctly Japanese interpretations of pasta.
- Takashi's eponymous restaurant was recently voted Best New Restaurant by *Chicago Magazine*.

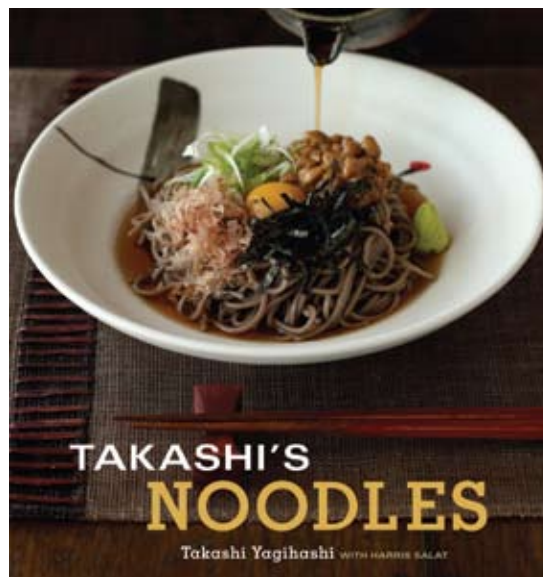
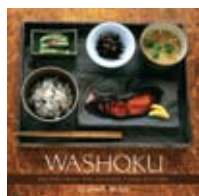
Combining traditional Japanese influences, French technique, and more than 20 years of cooking in the Midwest, James Beard Award-winning chef Takashi Yagihashi introduces American home cooks to essential Japanese comfort food with his simple yet sophisticated recipes. Emphasizing quick-to-the-table shortcuts, the use of fresh and dried packaged noodles, and kid-friendly dishes, Takashi explains noodle nuances and explores each style's distinct regional identity. An expert guide, Takashi recalls his youth in Japan and takes cooks on a discovery tour of the rich bounty of Japanese noodles, so readily accessible today. Takashi's exuberance for noodles ranging from Aje-Men to Zaru is sure to inspire home cooks to dive into bowl after soothing, refreshing bowl.

"A wonderfully talented chef."  
—Chef Eric Ripert

## SEE ALSO:

### Washoku

\$35.00 hardcover (Can \$48.95)  
ISBN-13: 978-1-58008-519-9  
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TAKASHI YAGIHASHI opened Takashi's in Chicago in 2008, following successful ventures at Ambria, Tribute, and Okada at the Wynn. He was named the James Beard Foundation Best Chef: Midwest and one of America's 10 Best New Chefs by *Food & Wine*. Takashi is a member of the Macy's Culinary Council as well as the Japanese Culinary Cultural Association of America. He lives with his family in **Chicago**.

Visit [www.takashichicago.com](http://www.takashichicago.com)

HARRIS SALAT writes about food and culture for *Gourmet*, the *New York Times*, *Saveur*, and other publications. Read his blog at [www.japanesefoodreport.com](http://www.japanesefoodreport.com). He lives in **New York**.

## MARKETING & PUBLICITY

- Chicago and New York Macy's events
- Japanese Culinary Cultural Association of America events
- Food & Wine Classic in Aspen festival and South Beach Wine & Food Festival
- Author interviews and features on food blogs and in national food media

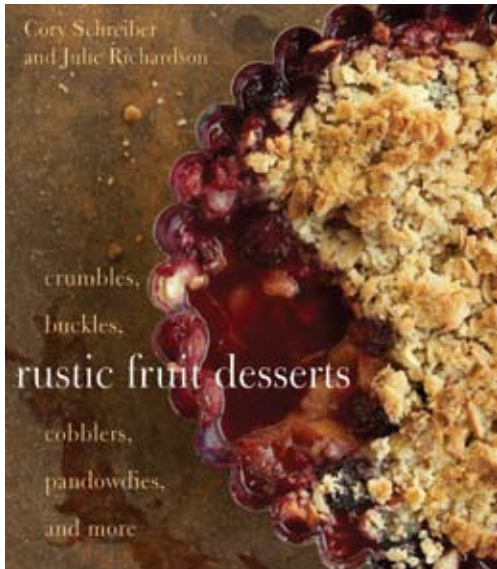
### Cooking

9 x 9 1/2 inches, 192 pages, full color  
45 full-color photos, 75 recipes  
\$24.95 paper with jacket (Can \$28.95)

ISBN-13: 978-1-58008-965-4  
1-58008-965-8 • Ten Speed

APRIL





## RUSTIC FRUIT DESSERTS

### Crumbles, Buckles, Cobblers, Pandowdies, and More

BY CORY SCHREIBER AND JULIE RICHARDSON

A collection of simple and satisfying recipes for crisps, slumps, buckles, grunts, and other old-timey desserts by a beloved Portland bakery owner in collaboration with one of the region's top chefs.

- Rustic fruit desserts have broad appeal and come together easily—even for inexperienced bakers.
- Recipes are grouped by season and showcase local fruit.

CORY SCHREIBER founded Wildwood Restaurant and won the James Beard Award for Best Chef: Pacific Northwest. Schreiber now works as the Farm-to-School Food Coordinator with the Oregon Department of Agriculture and continues to write, consult, and teach cooking classes in **Portland, Oregon**.

JULIE RICHARDSON grew up enjoying the flavors that define the seasons of her Vermont childhood. After graduating from the Culinary Institute of America, she founded the small-batch bakery Baker & Spice, which evolved from her stands at the Portland and Hillsdale farmer's markets. She lives in **Portland, Oregon**.

An early fall cobbler with blackberries bubbling in their juice beneath a golden cream biscuit. A crunchy oatmeal crisp made with mid-summer's sweet nectarines and raspberries. Or a comforting pear bread pudding made with brioche to soften a harsh winter's day. In RUSTIC FRUIT DESSERTS, James Beard Award-winning chef Cory Schreiber and Julie Richardson, owner of Baker & Spice, share their repertoire of classic fruit desserts, including crumbles, crisps, Betty's, buckles, and pies that showcases the freshest in-season fruit available. Simple, scrumptious, and always a cherished favorite, these heritage desserts are (thankfully) experiencing a long-due revival.

#### MARKETING & PUBLICITY

- Pick-Your-Own-Fruit tours plus cooking demos throughout the Pacific Northwest
- National food media features and recipe excerpts in regional/metro magazines

#### Cooking

7 x 8 inches, 144 pages, full color  
28 full-color photos, 70 recipes  
\$20.00 hardcover (Can \$22.95)  
ISBN-13: 978-1-58008-976-0  
1-58008-976-3 • Ten Speed  
**JUNE**



Photography by Sara Remington

# GIVE THE BITCH HER CHOCOLATE

The Feisty Foodie Edition

BY ED POLISH AND DARREN WOTZ

In the fifth installment of the best-selling BITCH series, each exuberantly vulgar dictum dishes on the delights of chocolate, coffee, and other intoxicating comestibles, and is thoughtfully paired with a fine vintage illustration.

- The BITCH series has sold 500,000 copies.

GIVE THE BITCH HER CHOCOLATE brings a particularly piquant imperiousness to the table, serving up a feast of edible and potable quoteables from diva-licious dames. These hedonistic heroines bring haute cuisine to a whole new level that's at least as high as their hairdos. GIVE THE BITCH HER CHOCOLATE is the ultimate validation for a favorite foodie, churlish chocoholic, or domestic dominatrix because bitchiness isn't just an attitude—it's a lifestyle.

## PRAISE FOR THE SERIES

"Those who say *camp* like it's a good thing will love this book that cheerfully skewers advertising images from the '50s and '60s."

—*Entertainment Weekly's* "The Must List"

"Uses fabulous retro advertising to illustrate what us divas already know, including 'Men are like floor tiles . . . if you lay them right the first time you can walk all over them for years!'"

—*Playgirl*

SEE ALSO:

### You Say I'm a Bitch Like It's a Bad Thing

\$12.95 spiral hardcover with slipcase (Can \$17.95)

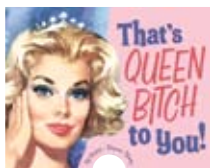
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### That's Queen Bitch to You!

\$12.95 spiral hardcover with slipcase (Can \$16.95)

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### You Say I'm a Diva Like It's a Bad Thing

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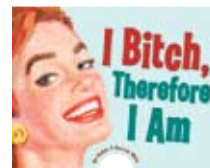
ISBN-13: 978-1-58008-901-2  
1-58008-901-1 • Ten Speed



### I Bitch, Therefore I Am

\$12.95 spiral hardcover with slipcase (Can \$16.50)

ISBN-13: 978-1-58008-829-9  
1-58008-829-5 • Ten Speed



ED POLISH is the owner of Ephemera, Inc., a novelty company specializing in stickers, buttons, refrigerator magnets, and other fun pop culture products. He resides in pastoral splendor in Ashland, Oregon.

Visit [www.ephemera-inc.com](http://www.ephemera-inc.com)



DARREN WOTZ does his best to appear productive to the untrained eye. Sarcasm is just one of the services he offers. He lives in Berkeley, California, and New York City.

## Humor

6 x 4 inches, 128 pages, full color

64 full-color illustrations

\$12.95 spiral hardcover with slipcase (Can \$14.95)

ISBN-13: 978-1-58008-974-6

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MARCH





# PASSION FOR PINOT

## A Journey through America's Pinot Noir Country

BY JORDAN MACKAY

PHOTOGRAPHY BY ROBERT HOLMES AND  
ANDREA JOHNSON

A portrait of the most fashionable grape in the wine world, pairing vivid narrative and stunning photography to showcase top Pinot producers in California and Oregon.

- The only fully illustrated book on American Pinot Noir.
- The explosive ascent of Pinot Noir from relative obscurity to it-grape status is unprecedented. According to AC Nielson, Pinot sales have increased 120 percent in the last two years.
- Features a foreword by Eric Asimov.

Silky, complex, and incredibly versatile, Pinot Noir is the perfect food wine; full of charm and intrigue, it drinks beautifully on its own. California and Oregon are home to Pinot's greatest expressions in the New World. In *PASSION FOR PINOT*, award-winning photographers Robert Holmes and Andrea Johnson and wine writer Jordan Mackay capture the grape's allure through distinctive portraits and profiles of the top Pinot producers and terroirs on the West Coast. Mackay's engaging narrative chronicles the different stylistic approaches to growing and vinifying Pinot and tells the story of the dedicated winemakers responsible for elevating the grape to its exalted status. The evocative photography of Holmes and Johnson showcases the many landscapes, seasons, and faces of Pinot Noir in America.

### MARKETING & PUBLICITY

- National wine, food, and lifestyle magazines and web-based media
- NPR's wine/food shows
- Pinot Festivals
- Exhibit at Copia



ROBERT HOLMES is an author and photographer who has illustrated over 35 books. He was a contributing editor to *Departures* and has regularly contributed to the *Day in the Life* book series as one of the world's 100 best photo-journalists. His photography assignments include work for *National Geographic*, *Life*, *Time*, and *Travel & Leisure*. He lives in **Marin County, California**.

ANDREA JOHNSON is one of Oregon's leading wine photographers, and is based in **Portland**. Her work is regularly published in the *Wine Spectator*.

JORDAN MACKAY is wine-and-spirits editor for *7x7* magazine in **San Francisco** and is a contributing writer to *Wine & Spirits*. He has written for *Food & Wine*, *Gourmet*, *Decanter*, *Wine Enthusiast*, the *New York Times*, the *Los Angeles Times*, and the *San Francisco Chronicle*.

### Wine/Photography

9<sup>3</sup>/<sub>4</sub> x 11 inches, 160 pages, full color

150 full-color photos

\$30.00 hardcover (Can \$34.95)

ISBN-13: 978-1-58008-986-9

1-58008-986-0 • Ten Speed

MARCH





## ALMOST MEATLESS

### Recipes That Are Better for Your Health and the Planet

BY JOY MANNING AND  
TARA MATARAZA DESMOND

---

**More than 60 satisfying recipes that de-emphasize meat without sacrificing flavor and protein.**

- Includes vegetarian variations on meat-based recipes for flexitarians and part-time meat eaters.
- One-third of all Americans are looking for ways to reduce meat in their diets.

---

Today's conscientious carnivores are looking for ways to eat less meat without resorting to carb-centric diets. **ALMOST MEATLESS** provides ingenious tips for selecting quality meat, poultry, and seafood on a budget, and using them as enhancements—rather than the centerpiece—in a wide range of old stand-bys and versatile dishes. Timely and on trend, **ALMOST MEATLESS** offers delicious recipes that go light on the meat—maximizing health while minimizing the grocery bill.

#### SEE ALSO:

##### **Super Natural Cooking**

\$20.00 paper with flaps (Can \$24.95)  
ISBN-13: 978-1-58761-275-6  
1-58761-275-5 • Celestial Arts



Erstwhile vegetarian JOY MANNING is the restaurant critic for *Philadelphia* magazine, where she also writes for their Daily Taste blog. She was previously senior editor at *Philadelphia Style*. She lives in **Philadelphia, Pennsylvania**.

Visit [www.phillymag.com](http://www.phillymag.com)

TARA MATARAZA DESMOND is a recipe developer and food writer for the Food Network. She has developed cookbook recipes for Andrew Schloss, David Joachim, and the restaurants Fork and Vetri in **Philadelphia**.

Visit <http://crumbsonmykeyboard.com>

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#### MARKETING & PUBLICITY

- Top-tier gourmet and lifestyle publications
- Northeastern cooking schools and demonstrations

#### Cooking

7<sup>1</sup>/<sub>4</sub> x 10 inches, 208 pages, full color  
30+ full-color photos, 60+ recipes  
\$22.50 paper with flaps (Can \$25.95)

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APRIL



# COLLEGE VEGETARIAN COOKING

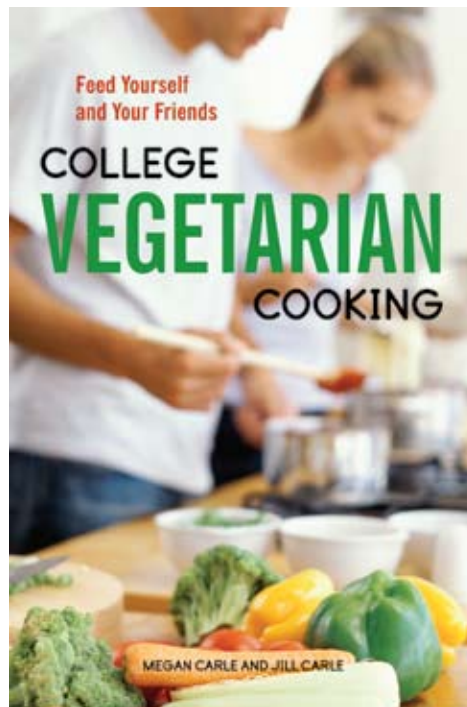
Feed Yourself and Your Friends

BY MEGAN CARLE AND JILL CARLE

The vegetarian companion to last year's popular COLLEGE COOKING.

- Megan and Jill Carle's books have sold 120,000 copies.
- 20 percent of all college students consider themselves vegetarians.

Sisters and coauthors Megan (the longtime vegetarian) and Jill (the skeptical carnivore) go veggie in this latest addition to their popular cookbook series written for hungry, on-a-budget, and kitchen-shy teens and young adults. Chapters include Survival Cooking, Cheap Eats, Avoiding the Freshman 15, Just Like Mom Makes, Food for the Masses, Cooking for One, Party Food, Impressing Your Date, and Desserts. The book contains more than 90 appealing and accessible recipes such as Pasta Primavera, Enchiladas, Spanikopita, Maki Rolls, and Vegan Chocolate Cake. Tips for vegan substitutions for many recipes and 50 sidebars featuring food trivia and handy factoids complete the book.



MEGAN CARLE and JILL CARLE are both graduate students at **Arizona State University**. They published their first cookbook, **TEENS COOK**, while Jill was still in high school, and followed up with **TEENS COOK DESSERT** and **COLLEGE COOKING**.

## SEE ALSO:

### College Cooking

\$19.95 paper with flaps (Can \$24.95)  
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1-58008-826-0 • Ten Speed



### Teens Cook

\$19.95 paper with flaps (Can \$26.95)  
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1-58008-584-9 • Ten Speed



### Teens Cook Dessert

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## MARKETING & PUBLICITY

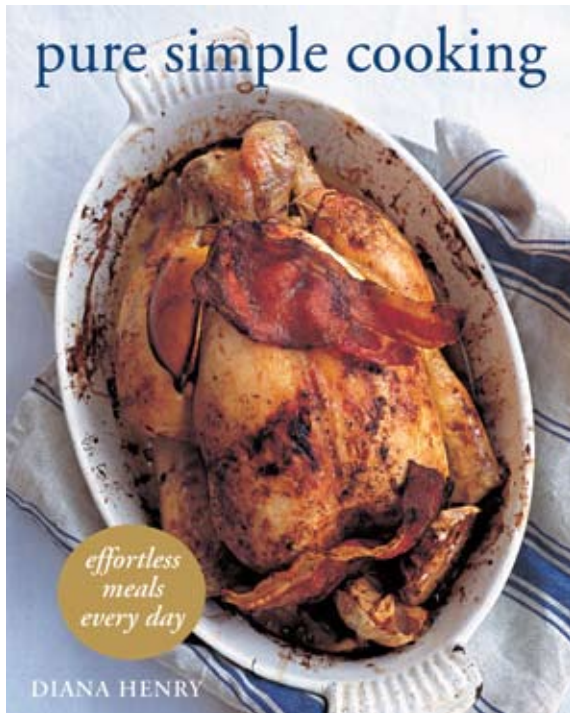
- College Vegetarian Cooking Facebook group and blog launch
- Recipe excerpts on vegan and vegetarian websites and print media

### Cooking

7 1/2 x 11 1/4 inches, 160 pages, full color  
60 full-color photos, 90+ recipes  
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ISBN-13: 978-1-58008-982-1  
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JULY





DIANA HENRY is the food columnist for the *Sunday Telegraph* magazine and the author of four cookbooks. She hosts a UK television show and lives in **London, England**.

#### Cooking

8 x 10 inches, 192 pages, full color  
100 full-color photos, 150 recipes  
\$21.95 paper with jacket (Can \$25.95)  
ISBN-13: 978-1-58008-948-7  
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APRIL



## PURE SIMPLE COOKING

### Effortless Meals Every Day

BY DIANA HENRY

An everyday cookbook that expertly blends ease and style from one of the UK's leading food writers.

- In 2007, Diana Henry was named Cookery Writer of the Year in England by the Guild of Food Writers.

Whether deciding how to dress up a tub of ice cream or determining what fish to choose for a simple weeknight dinner, Diana Henry shows how to make each dish memorable. Her classic recipes focus on enhancing simple food with fresh ingredients and pantry staples, like Pear, Fig, and Prosciutto Salad with Pomegranates and Lamb Chops with Pea and Mint Puree. With an appealing mix of recipes from Provence, Italy, North Africa, Greece, and other regions, Henry celebrates the domestic while recognizing the need for streamlined, foolproof cooking techniques. She embraces the truth that good food is often best cooked simply.

"Diana Henry's passion is infectious and her recipes tantalizing."

—Hugh Fearnley-Whittingstall, author of  
THE RIVER COTTAGE MEAT BOOK

"A new Diana Henry book is an occasion . . . Henry has perfect pitch when it comes to cooking—her recipes are never less than delicious."

—*The Spectator*

#### SEE ALSO:

##### **The River Cottage Cookbook**

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ISBN-13: 978-1-58008-909-8  
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# JAM IT, PICKLE IT, CURE IT

## And Other Cooking Projects

BY KAREN SOLOMON

A collection of 75 recipes for making artisan foods and drinks at home.

- Features instructions for homemade cheeses, condiments, smoked meats, pickles, noodles, crackers and breadsticks, popsicles, jams, cordials, and more.
- The only book to offer a wide selection of projects that can be completed over a single weekend.
- Special feature—the book includes creative packaging ideas for these gift-worthy creations.

Food and crafting enthusiasts look forward to the weekends to create, experiment, and stock the pantry with hand-crafted edibles and gifts. For creative urban dwellers, the kitchen is a workshop space, and JAM IT, PICKLE IT, CURE IT is its how-to guide. This savvy collection of 75 recipes for creating homemade artisan foodstuffs features delicious projects easy enough to be completed in one to two days. Detailed instructions, prep-ahead tips, shopping lists, and optional extras outline the shortest route between crafty cooks and a pantry full of hand-labeled, better-than-store-bought creations.

### INCLUDES RECIPES FOR:

Olives	Beef jerky
Marshmallows	Ricotta cheese
Hand-cut potato chips	Infused oils
Butter	Crackers
Pickles	Apple butter
Bacon	Mustard
Gravlax	Tartar sauce
Toaster tarts	Infused vodka



KAREN SOLOMON is a San Francisco-based food and lifestyle writer and contributor to *San Francisco* magazine, the *San Francisco Chronicle*, the *San Francisco Bay Guardian*, and *Chow! San Francisco Bay Area*.

Visit [www.ksolomon.com](http://www.ksolomon.com)

### MARKETING & PUBLICITY

- Cooking demos in the San Francisco Bay Area
- Online marketing: video demos
- Excerpts of projects in national women's and maker magazines and food blogs

#### Cooking

9 x 8 inches, 176 pages, full color

50 full-color photos, 75 recipes

\$24.95 paper over board (Can \$28.95)

ISBN-13: 978-1-58008-958-6

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JUNE





# DIRTY BOW WOW AND OTHER DOGGY LOVE STORIES

BY CHERYL AND JEFFREY KATZ  
PHOTOGRAPHY BY HORNICK/RIVLIN

A winsome collection of 50 full-color, all-breed canine portraits, each posed with a favorite play toy and accompanied by an affectionate anecdote.

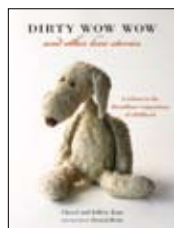
- The gift of the year for dog lovers.
- 45 million US households own at least one dog.

The creators of the popular book *DIRTY WOW WOW* present this brand new album, featuring beloved family pets and the raggedy objects of their affection. Big dogs, small dogs, mixed breeds, purebreds, puppies, and seniors tug, chase, chew, guard, nuzzle, sleep on, and play with their shredded teddies, blankies, and chewies. Each dog portrayed has formed a bond with a self-selected favorite, and many of them remain loyal to just one toy. Among the toys that have survived the perils of puppyhood, many continue to give comfort and joy to their aging pooches. Every lovingly photographed image of our best friends with their best friends will resonate with dog lovers and the readers who love them.

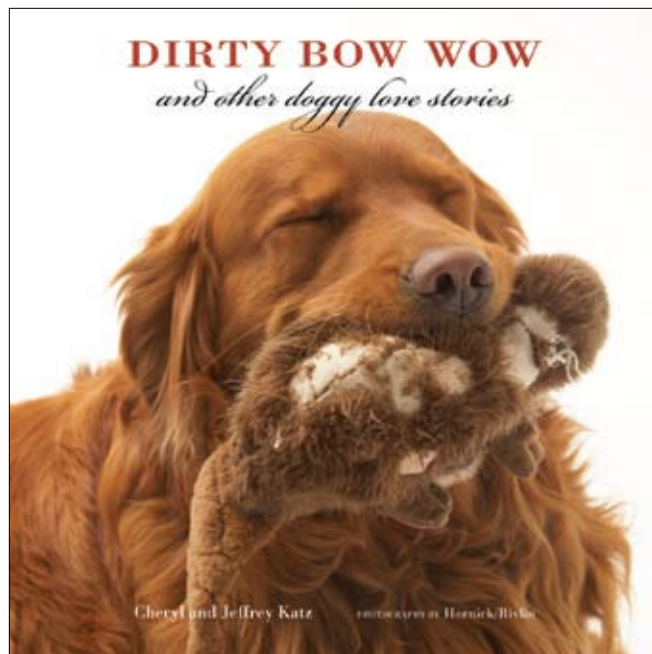
## SEE ALSO:

### **Dirty Wow Wow and Other Love Stories**

\$12.95 hardcover (Can \$16.50)  
ISBN-13: 978-1-58008-832-9  
1-58008-832-5 • Ten Speed



Dirty Wow Wow was ranked #3 on *Entertainment Weekly's* "Ten Things We Love" List



CHERYL and JEFFREY KATZ are the founders of the design firm C&J Katz Studio in the dog-friendly city of **Boston, Massachusetts.**

Visit [www.dirtywowwow.com](http://www.dirtywowwow.com)

## MARKETING & PUBLICITY

- National TV
- Photo blog for users to submit their own DIRTY BOW WOW photos
- Events and community outreach via animal shelters
- Authorless bookstore event contest and kits

### Dogs/Humor

8 x 8 inches, 112 pages, full color  
50 full-color photos

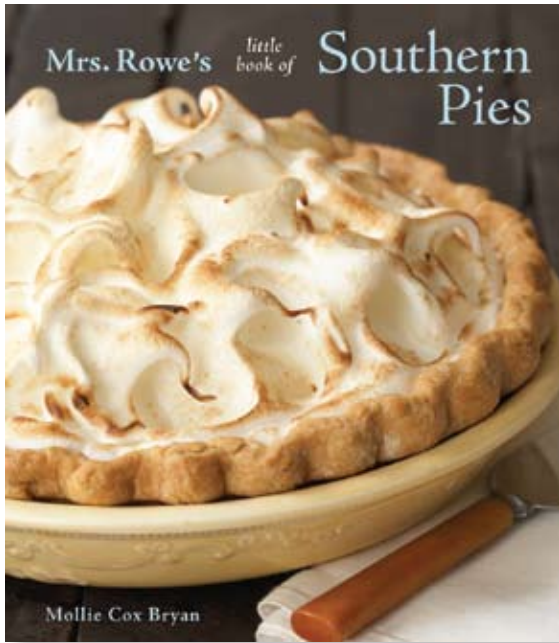
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APRIL





# MRS. ROWE'S LITTLE BOOK OF SOUTHERN PIES

BY MOLLIE COX BRYAN AND  
MRS. ROWE'S RESTAURANT AND BAKERY

A sweet collection of more than 65 recipes for pies from the famous, family-owned, Shenandoah Valley institution, Mrs. Rowe's Restaurant and Bakery.

- Mrs. Rowe's Restaurant and Mrs. Rowe's Country Buffet sell 35,000 pies a year.

Mrs. Rowe, known fondly as "the Pie Lady" by many of her customers, was the quintessential purveyor of comfort food. Now her family carries on her legacy at her 60-year-old, all-American roadside café in Staunton, Virginia, as well as at the new country buffet, catering business, four cafeterias, and a bustling take-out counter that sells 100 pies a day. With Southern classics like Key Lime and Pecan Fudge and restaurant favorites like Peanut Butter Custard and Strawberry Sour Cream, along with a variety of crusts and toppings, this little slice of Southern hospitality will satisfy every type of sweet tooth, while convincing even city slickers to take the time to smell the French Apple Pie.

"Those pies! Man, oh, man. Like no other. She made a butterscotch pie that we would buy whole and take up to my granny's in Bluefield, West Virginia. I can taste it now."  
—Kendra Bailey Morris, "Accidental Chef" columnist,  
*Richmond Times Dispatch*



MOLLIE COX BRYAN is an award-winning writer and poet. She is a frequent contributor to *GRIT* magazine and has penned essays and articles for NPR's "Kitchen Window," *Taste of the South* magazine, and *Virginia Living* magazine. She is also a family life columnist for a local newspaper in Staunton, Virginia. She lives with her husband and two daughters in **Waynesboro, Virginia**.

Visit [www.molliebryan.typepad.com](http://www.molliebryan.typepad.com)

## MARKETING & PUBLICITY

- Cooking demos at Southern fairs and festivals
- Restaurant promotions: pie-eating contests

### Cooking/Baking

7 x 8 inches, 128 pages, full color

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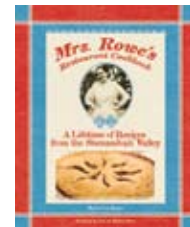
## SEE ALSO:

### Mrs. Rowe's Restaurant Cookbook

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ISBN-13: 978-1-58008-734-6

1-58008-734-5 • Ten Speed



# THE JEWISH BAKER'S PASTRY SECRETS

The Art of Baking Your Own Babka,  
Danish, Sticky Buns, Strudels, and More

BY GEORGE GREENSTEIN

A book of American bakery classics in the Eastern European tradition and the follow-up to the author's James Beard Award-winning SECRETS OF A JEWISH BAKER.

- The only book devoted to the subject of traditional Jewish cakes and pastries by an acknowledged master and gifted chronicler of the art.
- Sidebars provide professional techniques, tips, and tricks for consistently turning out the highest quality goods at home.

George Greenstein has a gift for teaching home bakers to think, work, and bake like pros. In THE JEWISH BAKER'S PASTRY SECRETS, he spins master dough recipes for bundt, babka, strudel, gugelhopf, stollen, pressburger, puff pastry, and Danish into more than 200 recipes and variations for pastries (Napoleons), coffee cakes, sweet buns (Cinnamon Babka, Sticky Buns), and miniature pastries (Triple Chocolate Rugelach). A basics chapter with 40 recipes for icings, glazes, fillings, and more; step-by-step line illustrations of tricky techniques; and versions of many of the master doughs scaled for professionals, round out a comprehensive set of building blocks for both home and professional pastry bakers.

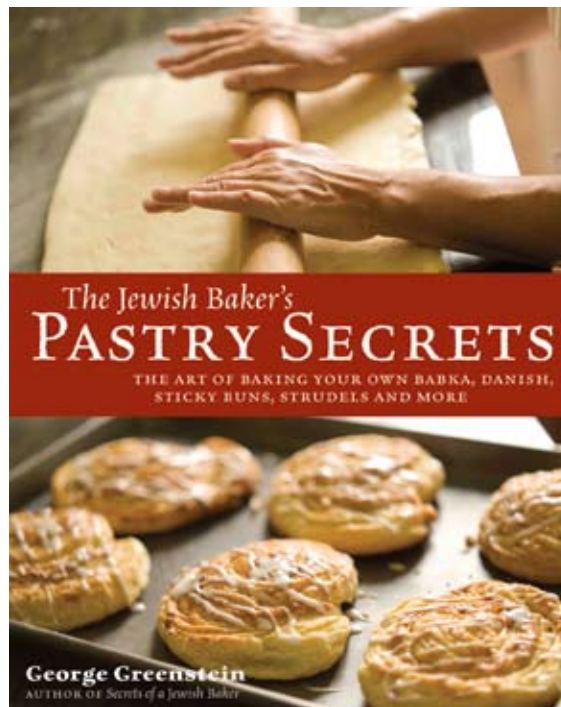
## PRAISE FOR SECRETS OF A JEWISH BAKER

"He pours decades worth of experience and knowledge into his book."

—*Newsday*

## SEE ALSO:

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\$29.95 hardcover (Can \$37.95)  
ISBN-13: 978-1-58008-844-2  
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GEORGE GREENSTEIN is a third-generation professional baker, now retired. For twenty years he owned and operated a Jewish bakery, The Cheesecake King, on Long Island. He lives in **Monroe Township, New Jersey**. This is his second book.

### Cooking/Baking

8 x 10 inches, 304 pages

200+ recipes

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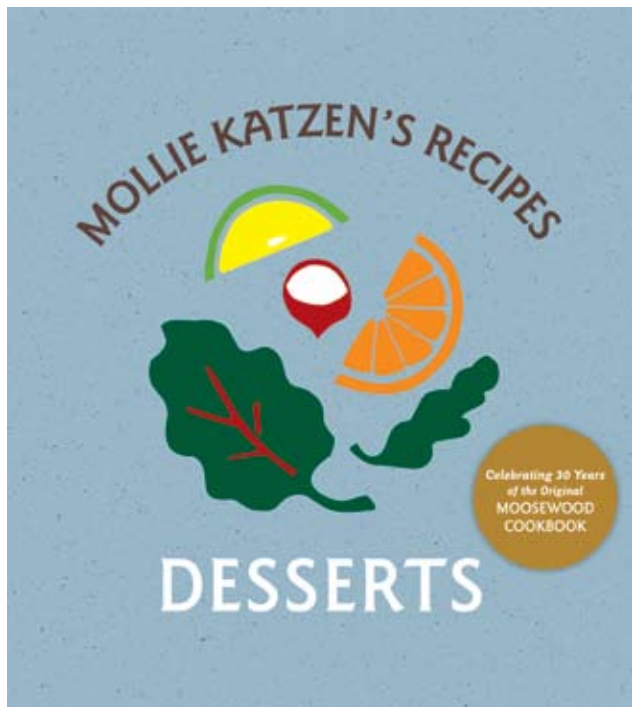
APRIL



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## MOLLIE KATZEN'S RECIPES: DESSERTS

EASEL EDITION

BY MOLLIE KATZEN

From the best-selling author of the **MOOSEWOOD COOKBOOK** comes this signature collection of 50 dessert recipes in an appealing, compact easel format for easy reference.

- Katzen's books have sold more than six million copies.
- The **MOOSEWOOD COOKBOOK** was inducted into the James Beard Foundation Cookbook Hall of Fame for its "significant and enduring impact on the way we cook and understand food."
- Mollie Katzen was named by *Health* magazine as one of the five "Women Who Changed the Way We Eat."

Mollie Katzen has been credited with moving vegetarian cooking from the fringes of American kitchens to mainstream dinner tables. She knows there are few pleasures greater than pulling perfectly moist brownies out of the oven or polishing off the perfect cheesecake. Celebrating the **MOOSEWOOD COOKBOOK**'s 30th anniversary, the third easel book in the **MOLLIE KATZEN'S RECIPES** series brings together Mollie's much-loved sweets from the **MOOSEWOOD COOKBOOK** and the **ENCHANTED BROCCOLI FOREST** in this convenient stand-up easel format. Each recipe is lovingly hand lettered and illustrated with Mollie's distinctive pen-and-ink drawings, making this timeless collection the perfect kitchen countertop companion.

"Mollie Katzen's cooking is exemplar of a healthful cooking style that has no dogma and offers no apologies."

—*New York Times*



**MOLLIE KATZEN** is a cookbook author and artist who has profoundly shaped the way America eats. Mollie is a consultant and cocreator of Harvard's groundbreaking Food Literacy Project. She lives in the **San Francisco Bay Area**.

Visit [www.molliekatzen.com](http://www.molliekatzen.com)

### Cooking

6 x 6 inches, 120 pages, full color

50 color illustrations, 50 recipes

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**MARCH**



### SEE ALSO:

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# CINDY PAWLCYN'S APPETIZERS

BY CINDY PAWLCYN

Cindy Pawlcyn's favorite small plates—appetizers, soups, salads, and snacks—collected from her previously published books, with 10 new recipes from her restaurants.

- Her **MUSTARDS GRILL NAPA VALLEY COOKBOOK** won the James Beard Award for Best American Cookbook in 2002.

Cindy Pawlcyn's legions of fans have long made meals of her restaurants' sampler-size starters. Bringing home the biggest trend in eating out, **CINDY PAWLCYN'S FINGER FOODS** offers a tempting collection of recipes designed to satisfy big appetites as well as grazers—from Grilled Oysters to Gougères and Pepper Garlic Wings to Mustards' Famous Onion Rings. Mouthwatering photographs of finished dishes and sun-kissed wine country ingredients and a kitchen-friendly easel format make this portable Pawlcyn an appealing gift package.

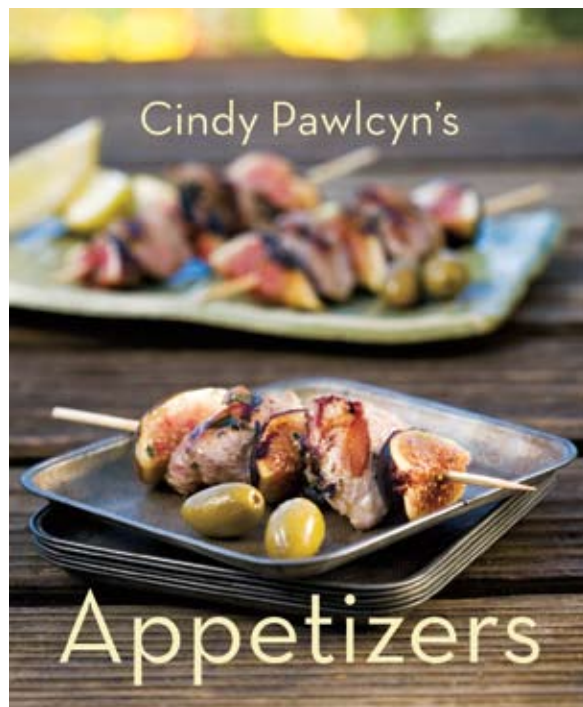
"Cindy's cooking is a source of pure joy—delicious, regional, creative, reflecting her warm, happy personality."  
—Robert and Margrit Mondavi



## SEE ALSO:

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**CINDY PAWLCYN** is the chef-owner of three Napa Valley restaurants: Mustards Grill, Cindy's Backstreet Kitchen, and Go Fish. Cindy is considered one of the most influential and accomplished women chefs in America. She lives in **St. Helena, California**.

Visit [www.mustardsgrill.com](http://www.mustardsgrill.com) and [www.gofishrestaurant.net](http://www.gofishrestaurant.net)

### Cooking

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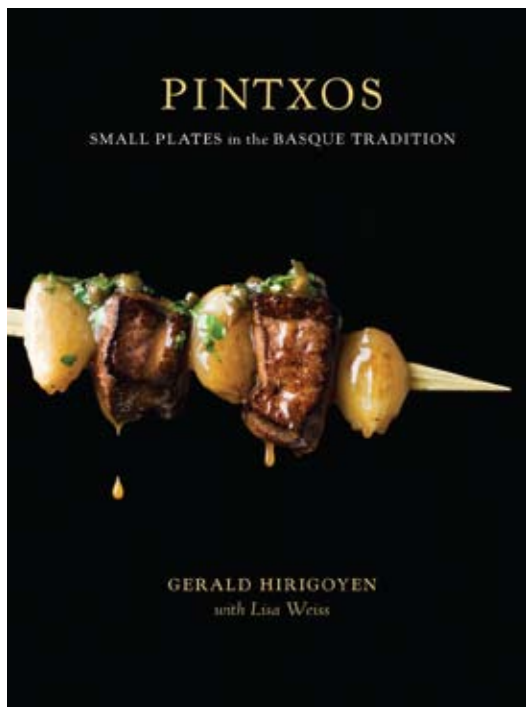
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GERALD HIRIGOYEN is the chef-owner of two acclaimed San Francisco restaurants, Piperade and Bocadillos. He has twice been named Best Chef in the Bay Area by *San Francisco Magazine*, voted one of *Food & Wine's*

Top New Chefs in America, and nominated in 2006 for the James Beard Foundation Best Chef: California award. This is his third book. He lives in **Mill Valley, California**.

Visit [www.piperade.com](http://www.piperade.com) or [www.bocasf.com](http://www.bocasf.com)

## MARKETING & PUBLICITY

- San Francisco Bay Area cooking schools and demos

### Cooking

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50 full-color photos, 75 recipes

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APRIL



## PINTXOS

### Small Plates in the Basque Tradition

BY GERALD HIRIGOYEN WITH LISA WEISS

An authentic small plates cookbook from the top Basque chef in America.

- The National Restaurant Association's 2007 survey confirms that small plates is the single hottest menu trend nationwide.
- Wine notes offer pairings for each dish as well as instructional tips for readers to create their own pairings.

Acclaimed chef Gerald Hirigoyen's sophisticated and delectable small plates, served at his restaurants, Bocadillos and Piperade, set the standard for tapas in San Francisco. This book features 75 distinctive California-inflected versions of Spanish tapas and French Basque dishes (including Salt Cod with Piperade, Roasted Beets with Moroccan Spices, and Oxtail Empanadas with Spicy Mango Dip) specially written for the home cook. Conveniently organized by type of dish—grilled, soups, braises, skewers and toasts, sandwiches, bean dishes, and fried foods—and illustrated with the exemplary photography of James Beard award-winning photographer Maren Caruso, PINTXOS is all you need to host an authentic and stylish tapas party at home.

"[Bocadillos is] the most captivating and authentic-feeling Spanish tapas-style restaurant in the city."

—Michael Bauer, *San Francisco Chronicle*



Photography by Maren Caruso

# TACOS

## 75 Authentic and Inspired Recipes

BY MARK MILLER

A book of contemporary and classic taco recipes by a best-selling author and chef.

- According to Food Channel Trendwire, authentic Latino food is exploding in popularity.
- Includes sidebars on taco lore (history of fish tacos) and basics (making tortillas), with dozens of vibrant photographs.
- Mark Miller's books have sold nearly 1 million copies.

*¡Ay, que rica!* Tacos—authentic tacos, with soft, warm corn tortillas, succulent fillings, and snappy salsa—are a cherished street food on both sides of the border. Mark Miller adds a chef's sensibility to a lifetime of taco eating and making to this collection of 75 recipes for building delicious and authentic tacos. From classic to creative and from breakfast-friendly tacos to complementary salsas and sides, this new book contains all things taco!

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—Nancy Silverton

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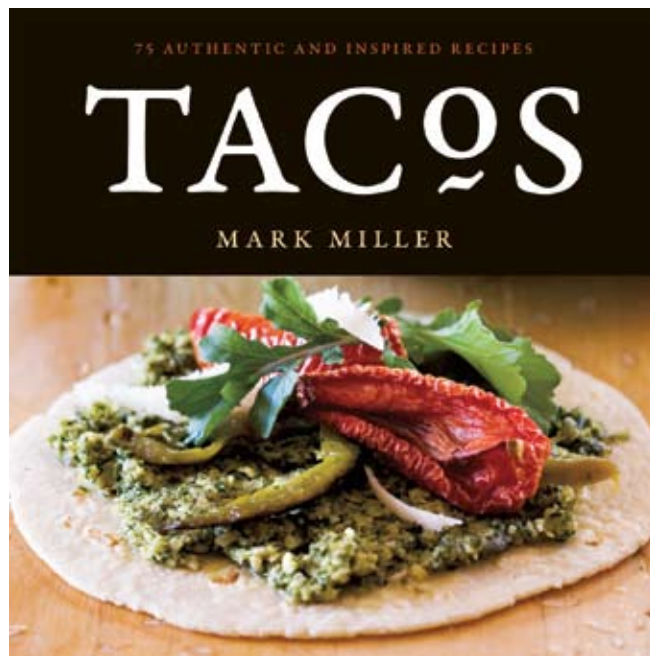
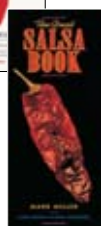
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MARK MILLER is the acclaimed chef-founder of Coyote Café in Santa Fe, New Mexico, and the author of nine books with nearly 1 million copies in print, including THE GREAT CHILE BOOK, THE GREAT SALSA BOOK, and COYOTE CAFÉ. He lives in **Santa Fe, New Mexico**.

### MARKETING & PUBLICITY

- National cooking school tour: Southwest and Texas
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#### Cooking

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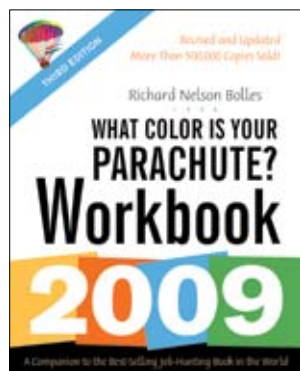
MAY



# WHAT COLOR IS YOUR PARACHUTE? WORKBOOK

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RICHARD NELSON BOLLES is the best-selling author of WHAT COLOR IS YOUR PARACHUTE? and has been a leader in the career development field for more than 35 years. He lives in the **San Francisco Bay Area**.

Visit [www.jobhuntersbible.com](http://www.jobhuntersbible.com)

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**MARCH**



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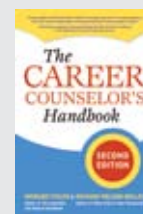
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# THE BOLD TRUTH ABOUT MONEY

## Ten Commandments of Investing for Building Wealth

BY ADAM BOLD

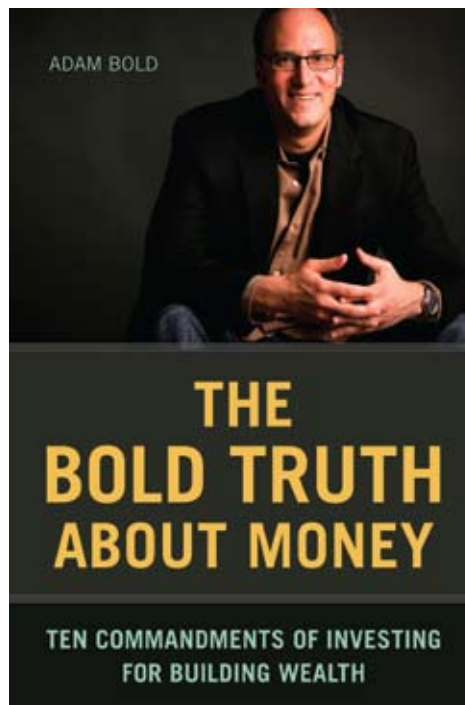
Nationally recognized investment adviser and radio talk show host Adam Bold helps novice and seasoned investors take back control of their financial investments.

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Photography by Tyler Wirken



ADAM BOLD is the founder and chief investment officer of the Mutual Fund Store, a fee-based investment advisory service with over 70 locations nationwide. He also hosts *The Mutual Fund Show*, a weekly radio program that airs in 60 cities. Bold lives in **Leawood, Kansas**, with his wife and three daughters.

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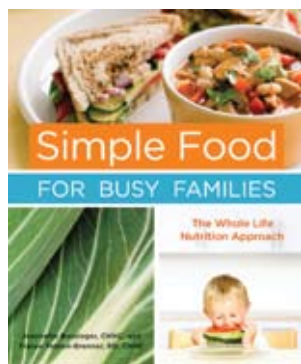
APRIL



# SIMPLE FOOD FOR BUSY FAMILIES

## The Whole Life Nutrition Approach

BY JEANNETTE BESSINGER, CHHC, AND TRACEE YABLON-BRENNER, RD, CHHC



An easy-to-use guide to nutrition and healthful meal planning for busy parents.

- Includes 65 simple, versatile, and healthy recipes, with charts offering variations on down-home favorites.
- More than 23.5 million American children are currently overweight or obese.

Written by nutrition educators Jeannette Bessinger and Tracee Yablon-Brenner, aka “the Real Food Moms,” this one-stop shopping resource and cookbook provides convenient cooking solutions based on fresh, healthful ingredients and sound nutritional science. Filled with quick tips for preparing wholesome meals on a workaday schedule, SIMPLE FOOD FOR BUSY FAMILIES helps parents nourish and teach their children balanced eating habits for life.

JEANNETTE BESSINGER is a mother of two, holistic health counselor and educator, and owner of Balance for Life, in **Newport, Rhode Island**. TRACEE YABLON-BRENNER, also a mother of two, is a registered dietician, holistic health counselor, and owner of Nutrition Is Healing. She lives in **Haworth, New Jersey**.

Visit [www.realfoodmoms.com](http://www.realfoodmoms.com)

### Cooking

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75 full-color photos, 65 recipes  
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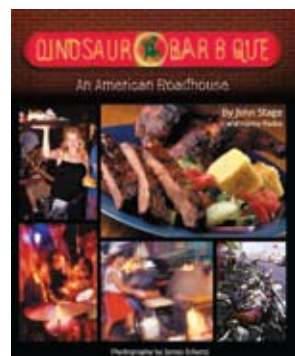


# DINOSAUR BAR-B-QUE

## An American Roadhouse

NOW IN PAPERBACK!

BY JOHN STAGE AND NANCY RADKE



Features more than 100 flavor-packed recipes from Dinosaur Bar-B-Que, the perennially popular, Syracuse-based, honky-tonk rib joint.

- Hardcover edition has sold more than 120,000 copies.

The renowned Dinosaur Bar-B-Que is beloved by bikers, blues musicians, and barbecue aficionados for its famous barbecue and colorful regulars. Cooks can enjoy the Dino vibe at home with recipes like World Famous Dinosaur Ribs and Drunken Spicy Shameless Shrimp with Brazen Cocktail Sauce. Including everything from starters to desserts, plus house secrets behind the restaurant’s famous pit-smoked specialties, this is one distinctively down-home, must-have cookbook.

In 1983, JOHN STAGE and his partner sawed a 55-gallon drum in half and hit the road, slinging BBQ at biker swap meets, fairs, and festivals. He opened the Dinosaur Bar-B-Que in Syracuse, New York, in 1988, followed by additional outposts in Rochester and New York City. He lives in **New York City**. NANCY RADKE learned how to cook under the watchful eyes of several grandmothers in Rome, Italy. She now lives in **Syracuse, New York**.

Visit [www.dinosaurbarbque.com](http://www.dinosaurbarbque.com)

### Cooking

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# WOOD-FIRED COOKING

## Techniques and Recipes for the Grill, Backyard Oven, Fireplace, and Campfire

BY MARY KARLIN

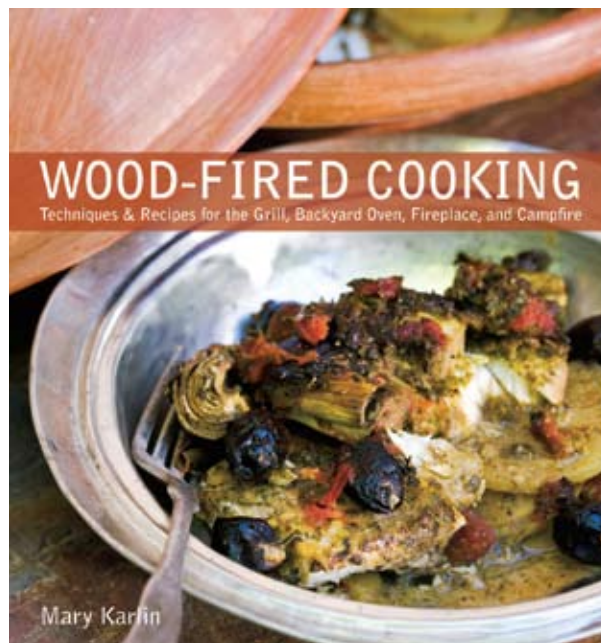
A collection of 100 contemporary recipes for the range of wood-fired cooking options, by Ramekins culinary school's wood-fired cooking expert.

- Features recipes from guest contributors Peter Reinhart, Bruce Aidells, Deborah Madison, Paula Wolfert, and others.
- Includes a solid range of globally inspired Indian, Mediterranean, Italian, American, and North African recipes for cooking over live flame and embers.

Mary Karlin's enticing recipes explore the diverse flavor characteristics of hardwoods and live-fire cooking methods, from Plank-Roasted Porterhouse or Indian Cilantro-Mint Naan to a hearth-baked Milanese Risotto Tart or Warm Chocolate-Chipotle Cakes. Introductory chapters cover the basics of indoor and outdoor wood-fired cooking, followed by the best applications for the myriad live-fire techniques, a survey of equipment, and detailed instructions on building fires and regulating temperatures. Karlin's expert planning shows efficient cooks how to make the best use of wood-fired cooking sessions, including step-by-step instructions for preparing an entire week's worth of food in a single session. **WOOD-FIRED COOKING** is ideal for grilling enthusiasts looking for the next challenge.

"Mary has followed in the footsteps of many great chefs, but she has managed to develop a style all of her own. Mary's passions come through in her recipes, lessons, and interactions with others."

—Bob Nemerovski, culinary director,  
Ramekins Sonoma Valley Culinary School



MARY KARLIN has taught wood-fired cooking classes for nine years as the culinary staff manager at Ramekins, as well as teaching live-fire cooking at Draeger's, Benzinger Winery, and the CIA Greystone. She has written for numerous food publications, including *Epicure* in her hometown **Sonoma Valley**. Visit her culinary marketing business, Elements of Taste, at [www.elementsoftaste.com](http://www.elementsoftaste.com).

### MARKETING & PUBLICITY

- Gourmet and lifestyle publications
- San Francisco Bay Area TV: Henry Tenenbaum's KRON show, *Eye on the Bay*
- Series of San Francisco Bay Area cooking classes and demos
- On-site TV and webcast series

#### Cooking

8 1/2 x 9 inches, 208 pages, full color

60 full-color photos, 100 recipes

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# THE ETHICAL SLUT

A Roadmap for Relationship Pioneers

2ND EDITION

BY DOSSIE EASTON AND JANET W. HARDY

The essential guide for singles and couples who want to explore polyamory in ways that are ethically and emotionally sustainable.

- Revised and updated throughout, with new strategies for single sluts, advice for opening an existing relationship or marriage, and exercises for thinking about and discussing open relationships.

For anyone who has ever dreamed of love, sex, and companionship beyond the limits of traditional monogamy, this groundbreaking guide navigates the infinite possibilities that open relationships can offer. Experienced ethical sluts Dossie Easton and Janet W. Hardy dispel myths and cover all the skills necessary to maintain a successful and responsible polyamorous lifestyle—from self-reflection and honest communication to practicing safe sex and raising a family. Individuals and their partners will learn how to discuss and honor boundaries, resolve conflicts, and to define relationships on their own terms.

"I couldn't stop reading it, and I for one identify as an ethical slut. This is a book for anyone interested in creating more pleasure in their lives . . . a complete guide to improving any style of relating, from going steady to having an extended family of sexual friends."

—Betty Dodson, PhD, author of *Sex for One*

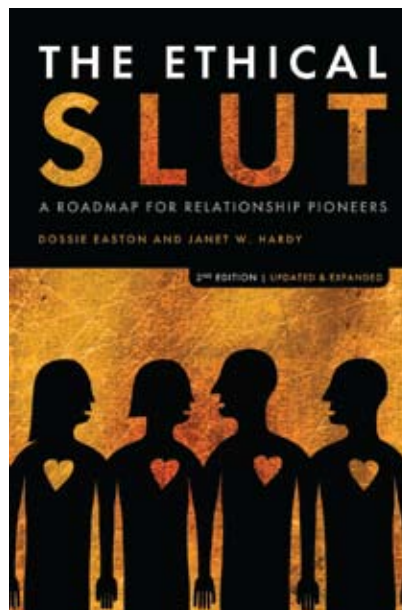
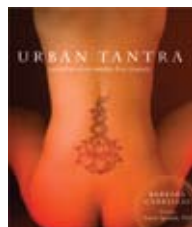
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DOSSIE EASTON is a licensed marriage and family therapist specializing in alternative sexualities and open relationships. She is the author of four other books. She lives in the **San Francisco Bay Area** and has been an ethical slut since 1969.

Visit [www.dossieeaston.com](http://www.dossieeaston.com)

JANET W. HARDY is the author of more than 10 books and founder of Greenery Press, a **San Francisco Bay Area** book publisher specializing in sexually adventurous books. She swore off monogamy in 1987.

Visit [www.janetwhardy.com](http://www.janetwhardy.com)

## MARKETING & PUBLICITY

- NPR plus edgier radio programming
- San Francisco Bay Area events and "Swap Night" social gatherings with lecture

### Relationships/Sexuality

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# TEQUILA

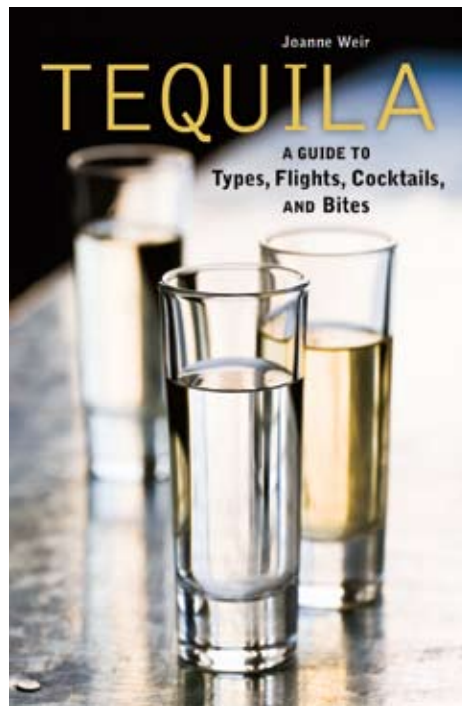
## A Guide to Types, Flights, Cocktails and Bites

BY JOANNE WEIR

A connoisseur's guide to understanding and enjoying top-shelf tequila, with 60 recipes for drinks and tequila-infused foods.

- More than 10 million cases of tequila were sold in 2007, with the fastest growth in high-end and premium brands.
- Collects everything that today's well-rounded tequila connoisseur needs to know, from appreciating different types to preparing perfectly paired food and drinks, in one handy reference.

Tequila has come a long way from the hangover-inducing protocol of salt, shot, lime, repeat. With tequila consumption on the rise, people are drinking tequila on more occasions, experimenting with new labels, and learning to appreciate the nuances of flavor. **TEQUILA** is an all-in-one reference for the top-shelf tequila connoisseur, with chapters on the history and lore of tequila, insight into how tequila is made, and a drinker's guide to the three types of tequila: *blanco*, *reposado*, and *añejo*. Cocktail recipes from the country's top bartenders and recipes for tequila-infused sides, mains, and desserts reveal new and innovative ways to enjoy tequila, completing this sleek and complete handbook.



**JOANNE WEIR** is an award-winning food writer, cooking teacher, professional chef, and TV personality based in **San Francisco**. She is the author of 17 cookbooks, including the James Beard Award-winning *Weir Cooking in the City* and the James Beard Award-nominated *FROM TAPAS TO MEZE* and *Joanne Weir's More Cooking in the Wine Country*.

Visit [www.joanneweir.com](http://www.joanneweir.com)

### MARKETING & PUBLICITY

- Synchronized clubbing campaign with the "Agave Girls," starting in the San Francisco Bay Area
- Print and Internet campaigns: "How to Start Your Own Agave Club"
- Cinco de Mayo promotions



Interior photography by Lara Hata  
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# PATRICIA UNTERMAN'S SAN FRANCISCO FOOD LOVER'S POCKET GUIDE

SECOND EDITION

BY PATRICIA UNTERMAN

The bible of food guides for the West Coast food mecca, featuring more than 600 updated and condensed listings in a handy portable format.

- As a restaurateur, journalist, and food critic for more than 30 years, Unterman is one of the Bay Area's most respected authorities.

PATRICIA UNTERMAN'S SAN FRANCISCO FOOD LOVER'S POCKET GUIDE offers an intrepid, unapologetically discriminating, and refreshingly down-to-earth selection of the best and most interesting eateries, markets, and other food- and drink-related spots in San Francisco, the East Bay, Marin County, and the wine country. In its compact format, this book is a hip-pocket must for locals and tourists alike, covering everything from sophisticated California cuisine to authentic Mission taquerias.

"Indispensable for an informed culinary wandering."  
—*Town & Country*

PATRICIA UNTERMAN is currently the restaurant critic for the *San Francisco Examiner*. She is the chef and co-owner of the Hayes Street Grill in **San Francisco** and is a founder and board member of the Ferry Plaza Farmers Market.

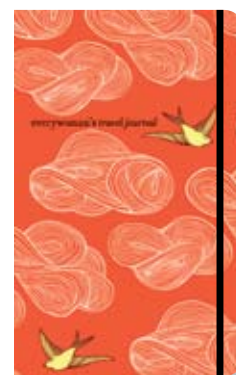


# EVERYWOMAN'S TRAVEL JOURNAL

NEW EDITION

A stylish and helpful journal designed specifically for female travelers.

- Features an elastic closure, inside accordion pocket, and flexible binding.



The perfect traveling companion, EVERYWOMAN'S TRAVEL JOURNAL is newly redesigned for the savvy and reflective adventurer. It includes lined and blank pages for journaling and sketching, with handy information tailored for women travelers on security, dress, and natural remedies that combat common travel ailments. Lists and tips on packing, shopping, etiquette, and avoiding jet lag round out this conveniently portable journal, and an inside pocket holds postcards, receipts, mementos, and documents for safekeeping. Filled with traveling advice no woman should leave home without, EVERYWOMAN'S TRAVEL JOURNAL is both useful and inspirational.

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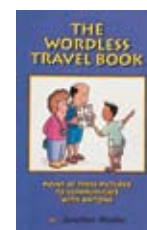
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# TRANSFORMATIONAL SPEAKING

If You Want to Change the World,  
Tell a Better Story

BY GAIL LARSEN

A guide to public speaking written for presenters seeking to be agents of change, whether in a business or in their community.

- Helps readers identify their “original medicine”—the core message they were born to deliver—and communicate it to the world.
- Teaches the mechanics of speaking—preparation strategies, how to assess and manage the dynamic of a room, refining delivery, and handling logistics like a pro.

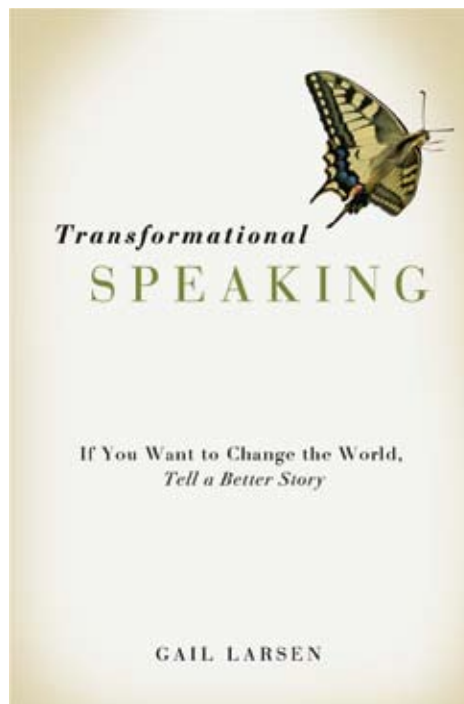
Most books on public speaking focus only on technique, presentation development, and overcoming fear. Gail Larsen goes beyond the familiar and teaches anyone who wants to make a difference in the world—from seasoned speechmakers to reluctant orators—how to access their internal resources to speak effectively and change minds. Blending logic and spirit, Larsen helps holistically-minded business executives, community organizers, activists, life coaches, health care professionals, and other leaders mine the deep well of their life experiences to become powerful speakers to audiences of any size. TRANSFORMATIONAL SPEAKING is an effective mix of practical tools and inspirational coaching that will empower speakers to change the world, one speech at a time.

“[Gail Larsen’s] Real Speaking is perfect for anyone who cares deeply about their mission and wants to express it with depth, clarity, and passion. Gail is incisive, fierce, and compassionate and does a brilliant job of drawing out the best in each person.”

—Nina Utne, former editor in chief and CEO, *Utne*

“We all want to be part of a bigger story, something beyond ourselves that allows us to serve the common good and find personal fulfillment.”

—Dr. Mark Albion, *New York Times* best-selling author



GAIL LARSEN, the founder of Real Speaking, has worked as a communications coach, and as a speaker and workshop leader for more than two decades. A former executive VP of the worldwide National Speakers Association, Larsen has been instrumental in the success of numerous prominent speakers and maintains an active teaching and speaking schedule in the US and Canada. She lives on Whidbey Island, Washington.

Visit [www.realspeaking.net](http://www.realspeaking.net)

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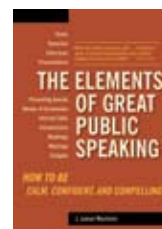
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# TRANSCENDING POST-INFIDELITY STRESS DISORDER (PISD)

The Six Stages of Healing

BY DENNIS ORTMAN, PHD

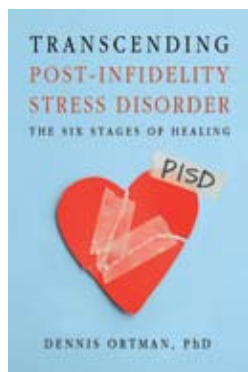
A psychologist uses post-traumatic stress disorder as a model for the wounded partner to explore rage and emotional pain and learn the secrets of recovery.

- An estimated 60 percent of men and 40 percent of women will have an affair at some point in their marriages.
- Includes spiritual exercises, such as guided meditations and journaling, to aid recovery.

The discovery of a partner's infidelity is heart-wrenching and traumatic. In **TRANSCENDING POST-INFIDELITY STRESS DISORDER (PISD)**, Dennis Ortman likens the psychological aftermath of sexual betrayal to post-traumatic stress disorder (PTSD) in its origin and symptoms, including anxiety, irritability, rage, emotional numbing, and flashbacks. Using PTSD treatment as a model, Dr. Ortman presents steps to recovery from the pain of infidelity. With the author's PISD system, readers will find a structure to help them categorize emotions, face their rage, make important life decisions, and find wholeness, peace, and forgiveness.

DENNIS ORTMAN is a psychologist in private practice in **Detroit, Michigan**. He was a Catholic priest for 14 years and has now been married for 18 years. He is the author of *The Dually Diagnosed* and *The Dual Diagnosis Recovery Sourcebook*.

Visit [www.dennisortman.com](http://www.dennisortman.com)



# STRATEGIES FOR SUCCESSFUL CAREER CHANGE

Finding Your Very Best  
Next Work Life

BY MARTHA E. MANGELSDORF

Guided self-discovery and counsel  
for changing careers from a  
seasoned career journalist.

- Exercises, case studies, and resources show readers how to plan for emotional, economic, and practical career change issues.
- Approximately 7 percent of the workforce changes occupation each year, according to the Bureau of Labor Statistics.



While switching careers midstream is often daunting, this inspirational and realistic guide prompts readers to ask soul-searching questions about their motivations and goals, while planning for logistical challenges, such as paying the bills during the transition. Employees yearning for a change will learn how to develop a sound exit strategy—or take stock after a layoff—to make strides toward their next work life.

MARTHA E. MANGELSDORF is a freelance business and career writer and former senior editor and writer for *Inc.* magazine. For four years, she wrote a monthly feature on career change, called "Transitions," for the *Boston Globe*. She lives in **Boston, Massachusetts**.

## MARKETING & PUBLICITY

- AARP TV and Retirement Living Television
- Syndicated career and retirement columnists
- Features in national business media: *Fortune*, *WSJ*, *Forbes*, *Inc.* magazine, *Boston Globe*

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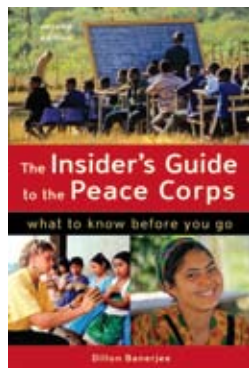


# THE INSIDER'S GUIDE TO THE PEACE CORPS

What to Know Before You Go

SECOND EDITION

BY DILLON BANERJEE



The only guide that tells potential Peace Corps volunteers what to expect, through first-hand advice from recent volunteers.

- Includes more than 70 frequently asked questions, covering everything from "What is the application process like?" to "What should I bring?"
- Increasingly popular, the Peace Corps receives 12,000 applications a year for 4,000 volunteer positions.

In this candid guide, experienced Peace Corps volunteers give the complete lowdown on all anyone needs to know before applying and volunteering, examining everything from the highly competitive application process to living like a local to Peace Corps rules and policy. The only handbook of its kind, this pragmatic manual provides answers that can't be found anywhere else. Containing the latest information and resources on Peace Corps programs, this is an essential reference for anyone contemplating the "toughest job you'll ever love."



DILLON BANERJEE served as an agroforestry volunteer in the Peace Corps from 1994 to 1996 in Belo, Cameroon. He currently works for the US Embassy in **Lisbon, Portugal**.

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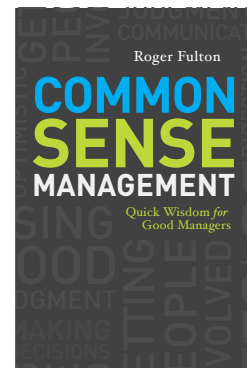
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# COMMON SENSE MANAGEMENT

Quick Wisdom for Good Managers

BY ROGER FULTON



A no-nonsense motivational book for supervisors and managers, featuring practical advice on getting the most from employees.

- Useful sections provide quick tips, such as "25 Common Mistakes Made by New Supervisors."
- There are approximately six million individuals in management occupations in the US.

Experienced management leader Roger Fulton distills the wisdom from two previous books, COMMON SENSE LEADERSHIP and COMMON SENSE SUPERVISION, into this streamlined volume of helpful advice for anyone new to a management position. With practical sections on winning respect, improving confidence, and preventing and handling problems, this inspirational book combines solid guidance with quotations from visionary experts throughout the ages, such as Confucius, Abraham Lincoln, and Walt Disney.

ROGER FULTON possesses more than 25 years of practical management and leadership experience in both public and private sectors. He has been operating his own management consulting firm since 1990. He lives in **Glens Falls, New York**.

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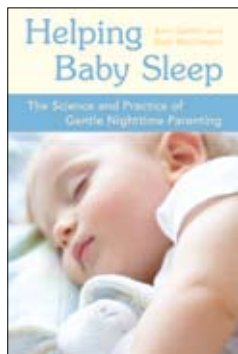


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## HELPING BABY SLEEP

### The Science and Practice of Gentle Nighttime Parenting

BY ANNI GETHIN AND BETH MACGREGOR



A baby sleep book that uniquely draws on both principles of responsive parenting *and* current research in infant neural and emotional development.

- Includes questionnaires, checklists, and worksheets for developing a personalized, compassionate plan for helping baby sleep.
- Approximately 4.3 million American women are the mothers of infants.

In **HELPING BABY SLEEP**, Anni Gethin and Beth MacGregor challenge the wisdom of the “cry it out” philosophy and instead encourage parents to incorporate gentle sleep methods that honor the baby’s particular developmental needs. Uniquely among baby sleep books, the authors mine the latest scientific research to make their case. The voices of other parents and child development experts are also examined in order to help readers gain well-rounded perspective, feel supported, trust their instincts, and create a comfortable plan that works for all members of the family.

**ANNI GETHIN**, PhD, is a health social scientist who runs a research and planning consultancy, lectures in public health and social science, and is a mother of three boys. **BETH MACGREGOR** is a psychologist who trains health and welfare workers in infant mental health, child development, and child protection. She has two sons. Both authors live in **Sydney, Australia**.

#### Parenting

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## PARENTS' GUIDE TO THE MIDDLE SCHOOL YEARS

BY JOE BRUZZESE



A comprehensive handbook for parents navigating the challenges and opportunities that arise when children attend middle school.

- Discusses timely topics, such as drug and alcohol abuse, social networking, and sexuality.
- According to the US Census, over 40 million children will enter middle school in the next decade.

Because today’s children seem to grow up so fast, middle school has become the new high school. Concerns about homework, social issues, technology, and emotional health confront parents earlier than they would like or expect. Educator and parent Joe Bruzzese offers practical, empowering help for parents along with guidelines for their children, such as rules for using cell phones and tips for productive parent-teacher relationships. This streamlined guide helps parents and their families move toward the goal of not just surviving, but thriving in the middle school years.

**JOE BRUZZESE** is a professor in the Graduate School of Education at the University of California, Santa Barbara. He is a featured writer on middle school information websites and frequently speaks at national educators’ events. He lives with his wife and two children in **Santa Barbara, California**.

Visit [www.thinking-forward.com](http://www.thinking-forward.com)

#### MARKETING & PUBLICITY

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- TV appearances throughout California

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# ZERO PROOF COCKTAILS

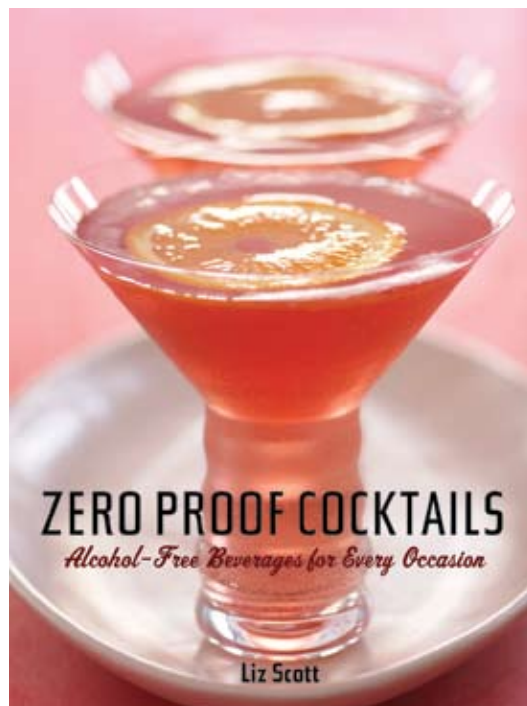
Alcohol-Free Beverages  
for Every Occasion

BY LIZ SCOTT

A creative collection of 100 recipes for nonalcoholic aperitifs, mocktails, martinis, infusions, wine alternatives, and more, plus food-pairing tips.

- More than one-third of Americans are nondrinkers.
- An innovative resource and gift for party hosts and abstainers of every variety, from pregnant or nursing moms and designated drivers to individuals with religious, medical, or dietary restrictions.

Featuring fresh and festive beverages, ZERO PROOF COCKTAILS is the perfect elixir for anyone weary of uninspired liquor-free libations. Tired of the limited choices available to nondrinkers, chef and mixologist Liz Scott set out to create and share tempting zero-proof concoctions that complement any meal and satisfy every craving. Her alternatives to classic drinks, such as the Cosmopolitan Charade, Toasted Almond Cordial, Raspberry Razzletini, and Strawberry White Sangria, will make every family gathering and chic party a memorable one—for everyone.



Professional chef and caterer LIZ SCOTT is the award-winning author of *The Sober Kitchen* and *Sober Celebrations*. A coveted speaker and advocate for the sober community, she lives in Plainfield, New Jersey.

## MARKETING & PUBLICITY

- National morning TV shows
- Recipe excerpts in women's, food, and lifestyle magazines



Photography by Sheri Giblin

### Cooking/Beverages

6 x 8 inches, 144 pages, full color

28 full-color photos, 100 recipes

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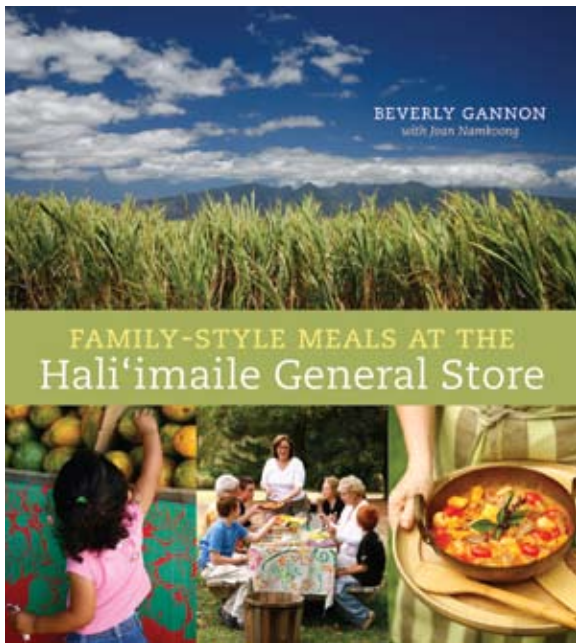
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MAY



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**BEVERLY GANNON**, a James Beard Award nominee in 2004, is one of the founders of the Hawai'i Regional Cuisine movement. In addition to being chef-owner of the Hali'imaile General Store and Joe's Bar & Grill in Wailea, Gannon is the executive chef of Hawaiian Airlines, oversees Celebrations Catering, and was recently named the 2008 Hawai'i Small Business Administration's Person of the Year. She is grateful to wake up every morning on the beautiful island of **Maui, Hawai'i**.

**JOAN NAMKOONG** is the coauthor with Roy Yamaguchi of *Hawaii Cooks*, and author of *The Food Lover's Guide to Honolulu* and *Go Home, Cook Rice*. She lives in cool, misty **Waimea, Hawai'i**.

#### Cooking

9 x 10 inches, 224 pages, full color

150 full-color photos, 90 recipes

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ISBN-13: 978-1-58008-951-7

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MARCH



## FAMILY-STYLE MEALS AT THE HALI'IMAILE GENERAL STORE

BY BEVERLY GANNON WITH JOAN NAMKOONG

Family-style dining is back in style and has been re-imagined by one of the most prominent chefs in Hawai'i, James Beard Award nominee Beverly Gannon.

- Down-to-earth recipes with a Pacific, Asian, and Southern flair combine with out-of-this-world location photography for a cookbook that a busy home cook can really use.
- The Hali'imaile General Store will celebrate its 20th anniversary this October.

On the road to Haleakala, Maui's most famous dormant volcano, is one of the island's favorite destinations—where a laid-back atmosphere and top-flight menu welcome both residents and tourists. Developed from the restaurant's ever-popular repertoire, this all-new recipe collection is scaled for sit-down family suppers, lunches, and brunches, with built-in expandability for impromptu gatherings or full-on entertaining. Ingredient substitutions are included to help move dishes from the kitchen to the table with ease, and leftovers are skillfully adapted into future meals. Recipes are organized by the days of the week, based on a schedule Gannon's mother used, and are interwoven with charming family anecdotes.

"Even if you're not from the islands, the vibrant flavors will awaken your senses."

—Food Network

"Just like its chef, [the] Hali'imaile General Store is warm, charming, and inviting. What better atmosphere to enjoy the wonderful array of creative dishes? Dining at the store definitely adds one more reason to visit paradise."

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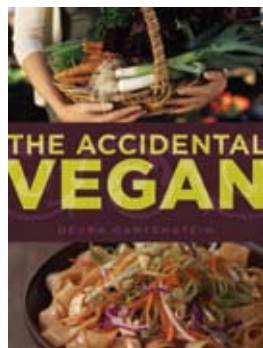
# THE ACCIDENTAL VEGAN

REVISED

BY DEVRA GARTENSTEIN

An update of a well-loved vegan cookbook filled with simple recipes that will appeal to a wide range of health-minded home cooks.

- Unintimidating ingredient lists and easy-to-follow instructions maximize flavor while minimizing prep time—making vegan cooking more accessible than ever.
- More than 25 percent of Americans are lactose-intolerant, making dairy-free cooking increasingly popular.



In the last decade, veganism has moved into the mainstream as home cooks seek out healthy, fresh, economical, and environmentally sustainable foods. Omnivorous author Devra Gartenstein's pioneering vegan cookbook, first published in 2000, gets a timely make-over with more than 20 new recipes, simplified instructions, and a focus on fresh and local ingredients. THE ACCIDENTAL VEGAN includes appetizers, soups, mains, sides, and desserts inspired by Indian, Thai, Chinese, Middle Eastern, Mexican, and Italian cuisines. And with Devra's special brand of simplified instructions and no-fuss ingredients, even accidental chefs will be able to whip up this healthy fare.

DEVRA GARTENSTEIN is an omnivore who owns and runs the Patty Pan Grill, a vegetarian restaurant and take-out counter in **Seattle, Washington**. She is also a farmers' market vendor who can be found at her stand at a local market nearly every day in the summer.

Visit [www.quirkygourmet.com](http://www.quirkygourmet.com)

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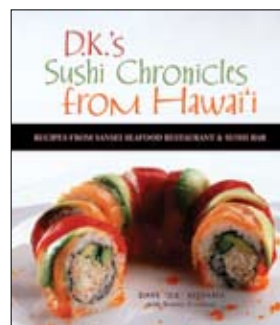


# D.K.'S SUSHI CHRONICLES FROM HAWAII

Recipes from Sansei  
Seafood Restaurant  
& Sushi Bar

NOW IN PAPERBACK!

BY DAVE "D.K." KODAMA  
WITH BONNIE FRIEDMAN



Fresh, innovative Japanese-inspired fare from one of Hawaii's most adventurous and renowned chefs.

- The original Sansei restaurant in Maui has won 10 consecutive *Honolulu* magazine Hale 'Aina Awards for culinary excellence.

In this collection of favorite dishes from his celebrated restaurant, chef D.K. Kodama teaches readers how to recreate exquisite Asian fusion cuisine in their own kitchens. His unique global approach masterfully blends Asian, Hawaiian, American, and European ingredients and techniques in dishes that are as visually spectacular as they are delicious.

An award-winning innovator of Asian fusion cuisine, D.K. KODAMA is the founder and executive chef of four Sansei restaurants, as well as three other restaurants in Hawaii. He lives in **Honolulu, Hawaii**, with his wife and three children. BONNIE FRIEDMAN is the owner of Grapevine Productions, a **Maui, Hawaii**, public relations firm, and has represented Sansei for over 10 years. She is a prolific writer, journalist, and photographer.

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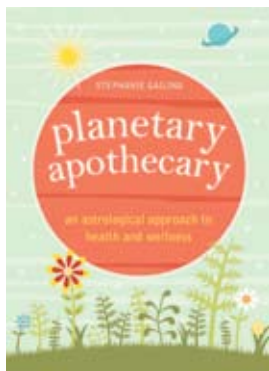


# PLANETARY APOTHECARY

An Astrological Approach to Health and Wellness

BY STEPHANIE GAILING

An illustrated guide to medical astrology that outlines specific holistic remedies and self-care treatments for each sign of the zodiac.



- More than 70 million people worldwide read their horoscope daily.

From the sensitive Pisces to the impetuous Aries to the hardworking Capricorn, each astrological personality is distinct, with unique health needs of body, mind, and spirit. PLANETARY APOTHECARY offers an astrological sign-specific health and wellness program designed for each planetary constitution, with specific nutritional tips, natural remedies, spa therapies, relaxation practices, yoga asanas, flower essences, and aromatherapy recommendations to soothe and balance excesses while nurturing harmony and well-being.



STEPHANIE GAILING, is a professional nutritionist, astrologer, and writer who reports on whole foods, herbs, and health for StarIQ.com, *Delicious Living*, *Nutrition Science News*, and more. She lives in **Seattle, Washington**.

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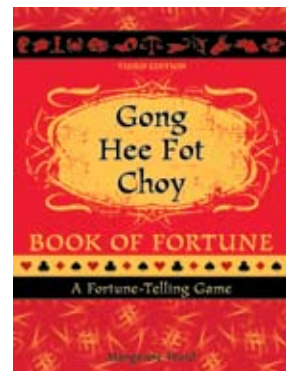


# GONG HEE FOT CHOY BOOK OF FORTUNE

A Fortune-Telling Game

THIRD EDITION

BY MARGARETE WARD



Foretell the future using a deck of regular playing cards and a divination game, which traces its origins to the principles of astrology and Chinese numerology.

- Illustrated game board included.
- This is the third edition of this very popular book plus game.

The familiar *Gong hee fot choy!* means “greetings of riches,” and confirms the ancient belief that life’s odds are three-to-one in favor of prosperity over poverty, success over failure, and good fortune over bad. It is also thought that the future can be forecast—and even influenced—if we know how to interpret the signs and understand their meanings. Each playing card and each house (illustrated on the game board) are identified with a particular outcome. For a glimpse of what the future holds, grab a deck of playing cards and this book. Have fun and may fortune smile upon you.

MARGARETE WARD (1890–1977) was an American who developed a lifelong interest in Chinese popular culture and religion while a resident of Shanghai in 1919.

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## THE PIERCING BIBLE

### The Definitive Guide to Safe Body Piercing

BY ELAYNE ANGEL

A one-of-a-kind manual that covers everything piercers and piercees need to know about the process, from the woman who brought tongue-piercing into the mainstream.

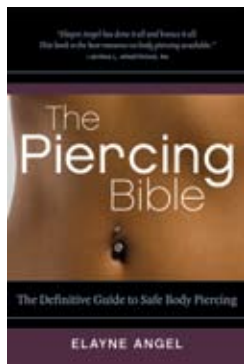
- Includes detailed suggestions for identifying and dealing with piercing complications—helpful not only to piercees but also medical professionals and parents.
- 14 percent of people in the United States between the ages of 18 and 50 have at least one body piercing.
- 51 percent of college students have a body piercing.

Piercing pioneer Elayne Angel shares her exhaustive knowledge of piercing history, terminology, tools, techniques, jewelry, and placements. She debunks myths about piercing guns, metal detectors, and tongue infections; explains how to find a responsible and skilled piercer; and outlines proper aftercare. Packed with details that really matter—including advice for people with stretch marks, obesity, plastic surgery, and unique anatomy—this guide is the single most authoritative, go-to source on the subject.



ELAYNE ANGEL has been a professional piercer for more than 20 years and has performed over 40,000 piercings. She was awarded the President's Lifetime Achievement Award by the Association of Professional Piercers in 2006 and is a contributing writer for *PAIN Magazine*. She lives in **Merida, Mexico**.

Visit [www.ringsofdesire.com](http://www.ringsofdesire.com)



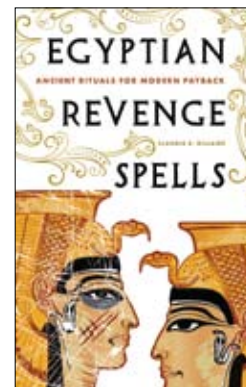
## EGYPTIAN REVENGE SPELLS

### Ancient Rituals for Modern Payback

BY CLAUDIA R. DILLAIRE

Modern spells, rituals, and incantations based on ancient Egyptian magic designed to help release our revenge impulses.

- Features detailed instructions on spell-casting, with spells like "Disaster Will Strike" and "Cursed from Head to Toe."
- Includes line drawings of the Egyptian deities, plus a comprehensive resources section to help source spell ingredients like crystals, oils, and herbs.



Need to inspire jealousy in your ex? Metaphysically kick someone to the curb? Or protect yourself from someone wishing you harm? Claudia R. Dillaire shares 25 spells to help readers exact revenge on the truly deserving. With instructions on the Egyptian practices of figurines, curse tablets, and more, this book celebrates both the positive and destructive forces of magic.

CLAUDIA R. DILLAIRE is a practicing pagan and experienced spell-caster who has intensively studied Egyptian magic for more than 10 years. She is also the author of *Egyptian Love Spells and Rituals*. She lives in **Mesa, Arizona**.

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JULY



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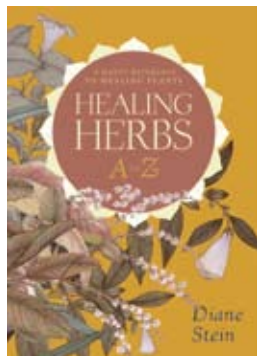


## HEALING HERBS A TO Z

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BY DIANE STEIN

An alphabetical quick reference to 200 medicinal plants, their special healing attributes, most effective applications, potential side effects, and contraindications.



- For the layperson wishing to tap into a more natural and traditional healing modality, written by a respected authority on alternative health and healing.
- Diane Stein's books have sold more than 600,000 copies.

The popularity of commercially available herbal remedies as adjuncts to conventional medicines has made it easier than ever to turn to medicinal herbs. Stein shares her extensive knowledge and experience with healing botanicals in this quick reference. Each entry includes an accessible and detailed resume of each plant's specific healing properties.



DIANE STEIN is a popular and acclaimed healer and the best-selling author of *ESSENTIAL REIKI* and 25 other books in the fields of metaphysical healing, women's spirituality, and alternative health. She lives and teaches in **Florida**.

Visit [www.dianestein.com](http://www.dianestein.com)

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**APRIL**



## LARGE ART IN SMALL PLACES

### Discovering the California Mural Towns

BY KEVIN BRUCE



Part art book, part travel guide, this colorful journey through more than 20 California mural towns is perfect for art aficionados, armchair travelers, and weekend road-trippers.

- Includes the trompe l'oeil illusions of John Pugh, the larger-than-life epic masterpieces of Wei Luan, the expressive portraits of Don Gray, the dramatic historic tableaus of Art Mortimer, plus more.
- Six mapped routes through California lead from northernmost Crescent City to southernmost Indio.

What do redwoods, stagecoaches, and tyrannosaurs have in common? They're all the subjects of murals that can be found in many small towns in California. Mural societies in regions tucked off the main highways are bringing acclaimed artists, youth groups, and other townsfolk together to explore their towns' history, flora, fauna, and whimsical imaginative landscapes. *LARGE ART IN SMALL PLACES* takes curious art lovers on a tour of small-town California, where graphic expression has taken to the streets.

KEVIN BRUCE is a native Californian born in San Francisco in 1941. Author of *THE MURALS OF JOHN PUGH*, he is currently engaged as an art historian and author with a focus on chronicling the contemporary mural. He resides with his wife and fellow mural archivist, Pauline, in **Scottsdale, Arizona, and Berkeley, California**.

#### Art

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**JUNE**



## AD BOY

### Vintage Advertising with Character

BY WARREN DOTZ AND MASUD HUSAIN

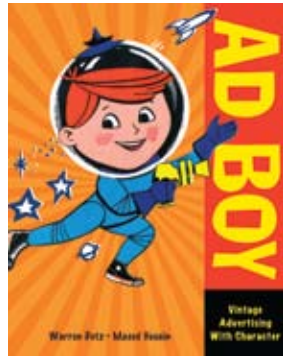
More than 450 American ad characters, industry icons, and product personalities hailing from the 1950s, '60s, and '70s pack the pages of this vibrant, vintage collection.

- A fabulous resource for illustrators, graphic designers, advertising enthusiasts, and nostalgia buffs.

The postwar economic boom launched a generation of charming, cheeky, and relentlessly cheerful critters and characters that found their way into our homes—and our hearts—in print, on television, and on packaging. Some took detours that reflected the times (Elsie the Cow was sent into outer space in 1958). Some were fashion victims who survived (remember hippy Hush Puppies, circa 1969?). And some are no longer with us (the Frito Bandito was finally brought to justice in 1971). These endearingly offbeat characters are as fresh and entertaining today as they were creatively inspired in decades past.

WARREN DOTZ is a pop culture historian and the author of eight books on advertising art. As an authority on product label art, his commentary has appeared in *Advertising Age*, *Brandweek*, and the *New York Times Magazine*. He lives and works in **Berkeley, California**.

MASUD HUSAIN is a graphic designer, branding specialist, and avid collector of American advertising ephemera. He coauthored *Meet Mr. Product* with Warren Dotz. He lives and works in **Albany, California**.

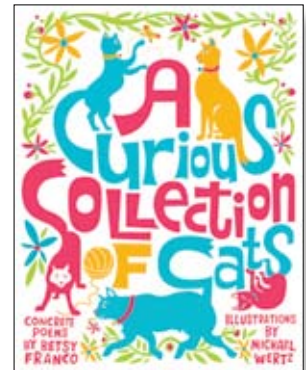


## A CURIOUS COLLECTION OF CATS

BY BETSY FRANCO  
ILLUSTRATIONS BY  
MICHAEL WERTZ

A collection of humorous concrete poems by an award-winning poet.

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In more than 30 entertaining visual poems, Betsy Franco captures the distinctively entertaining habits and attitudes of cats. From acrobat-flipping to toilet-bowl-sipping, couch-scratching to dog-catching, this witty and delightful collection celebrates fickle felines and all things CAT.

BETSY FRANCO has written more than 80 books, including poetry collections, picture books, and a YA novel. Her anthologies of teenage poetry have appeared on the ALA Best Books and Quick Picks lists. She lives in **Northern California** with her husband and two cat muses, Jada and Frida.

Visit [www.betsyfranco.com](http://www.betsyfranco.com)

MICHAEL WERTZ is a talented **San Francisco Bay Area** artist whose work has appeared in the *San Francisco Chronicle*, the *Washington Post*, and the *Los Angeles Times*.

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JUNE



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SANDRA CABOT, MD, has been a medical doctor for more than 30 years and has written 18 books on health. She has extensive clinical experience in holistic medicine and clinical research. She lives in **Sydney, Australia**.

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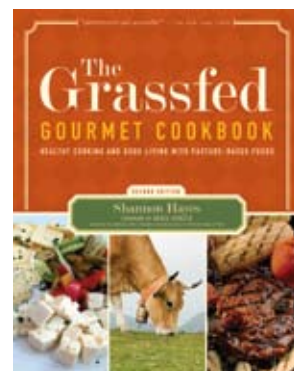


## THE GRASSFED GOURMET COOKBOOK

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BY SHANNON HAYES



The revised edition of this popular cookbook explores the culinary, health, environmental, and animal-welfare benefits of foods from pasture-based farming.

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- Includes simple techniques and foolproof strategies for making the most of your purchase, including cooking with lower-cost cuts.

Farmer, food writer, and home cook Shannon Hayes has packed this new edition of THE GRASSFED GOURMET COOKBOOK with more recipes, new stories explaining how good farming practices result in great food, and up-to-date information on the health and environmental benefits of grassfed meats. In this inspiring classic of the green cuisine scene, Hayes approaches food with equal parts gastronomic passion and homespun practicality.

SHANNON HAYES, who holds a PhD in sustainable agriculture from Cornell University, is the author of *The Farmer and the Grill*. She works with three generations of family to raise grassfed and pastured meats on Sap Bush Hollow Farm in **Upstate New York**.

Visit [www.grassfedcooking.com](http://www.grassfedcooking.com)

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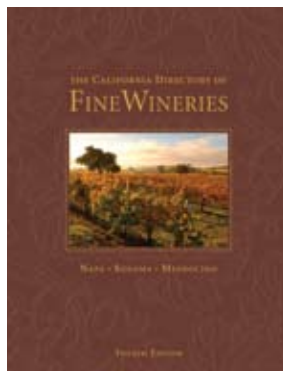
# THE CALIFORNIA DIRECTORY OF FINE WINERIES

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PHOTOGRAPHS BY  
ROBERT HOLMES

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The author of several guidebooks, MARTY OLMSTEAD contributes to publications including *Wine Country Living* and the *San Francisco Chronicle*. She lives in **Sonoma, California**. ROBERT HOLMES, the only two-time recipient of the Travel Photographer of the Year Award, has more than 30 books in print and has had photographs published in prestigious travel magazines like *National Geographic* and *Departures*. He lives in **Mill Valley, California**.

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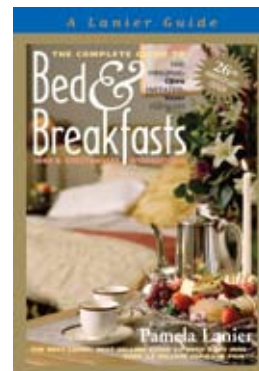


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BY PAMELA LANIER

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For the past 25 years, PAMELA LANIER has been known as a leading authority in the field of boutique accommodations. She is especially well-known for her contributions to the specialty travel industry and was named the "Lewis and Clark of modern travel" by the Tribune syndication. She lives in the **San Francisco Bay Area**.

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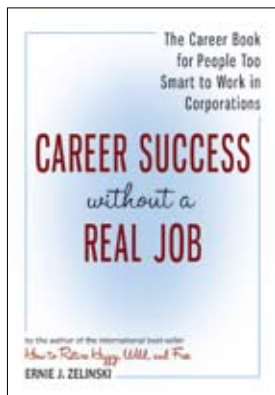


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## CAREER SUCCESS WITHOUT A REAL JOB

The Career Book for People Too Smart to Work in Corporations

BY ERNIE J. ZELINSKI



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"Ernie Zelinski helps others find the time to live."

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ERNIE J. ZELINSKI is a best-selling author, consultant, and lecturer on the subject of applying creativity to business and leisure. He lives in **Edmonton, Alberta, Canada**.

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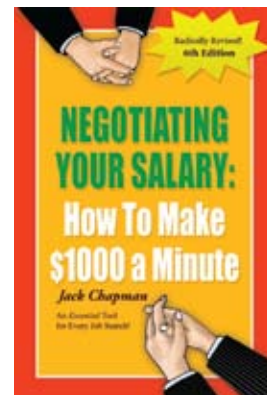


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JACK CHAPMAN has been known as "the Salary Coach" for the past 25 years. His successes range from helping executives add \$500,000 to their compensation package to aiding hourly workers gain an extra 50 cents an hour. He lives in **Wilmette, Illinois**.

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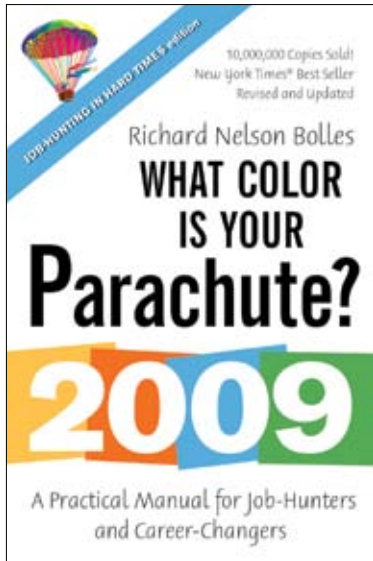
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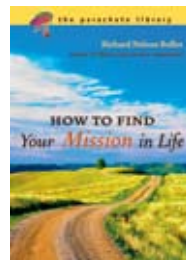
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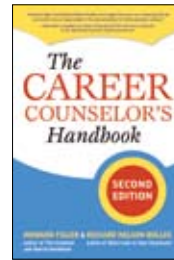
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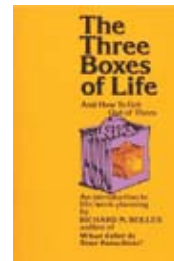
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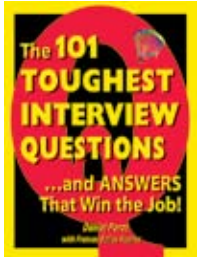
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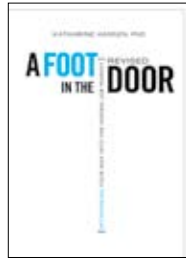


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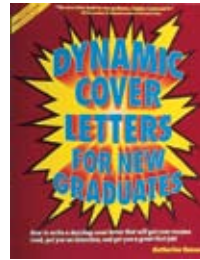
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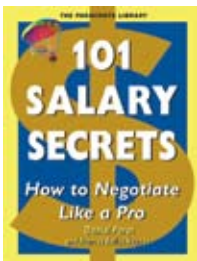
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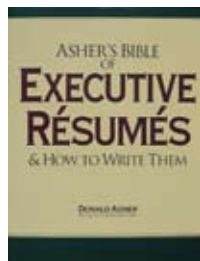


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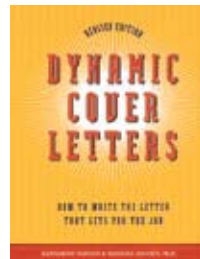
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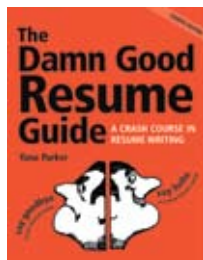
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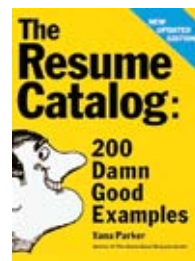
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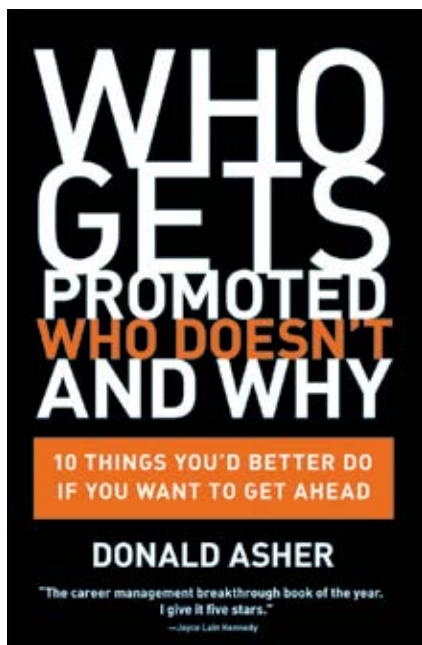
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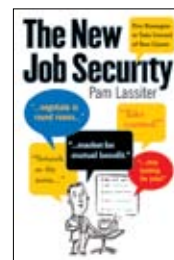
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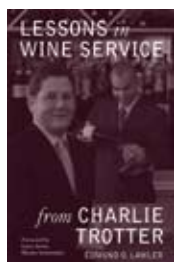
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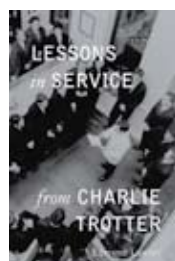
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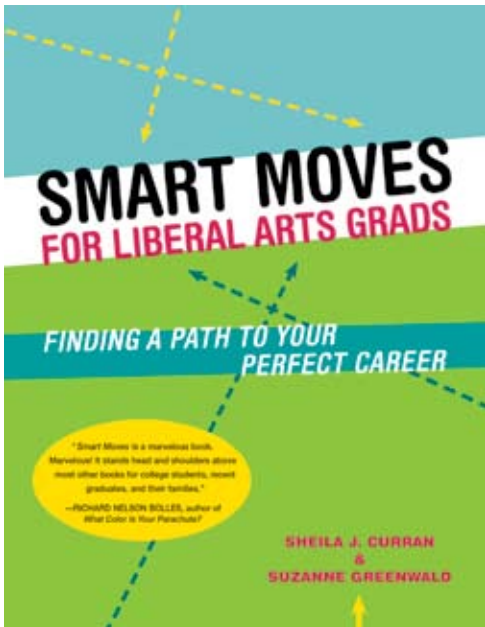


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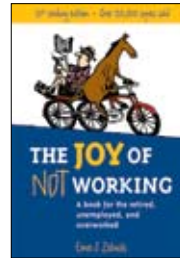
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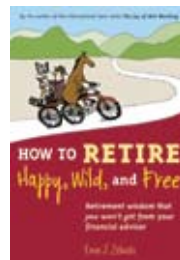
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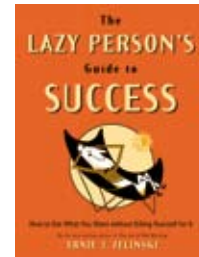


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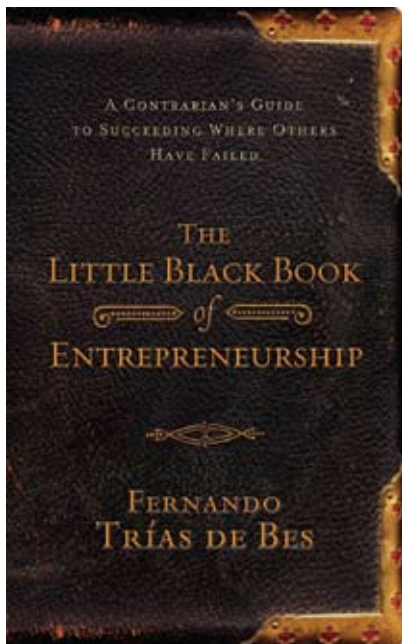
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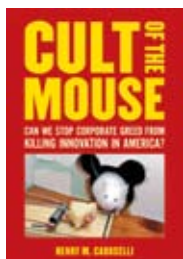
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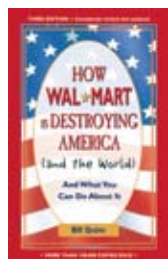
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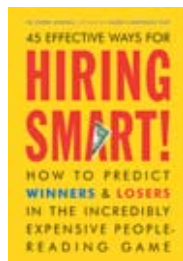


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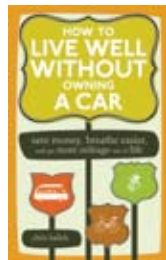
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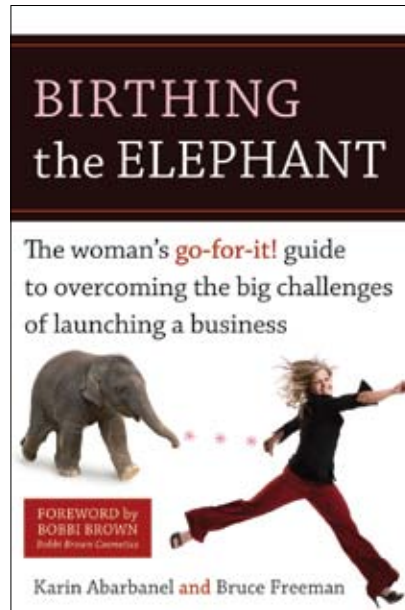
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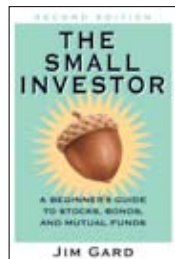
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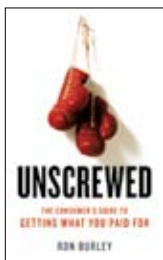
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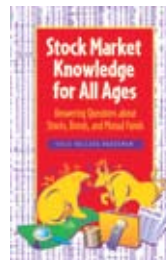
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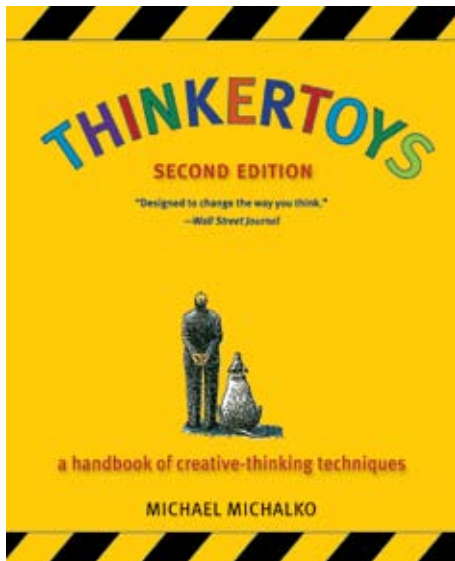
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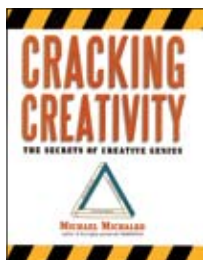
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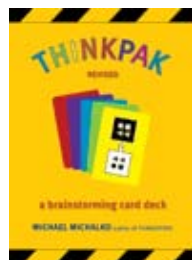
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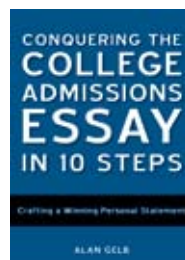
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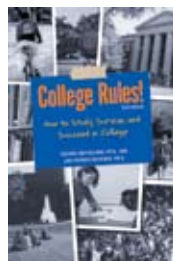
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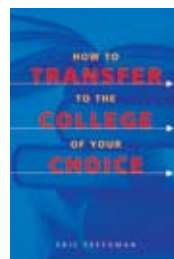
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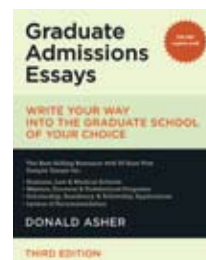
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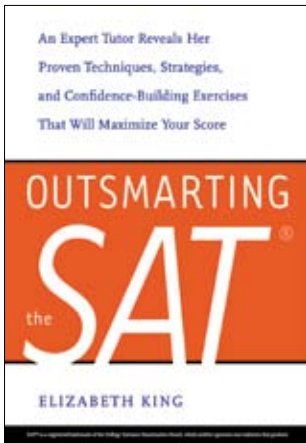


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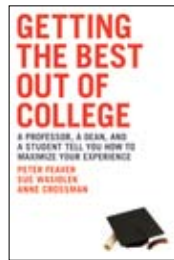
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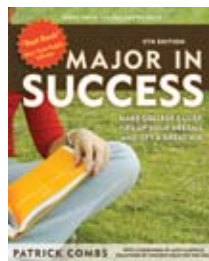
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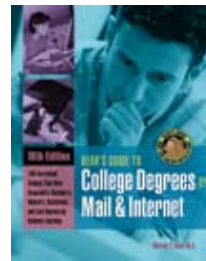
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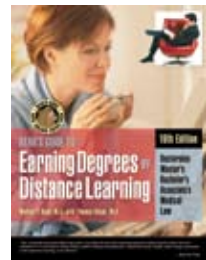
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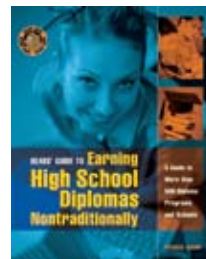
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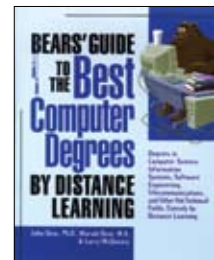
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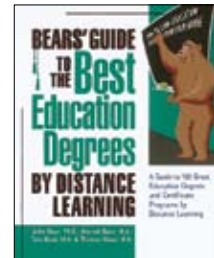
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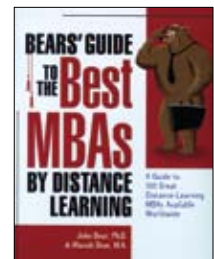
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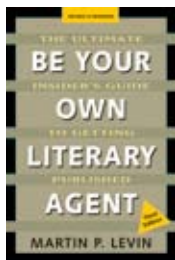
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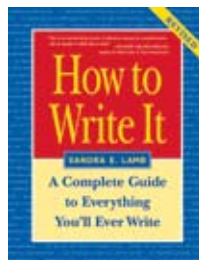
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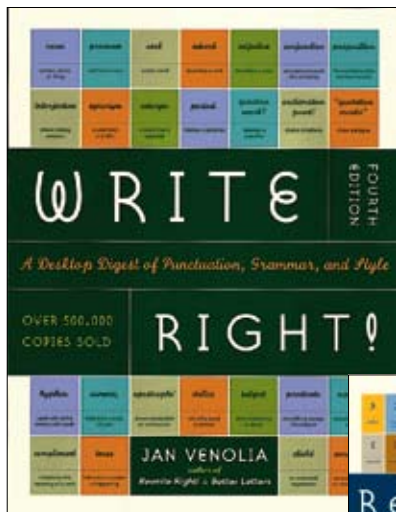
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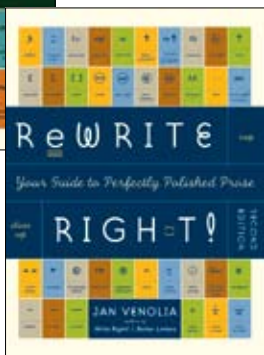
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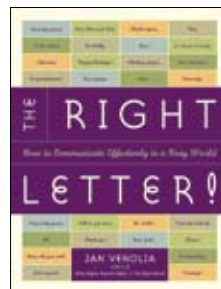
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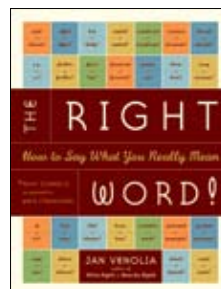
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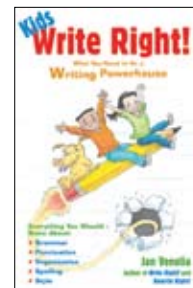
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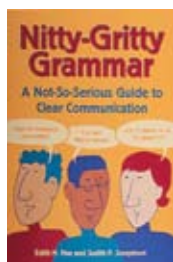
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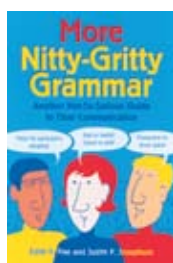
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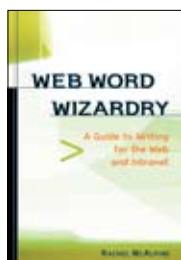
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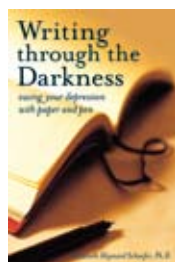
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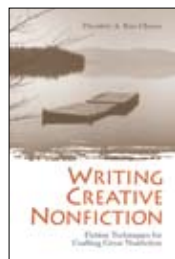
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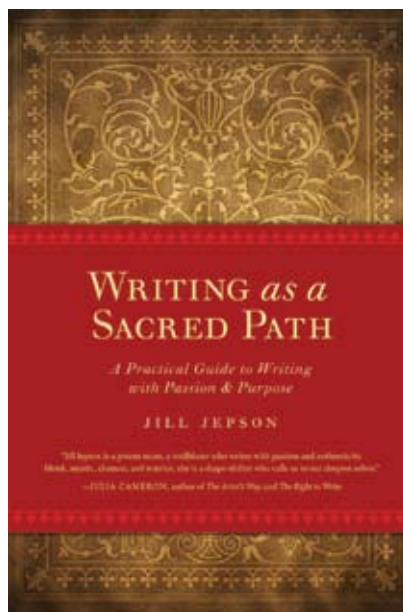
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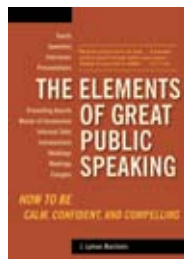


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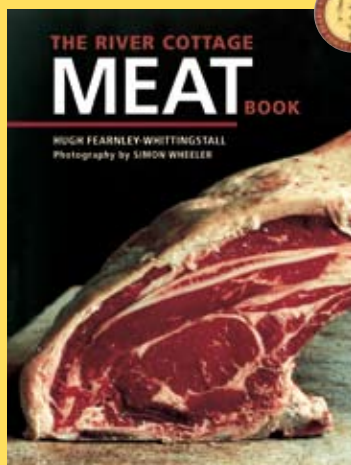


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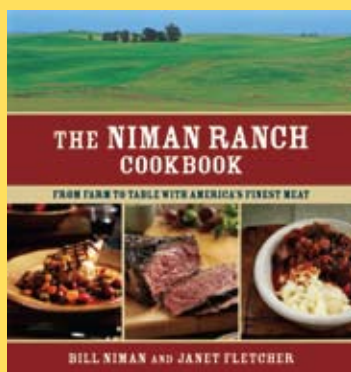
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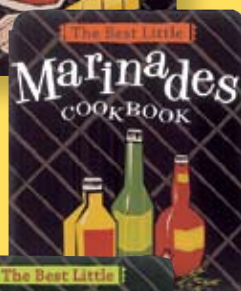


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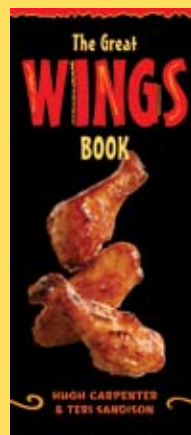
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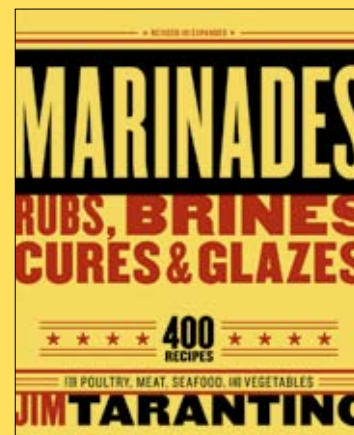


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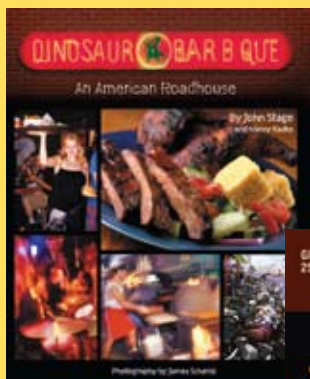
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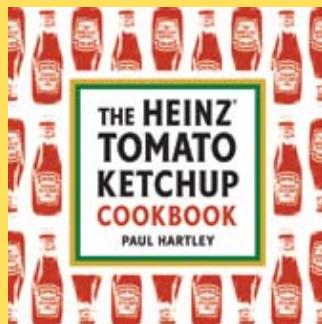
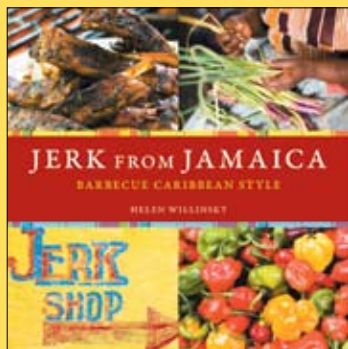
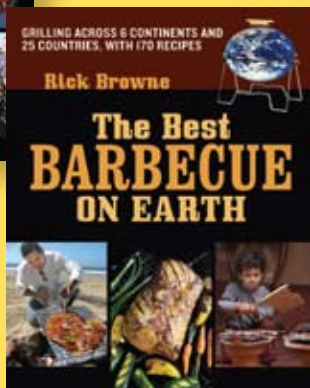
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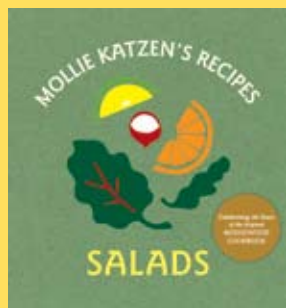
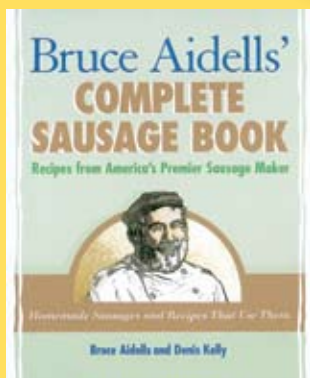
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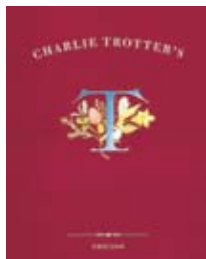
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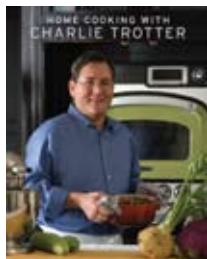
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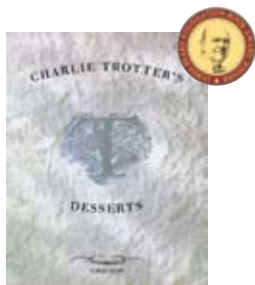
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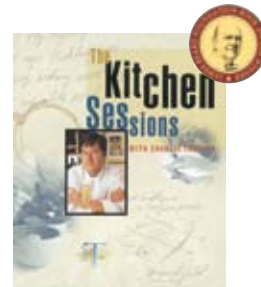
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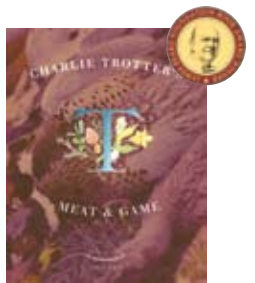
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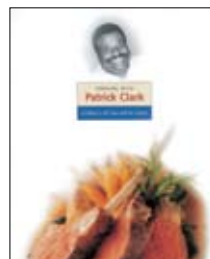
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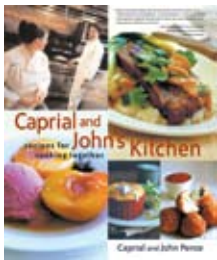
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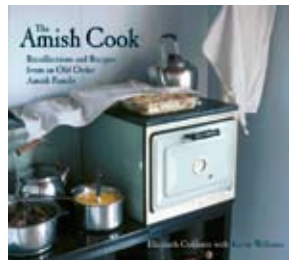
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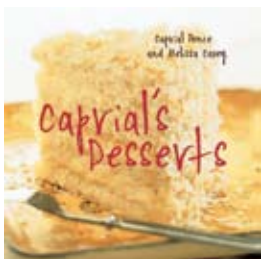
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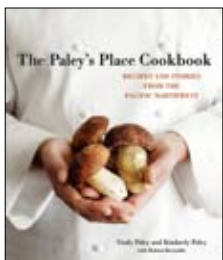
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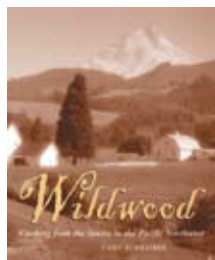
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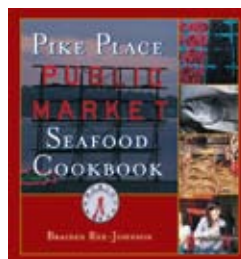
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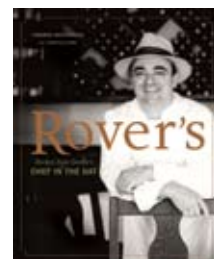
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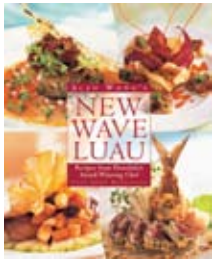


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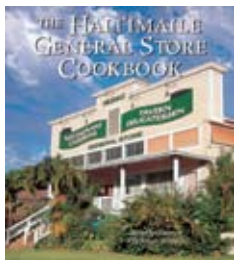


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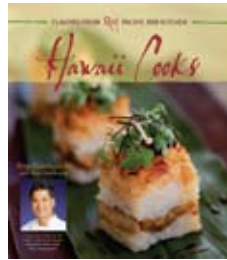


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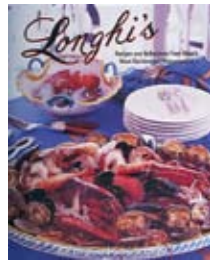


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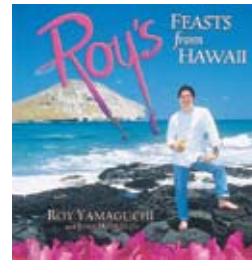
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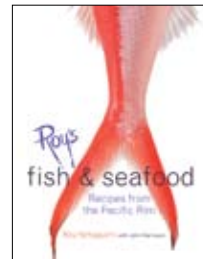
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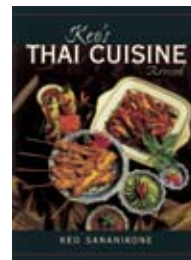
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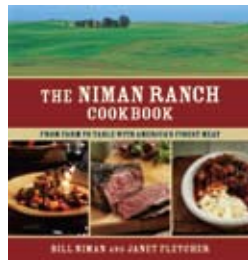


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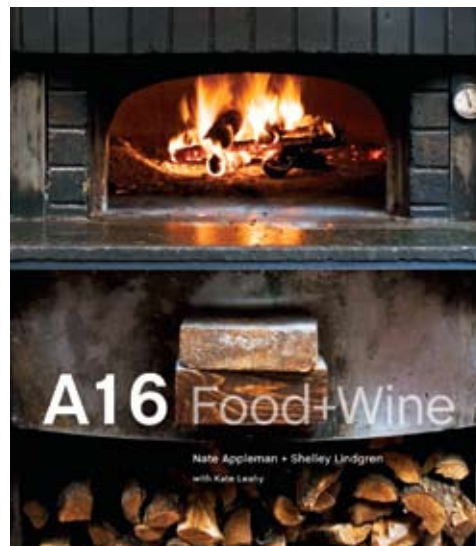
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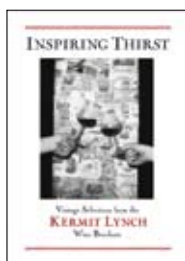


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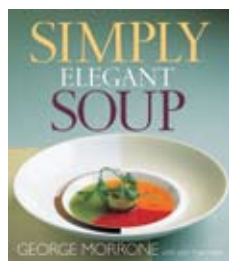
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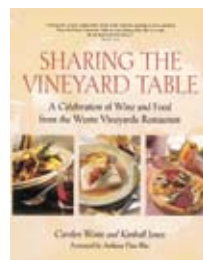
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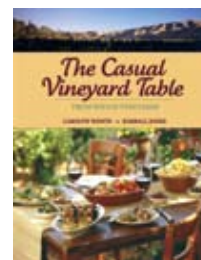
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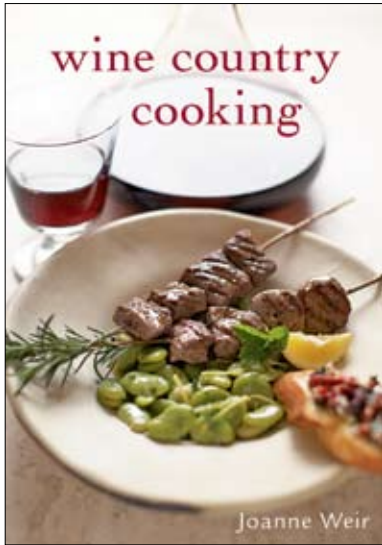


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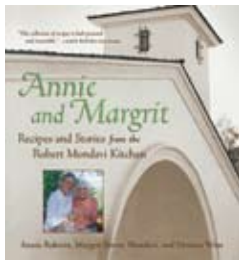
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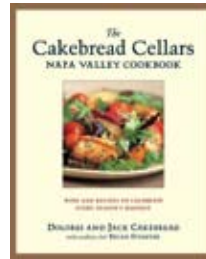
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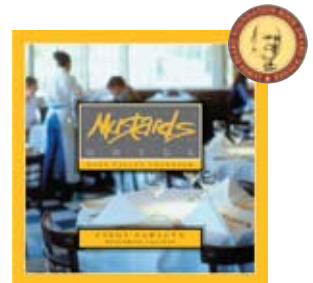
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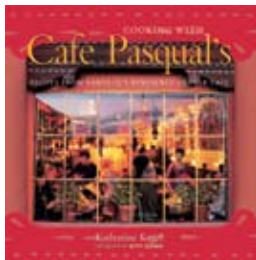
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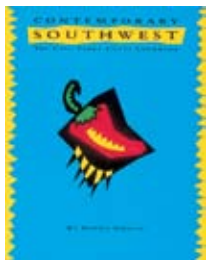
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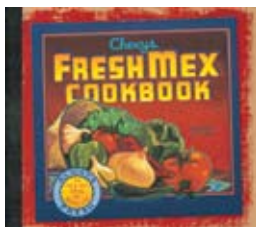
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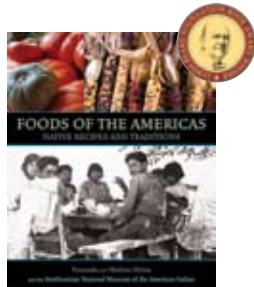
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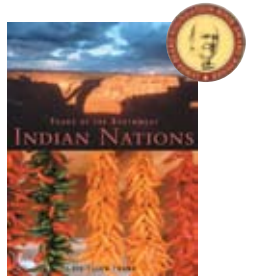
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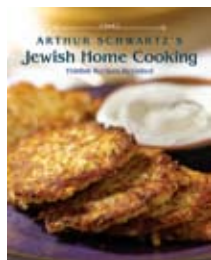
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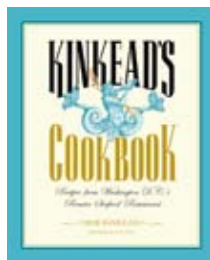
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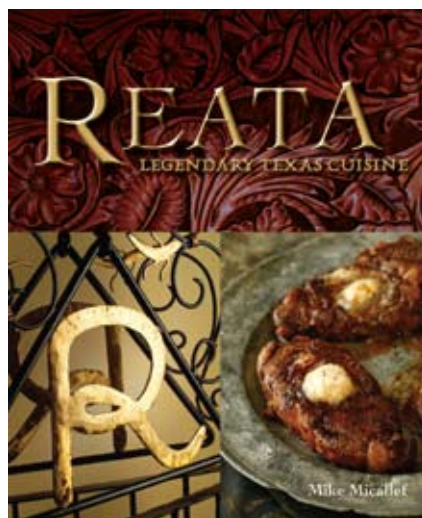
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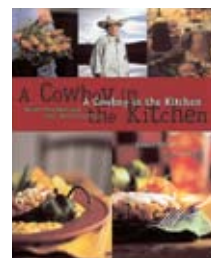
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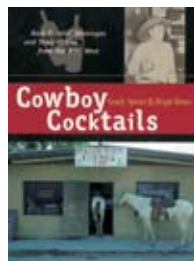
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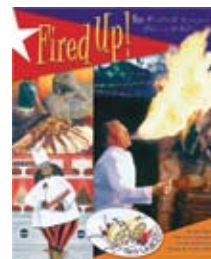
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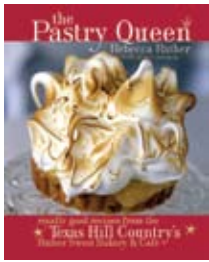
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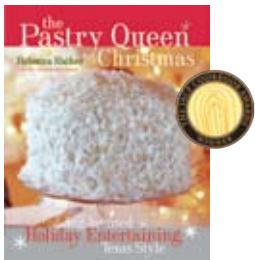
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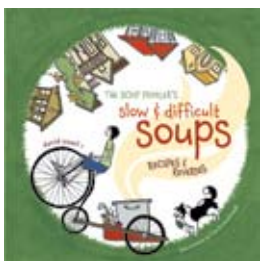
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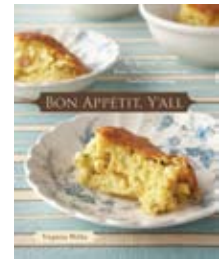
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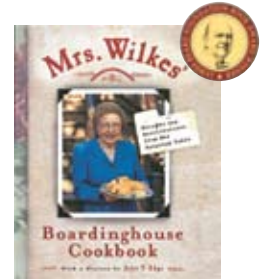
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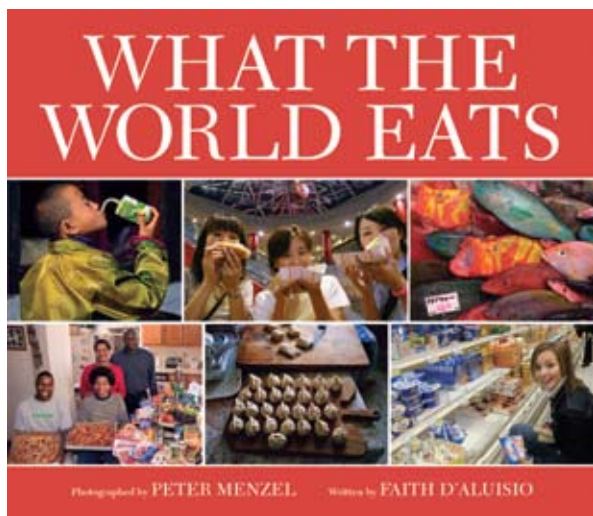
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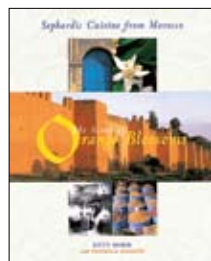
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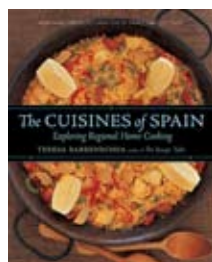
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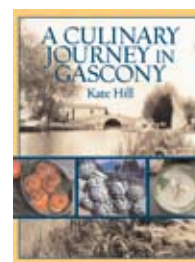
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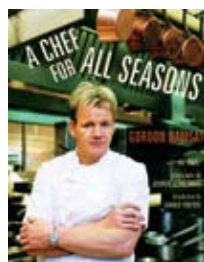
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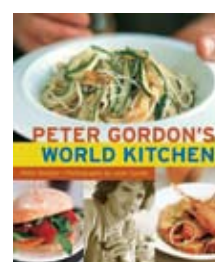
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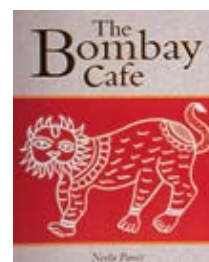
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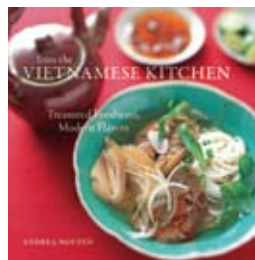
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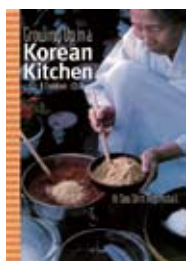
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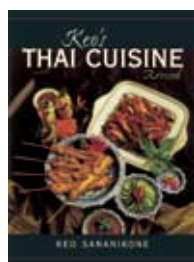
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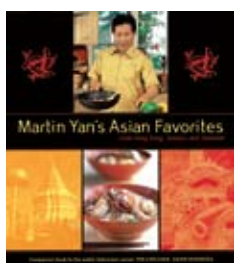
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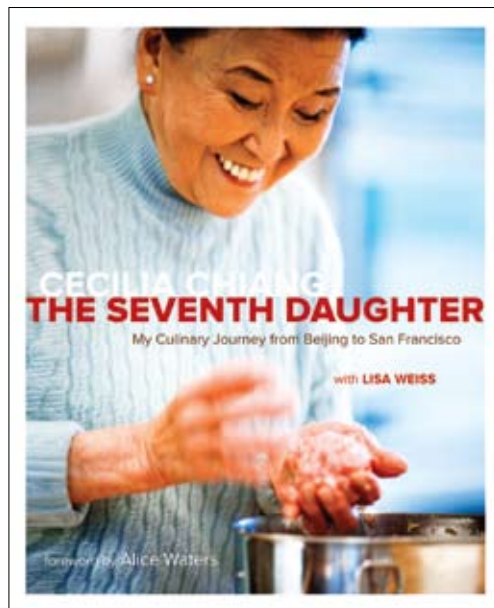
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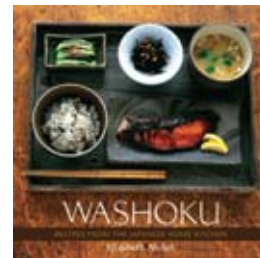
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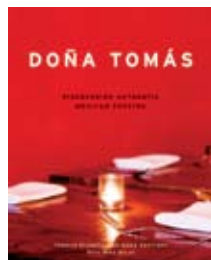


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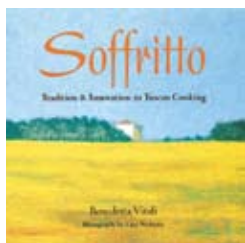
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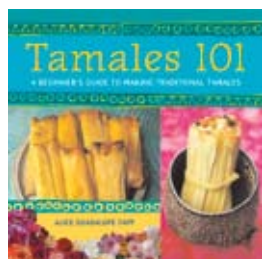
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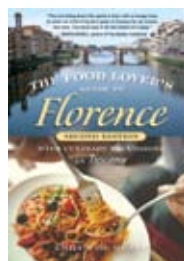
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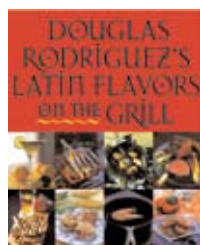


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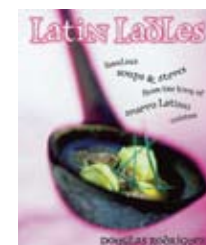
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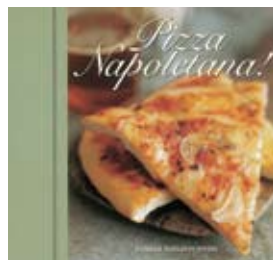
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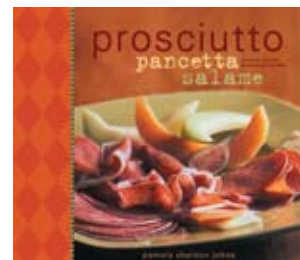
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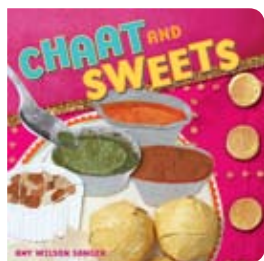
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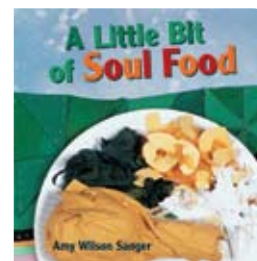
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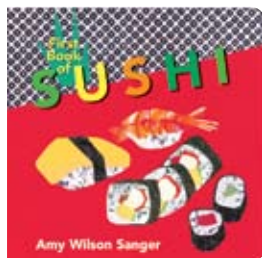
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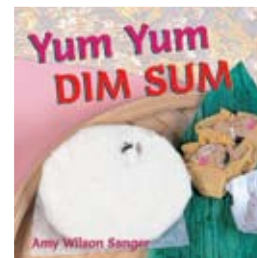
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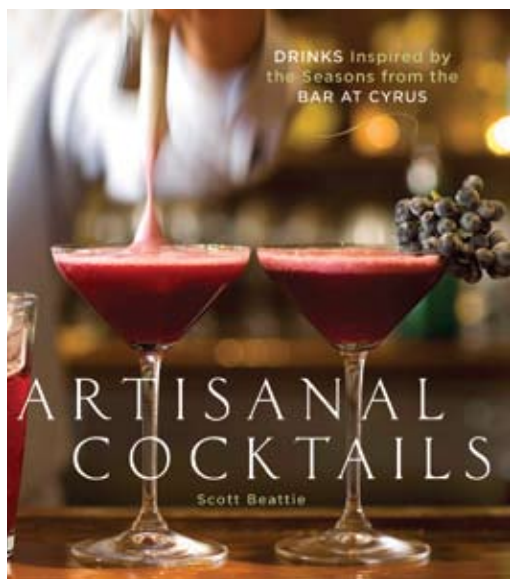
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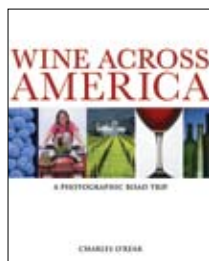
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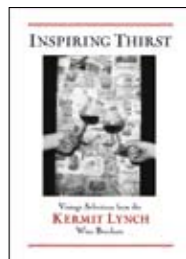
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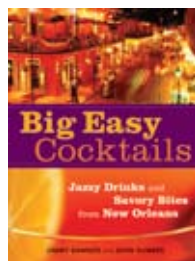
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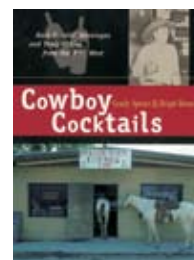
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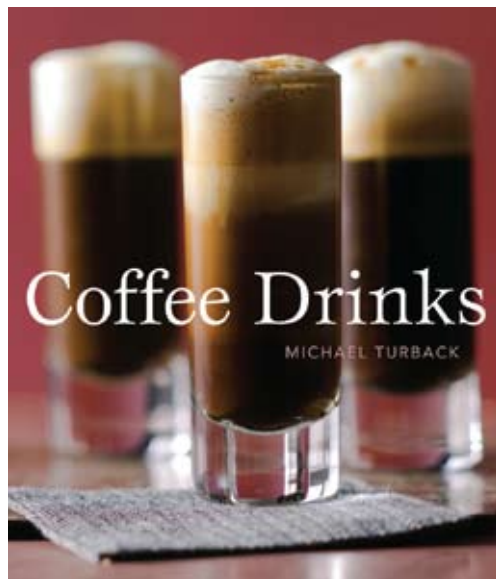
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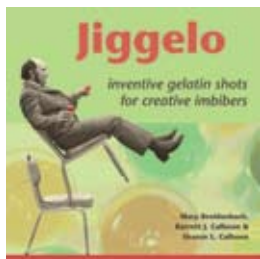
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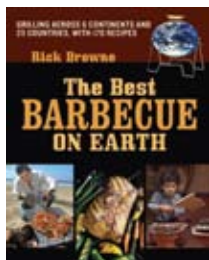
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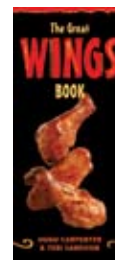
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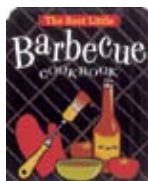
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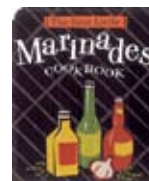
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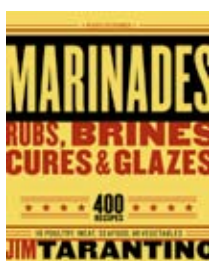
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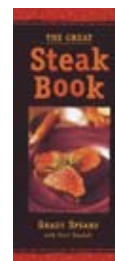


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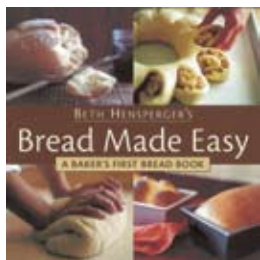
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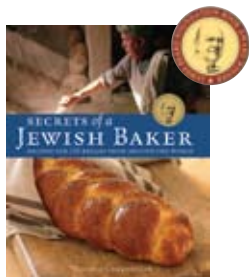


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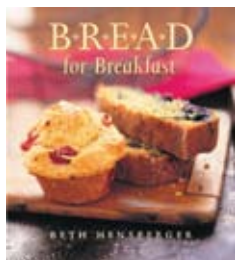
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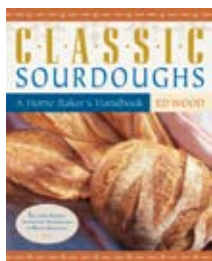
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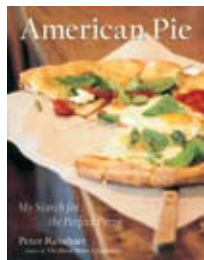


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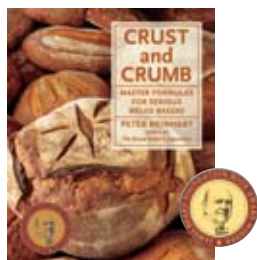


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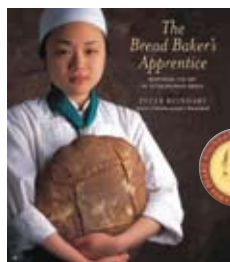
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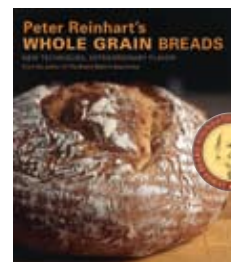
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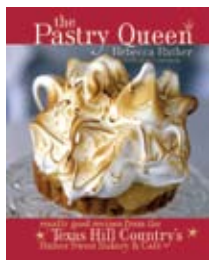
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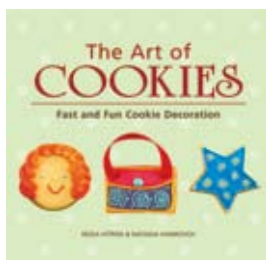
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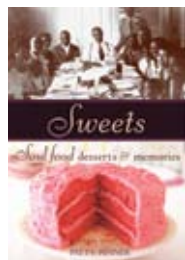
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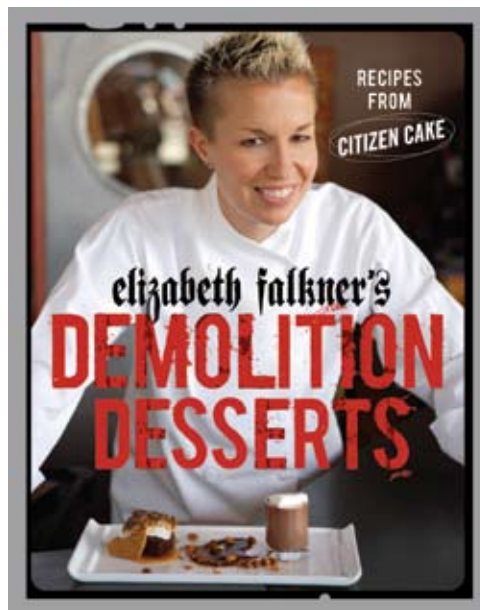
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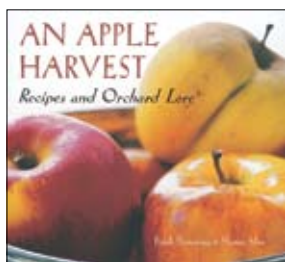


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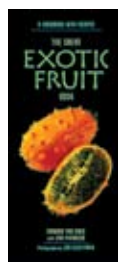
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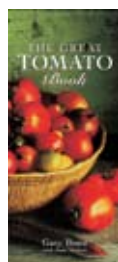
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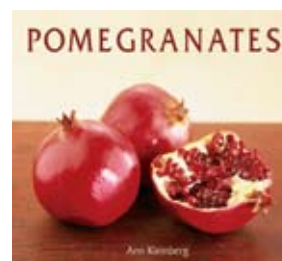
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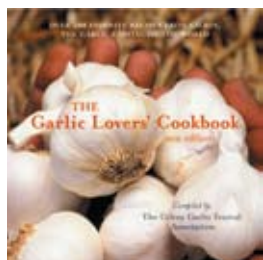
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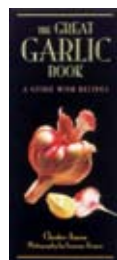
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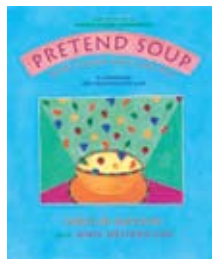


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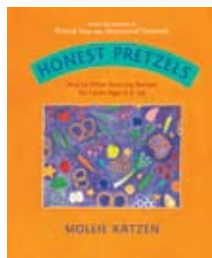
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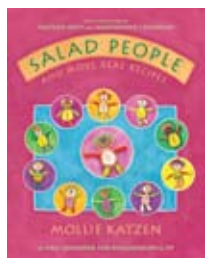
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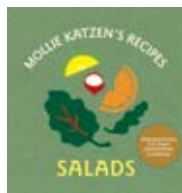
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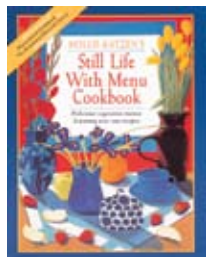
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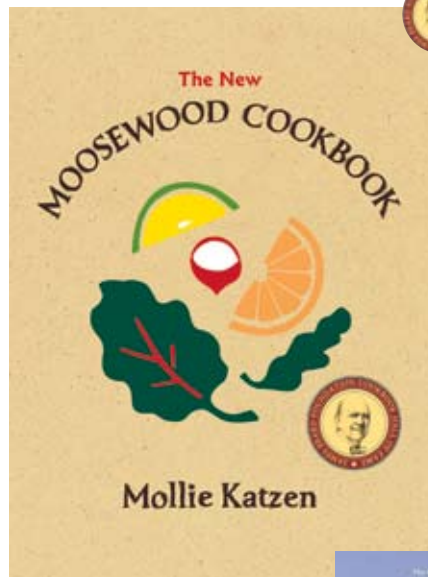
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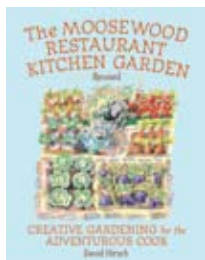


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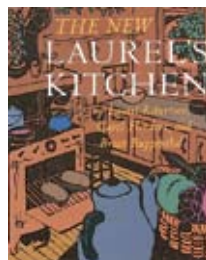
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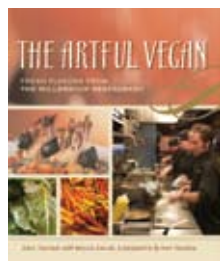
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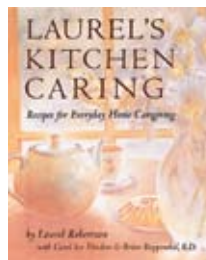
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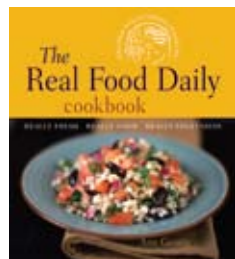
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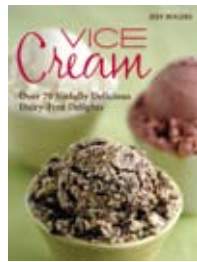
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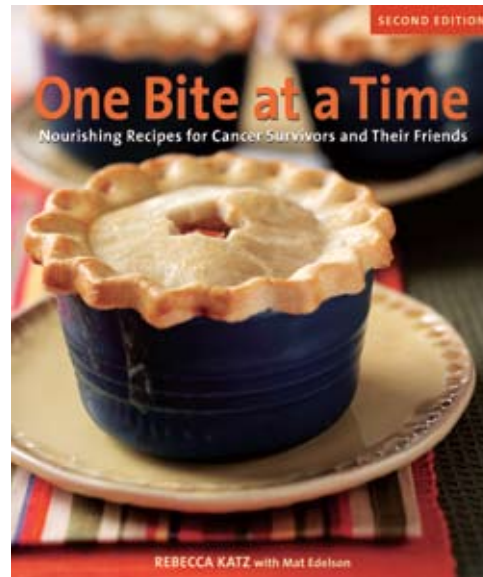
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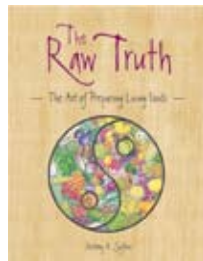
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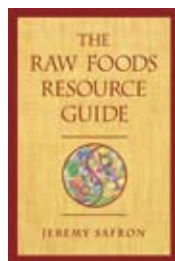


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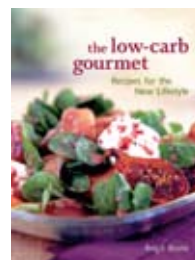
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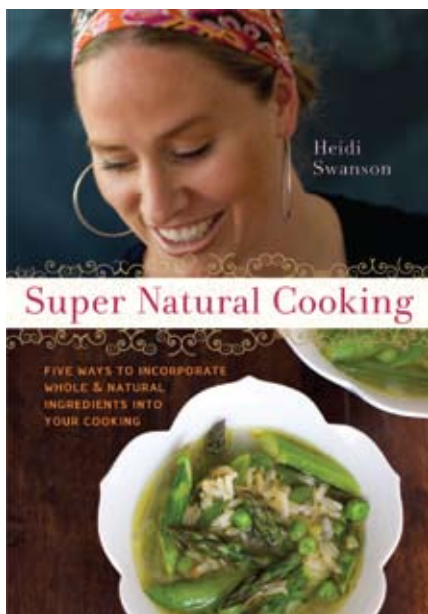
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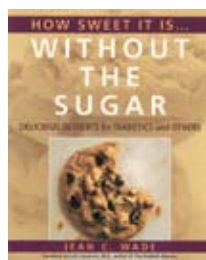
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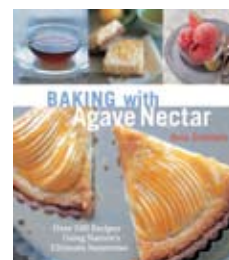
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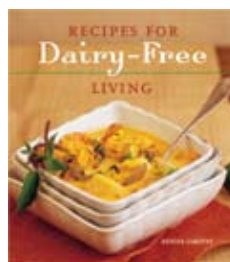
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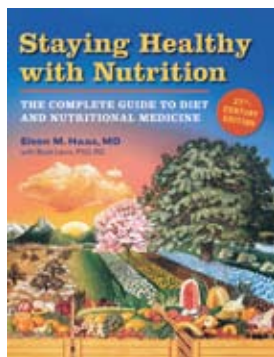


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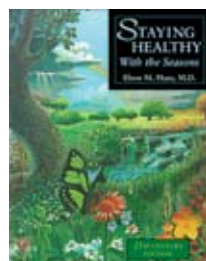


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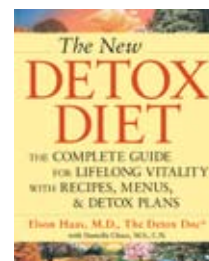
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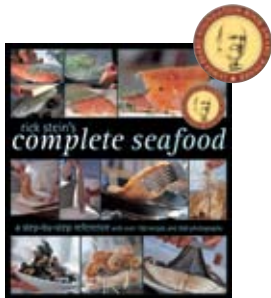
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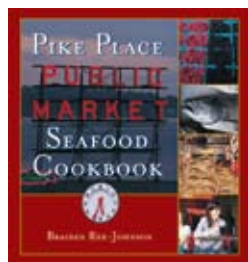
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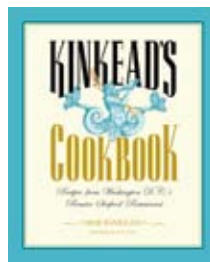
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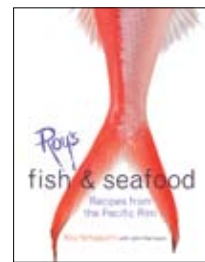
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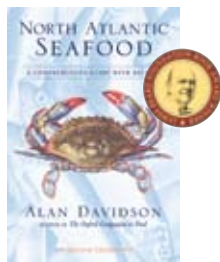
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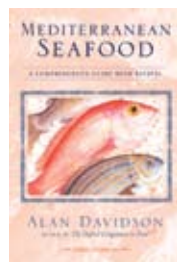
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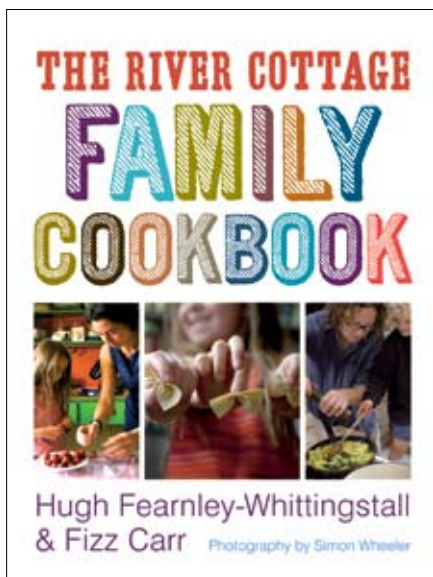


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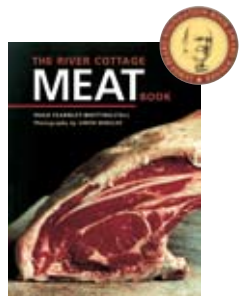
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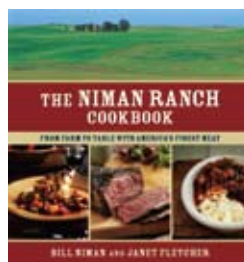
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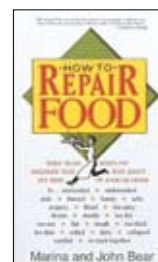
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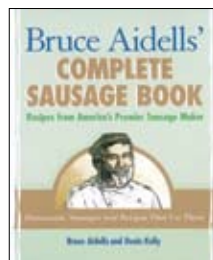
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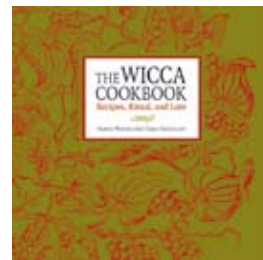
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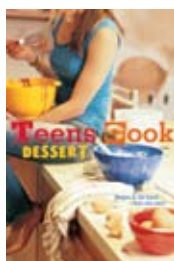
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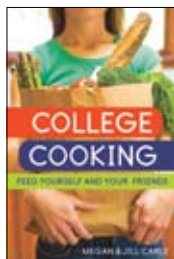


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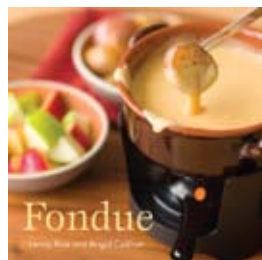


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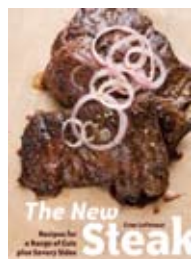
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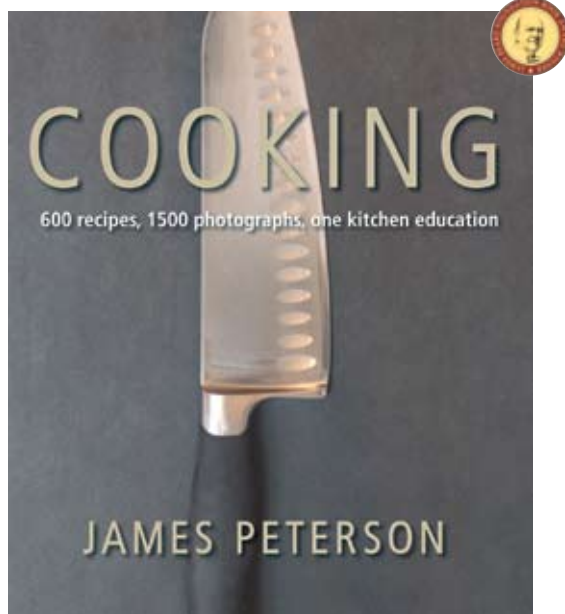


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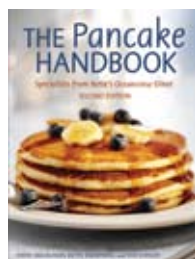
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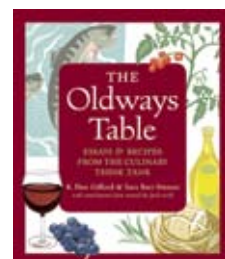
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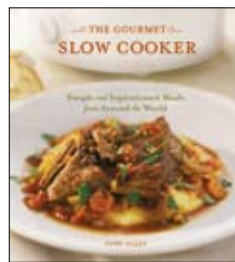
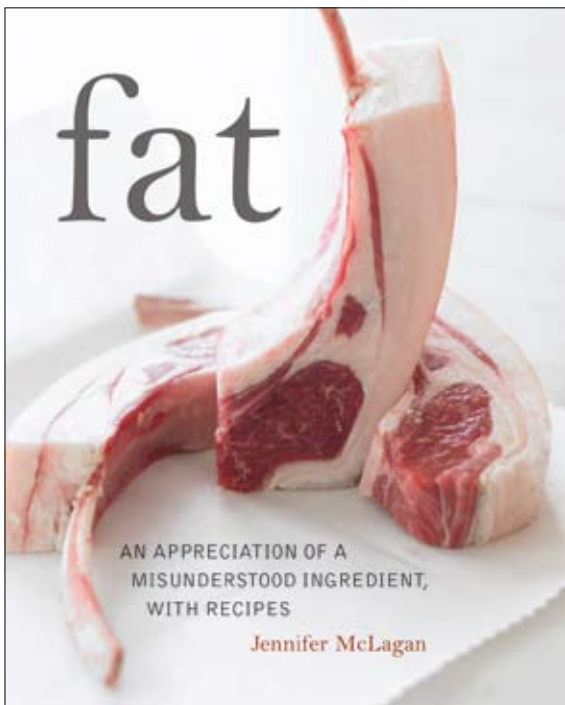
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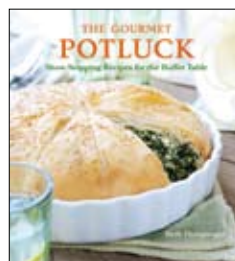
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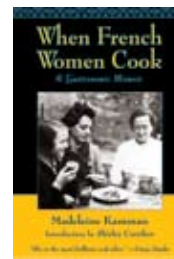
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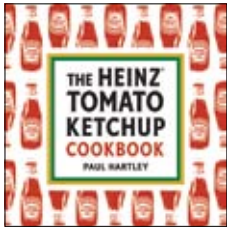
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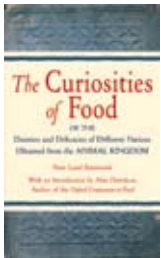
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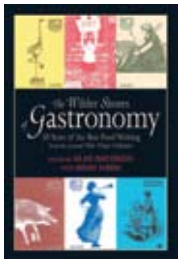
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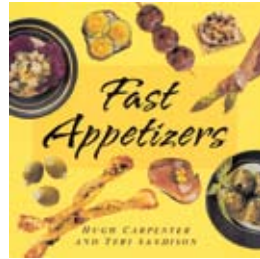
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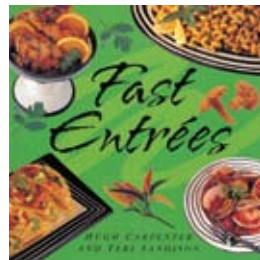
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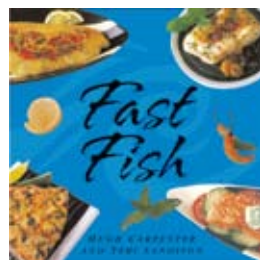
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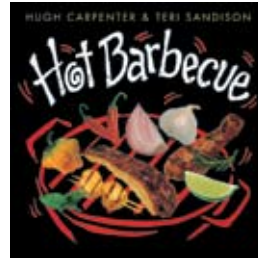
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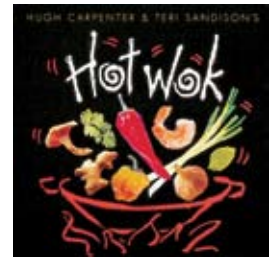
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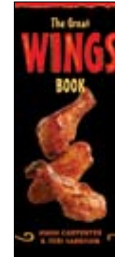
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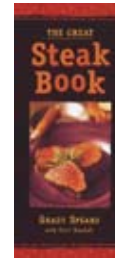
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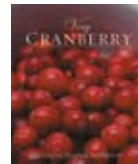
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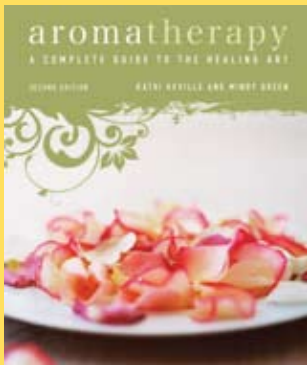
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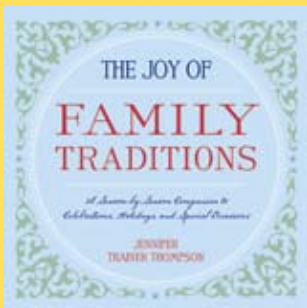
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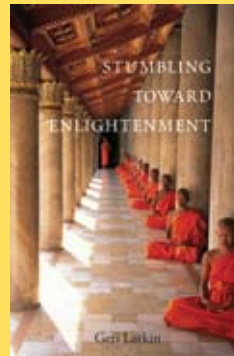
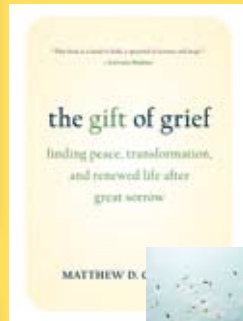
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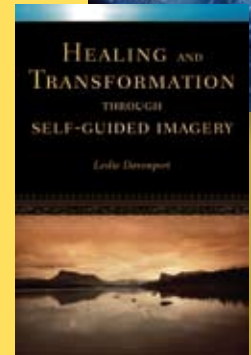
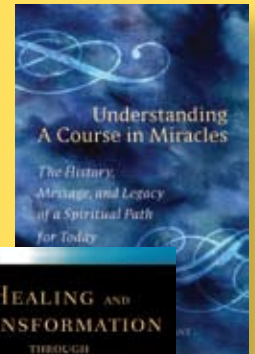
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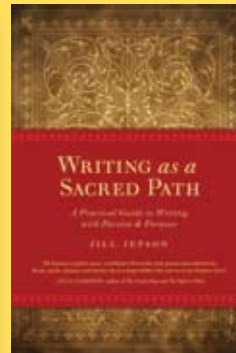
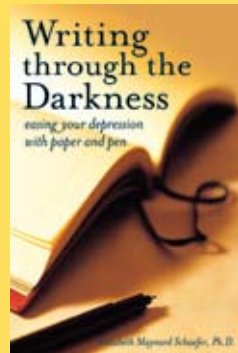
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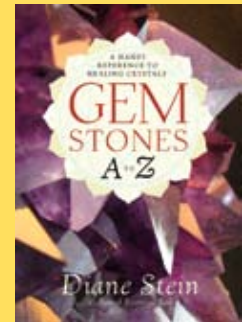
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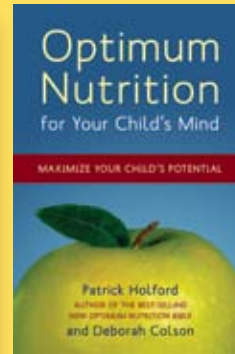
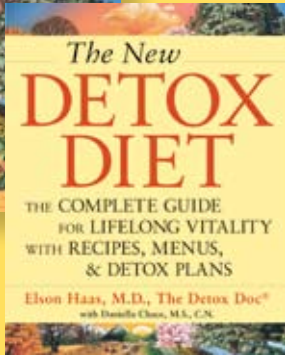
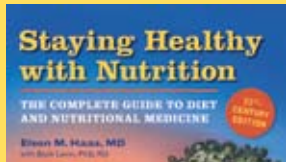
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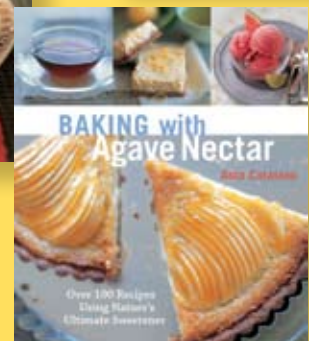
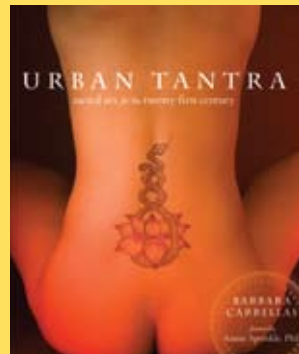
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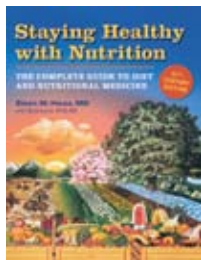
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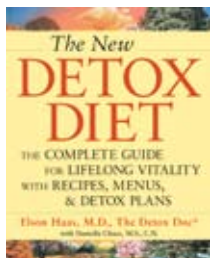
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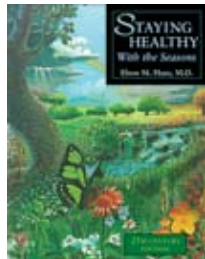
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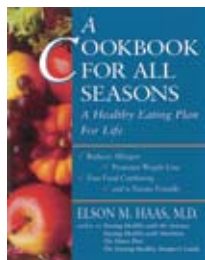
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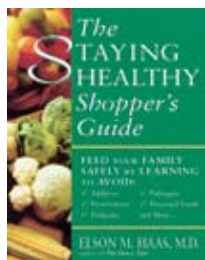
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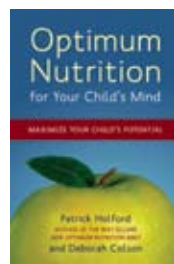
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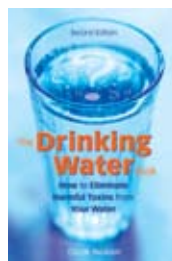
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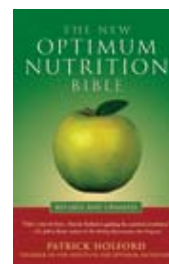
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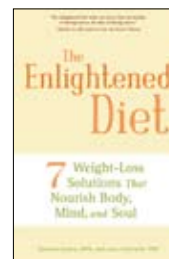
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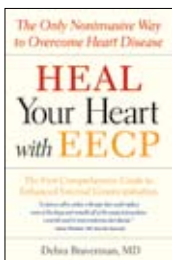
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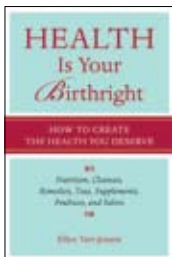


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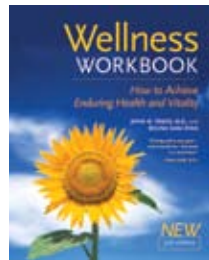
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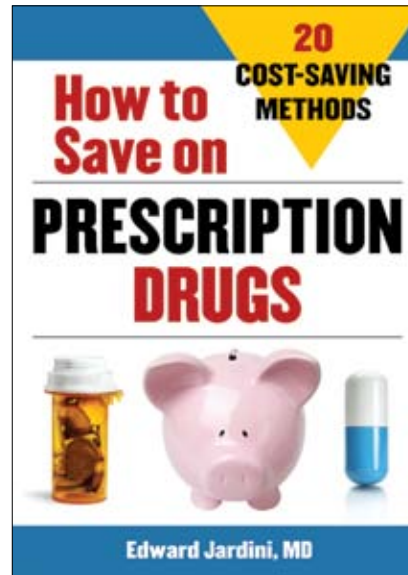
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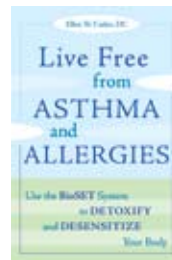
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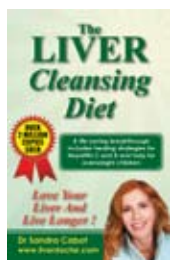


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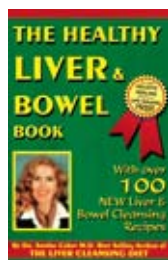
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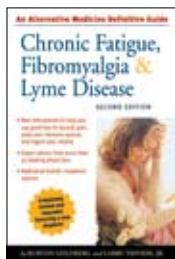
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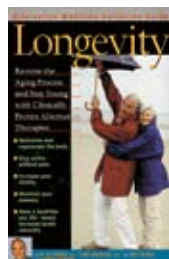
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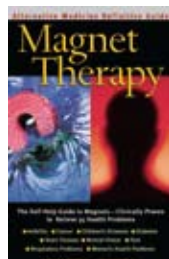
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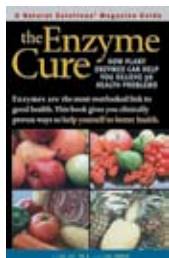
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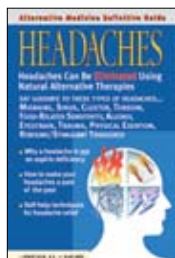
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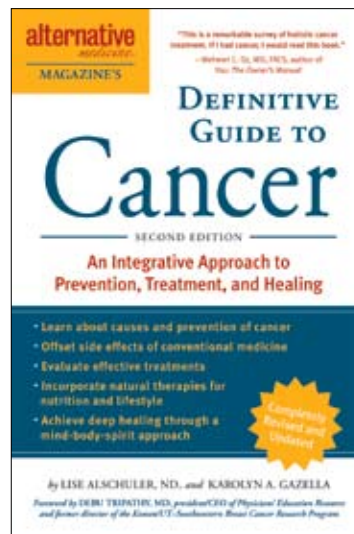
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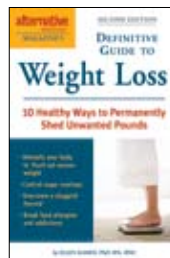
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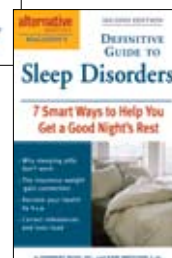
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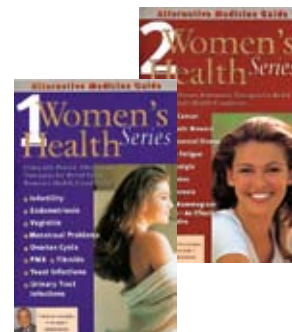
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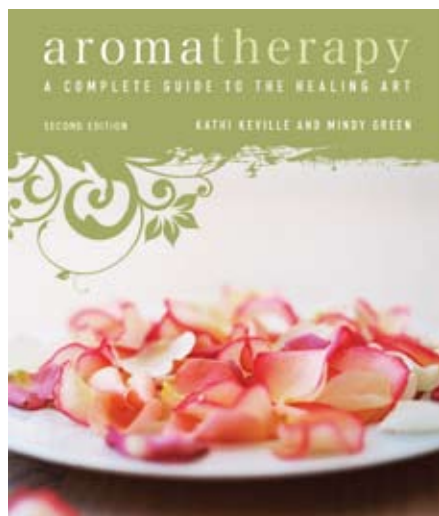
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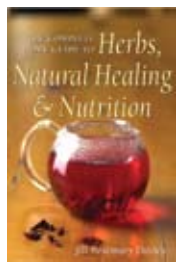
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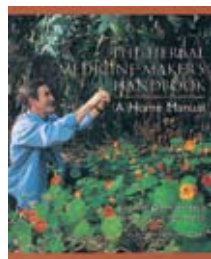
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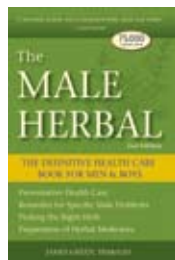


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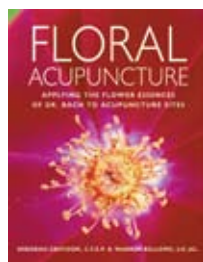


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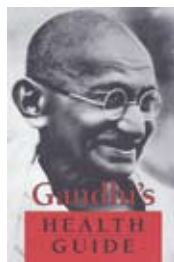


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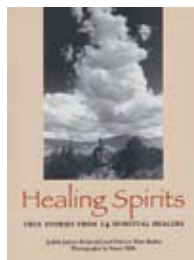
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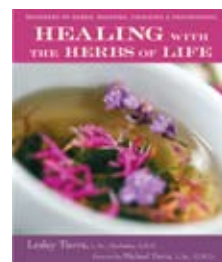


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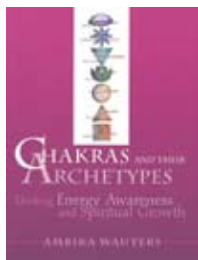
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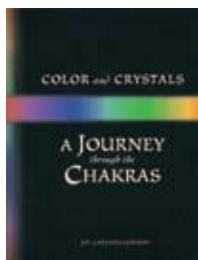
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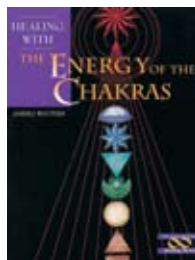
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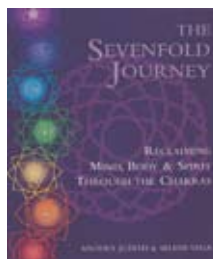
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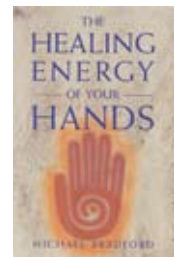
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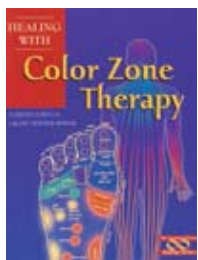
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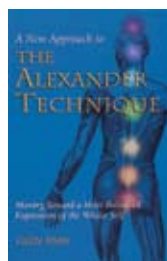
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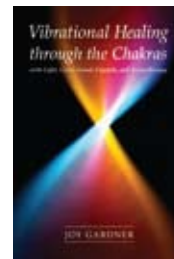
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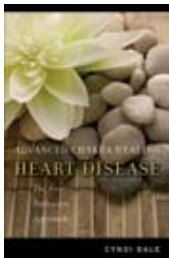
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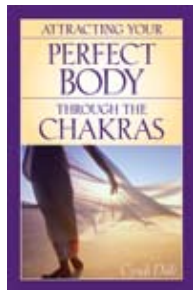
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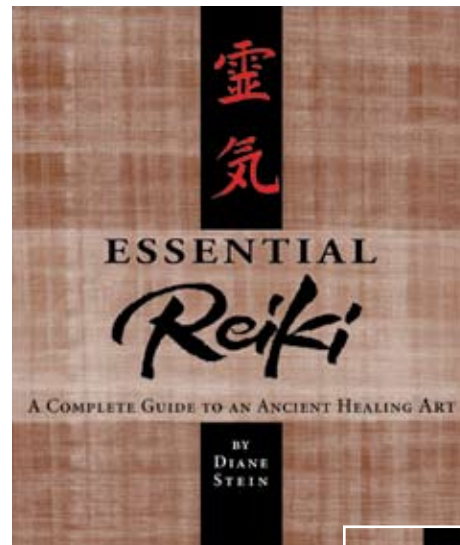
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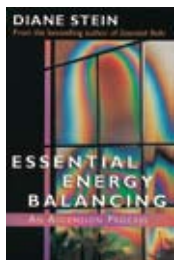
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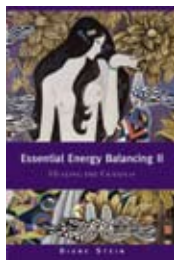
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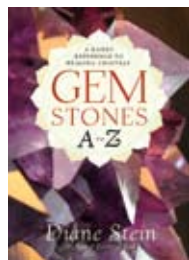
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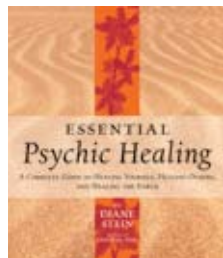
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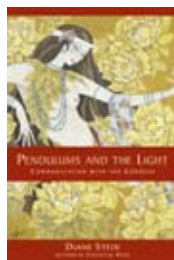
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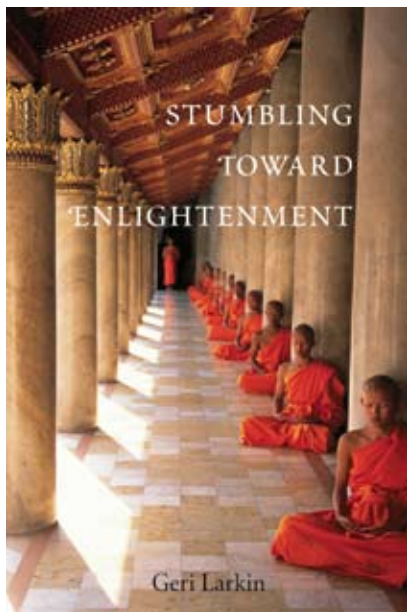
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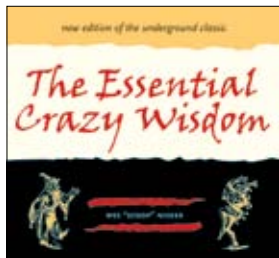
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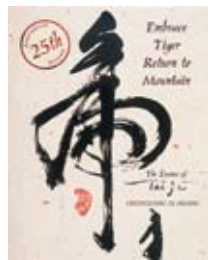
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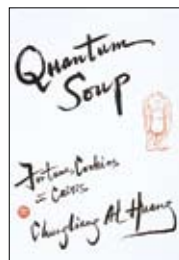
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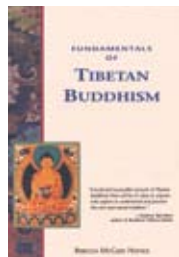
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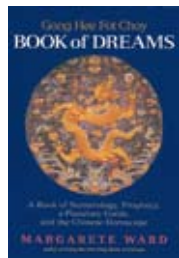
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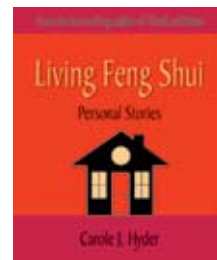
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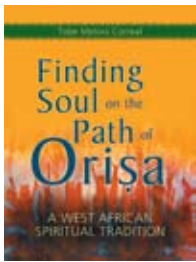
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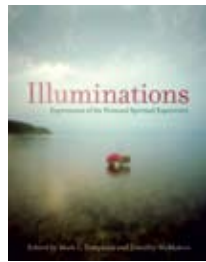
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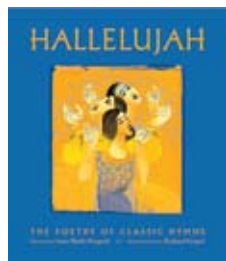
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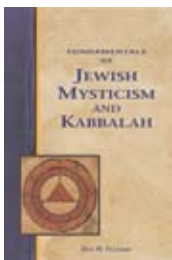
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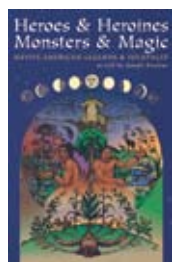
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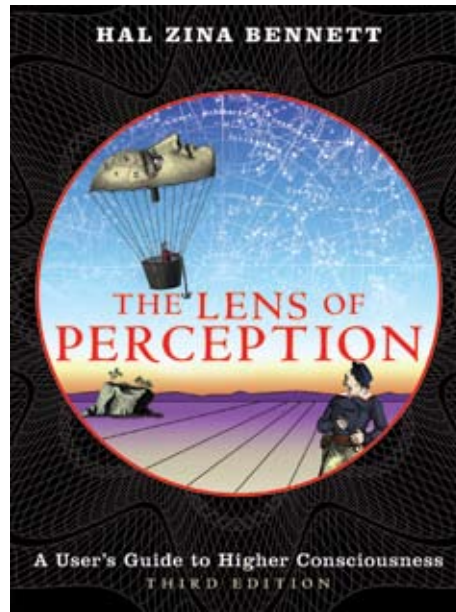
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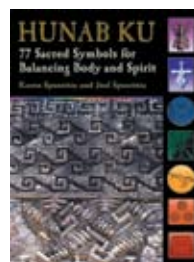


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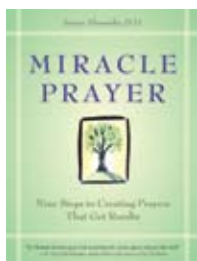
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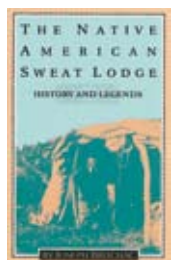
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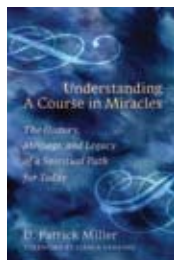
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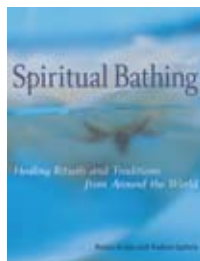


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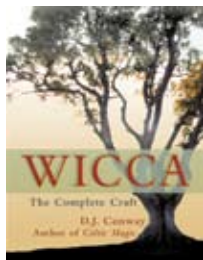
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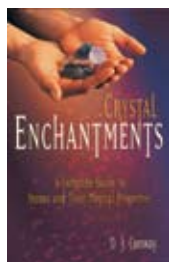
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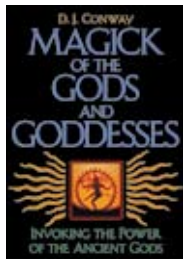
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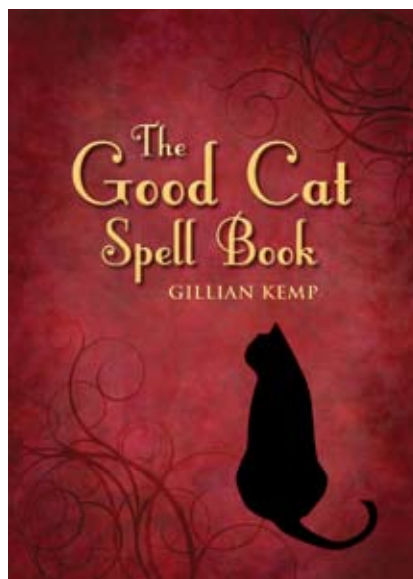
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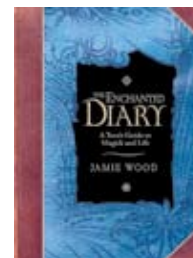
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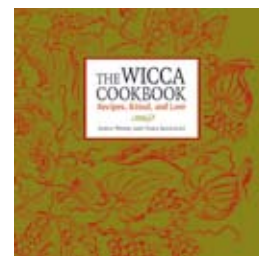
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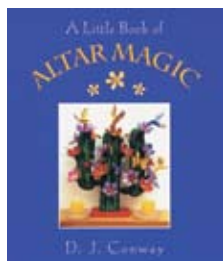


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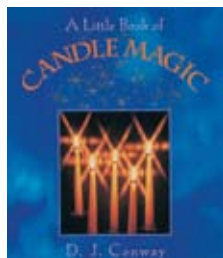


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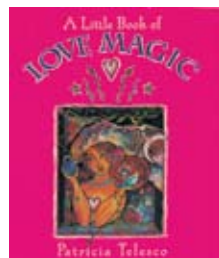
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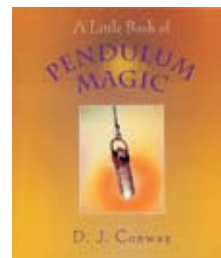
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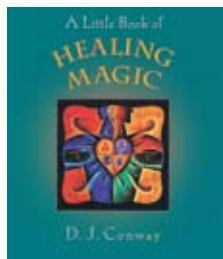
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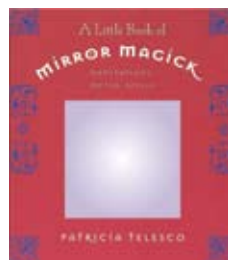
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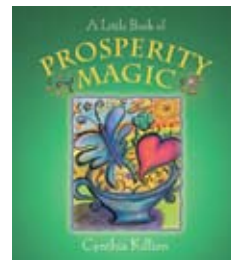
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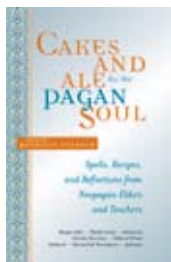
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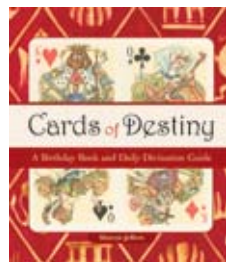
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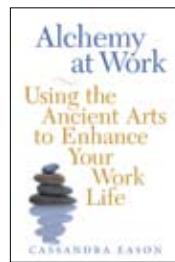
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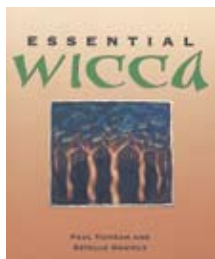
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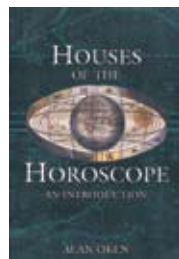
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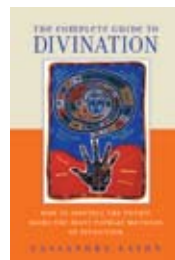
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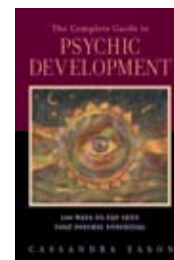
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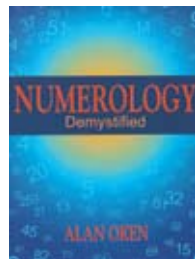
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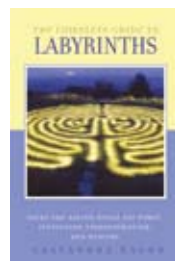
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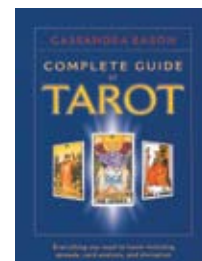
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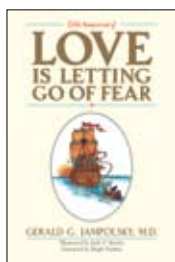
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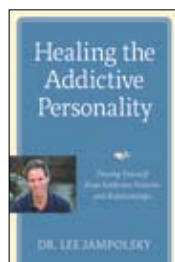
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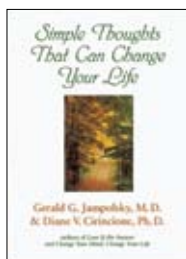
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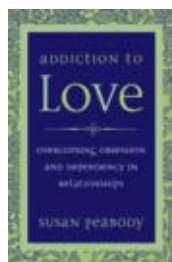
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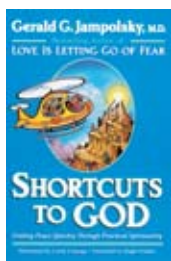
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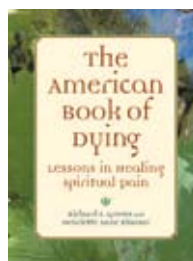
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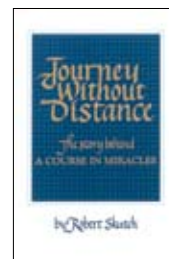
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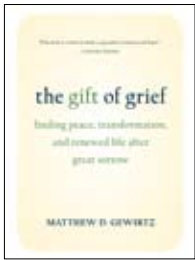
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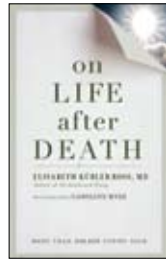
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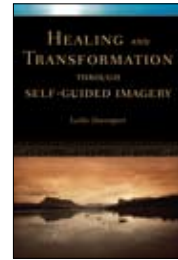
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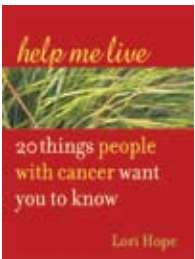
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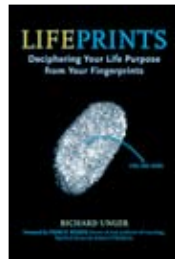
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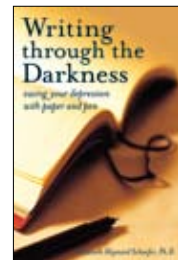
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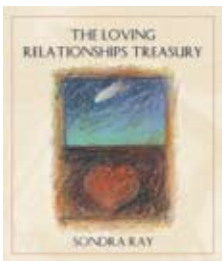
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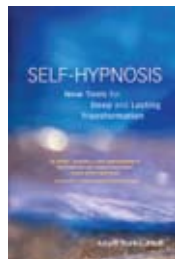
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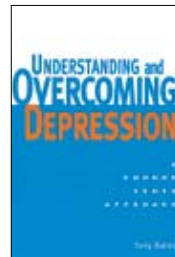
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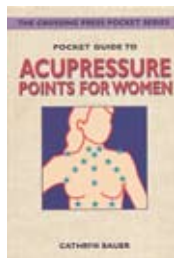
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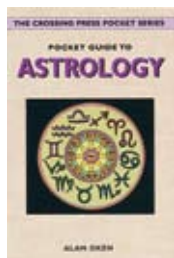


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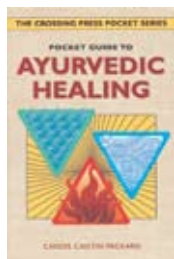
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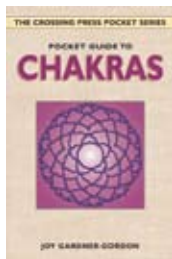


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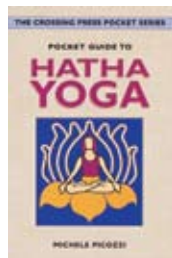
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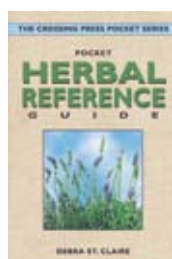


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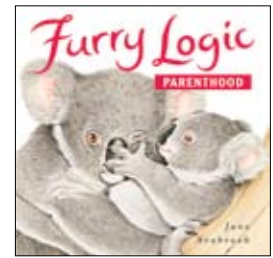
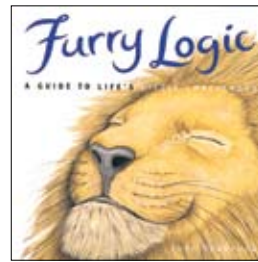
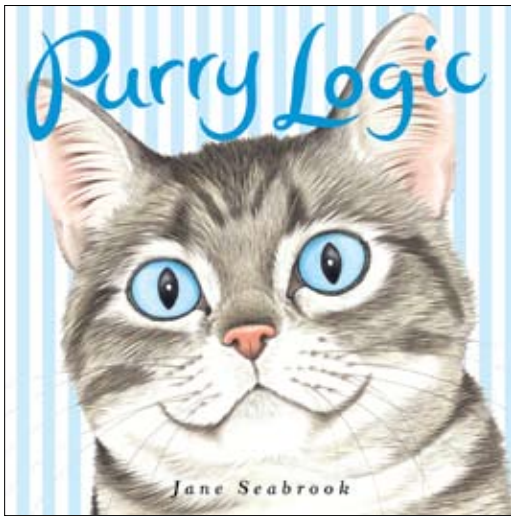
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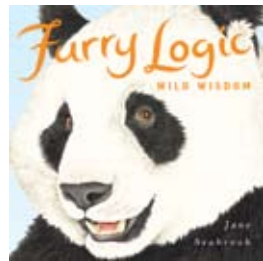
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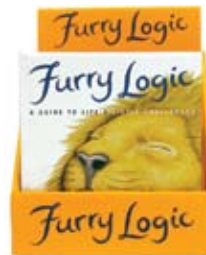
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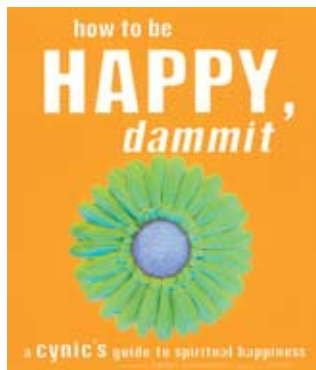


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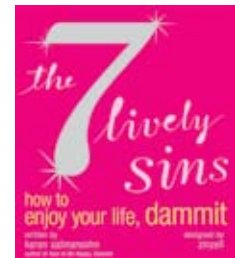
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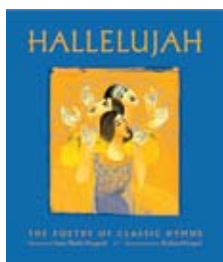
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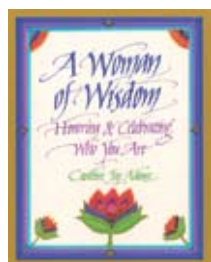
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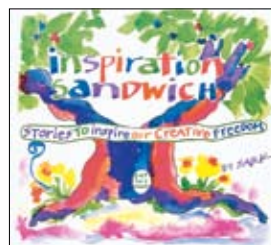
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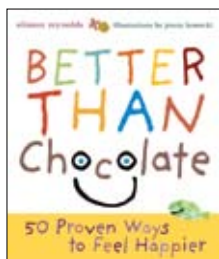
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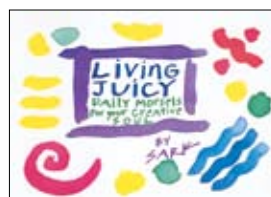


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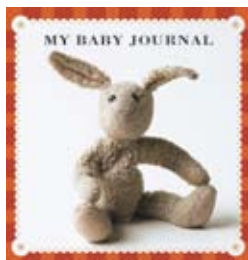
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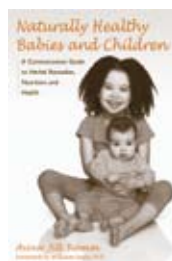
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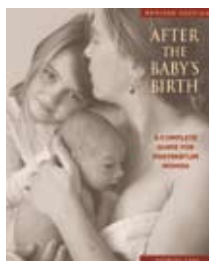
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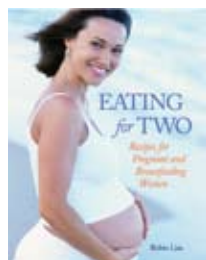
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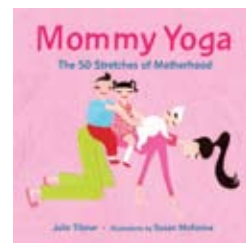
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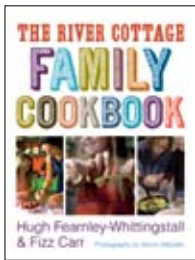
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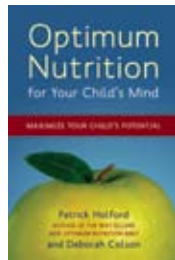
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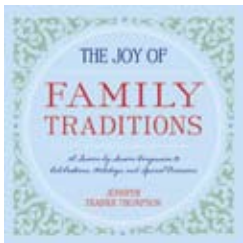
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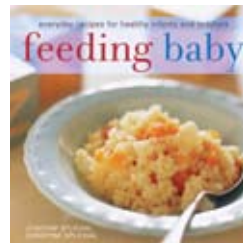
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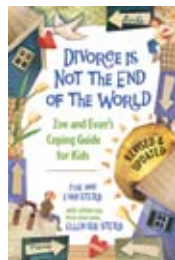
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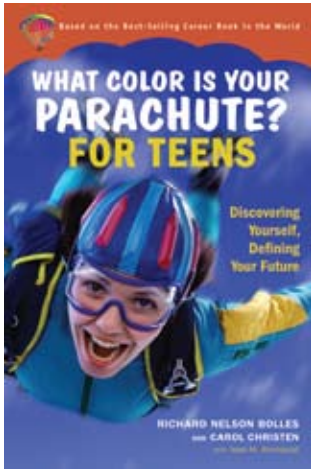


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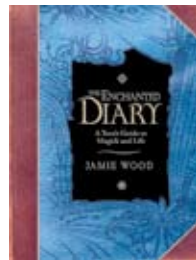
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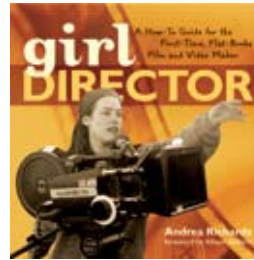
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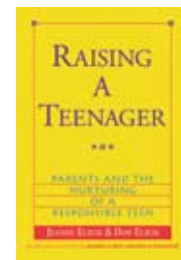
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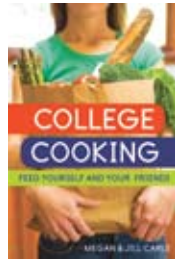


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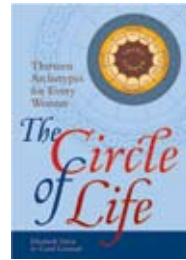
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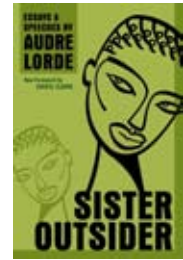
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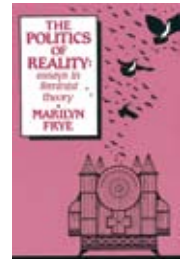
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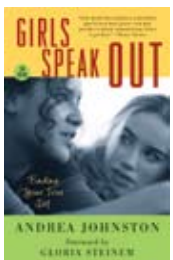
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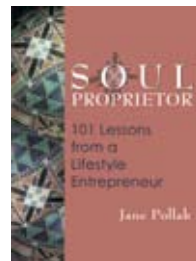


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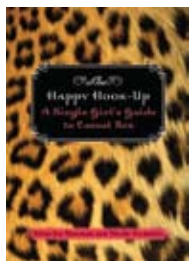
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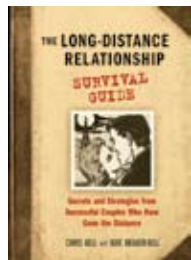
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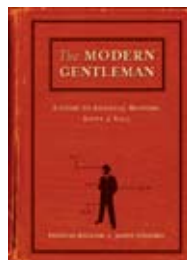
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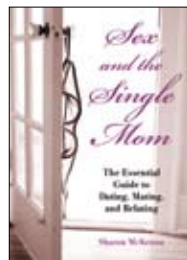
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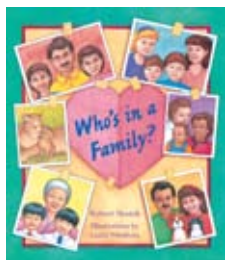
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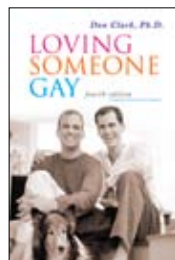
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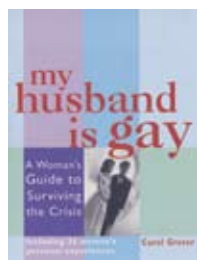
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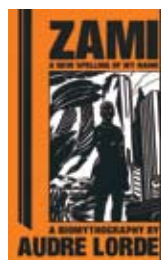
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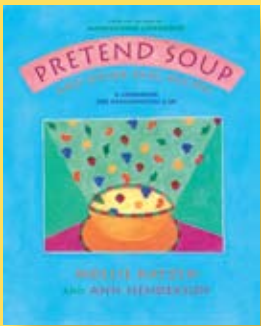
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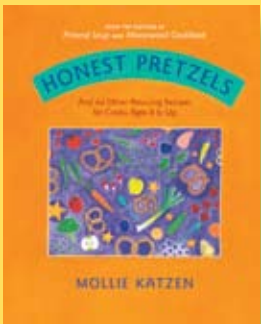
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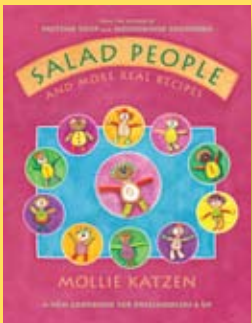
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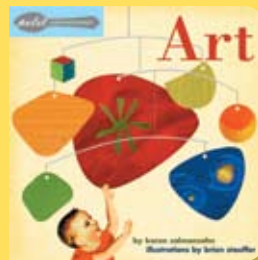


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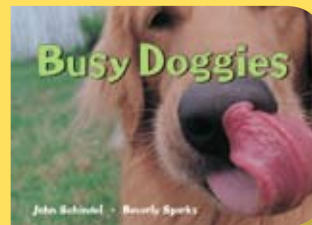


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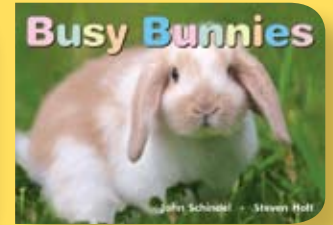


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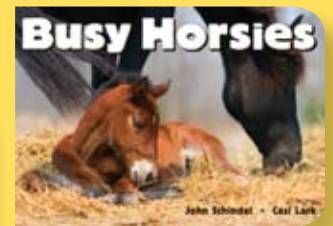
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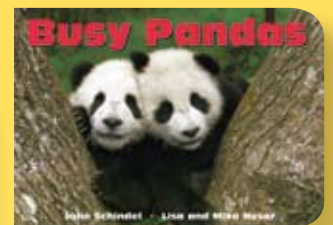


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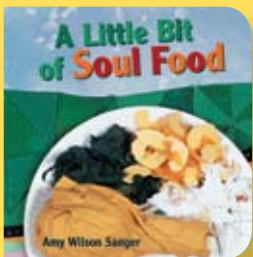
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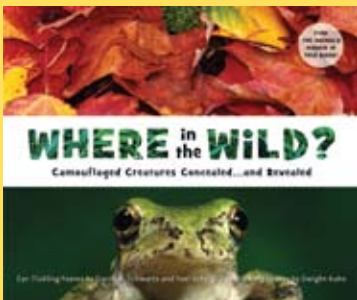
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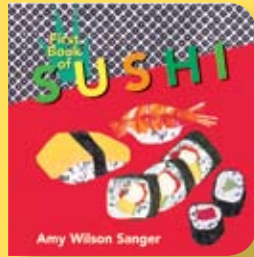
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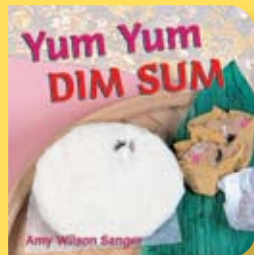
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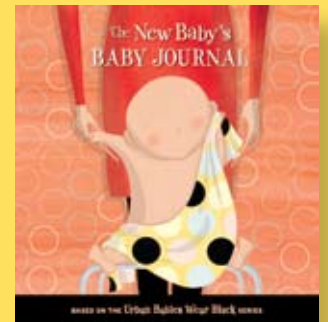
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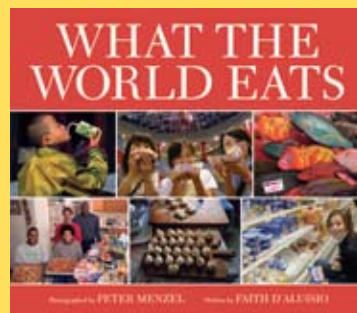
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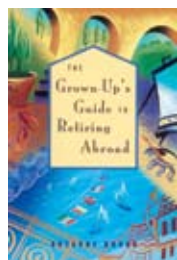
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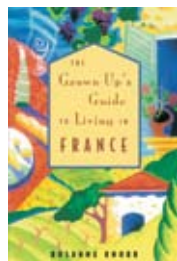
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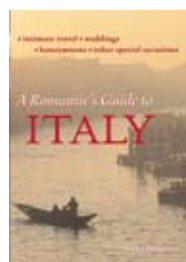
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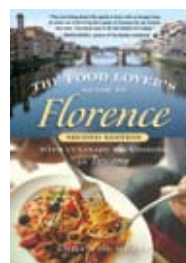
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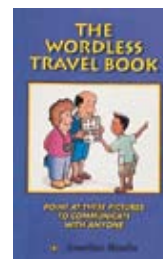
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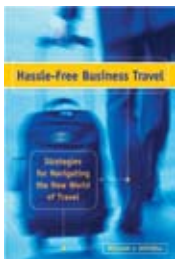
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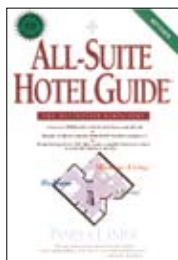
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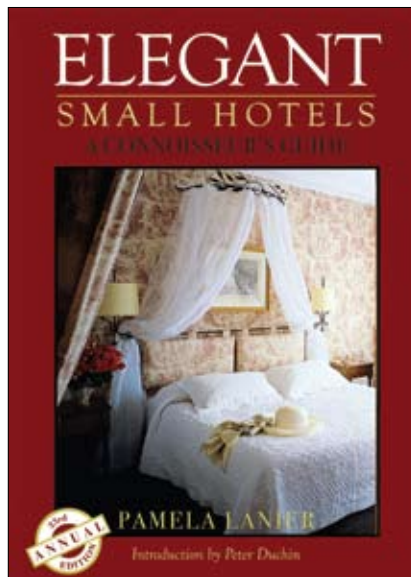
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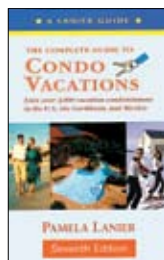


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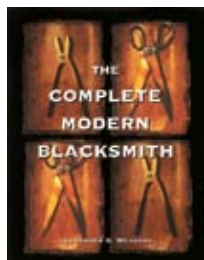
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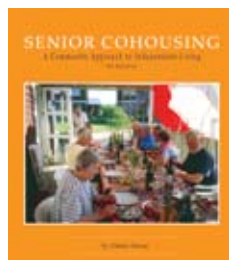


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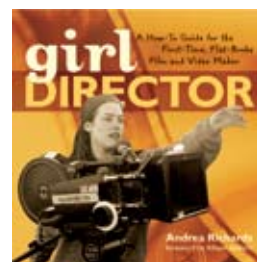
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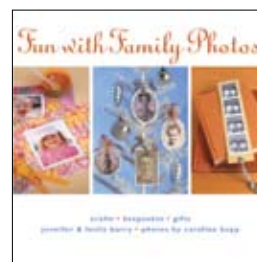
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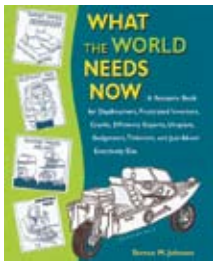
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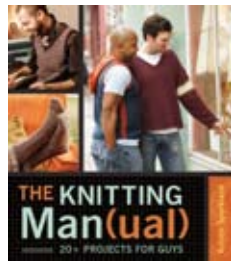
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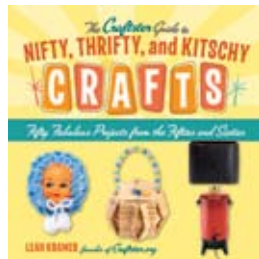
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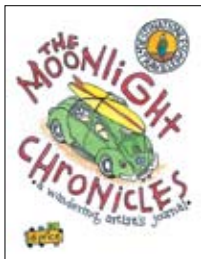
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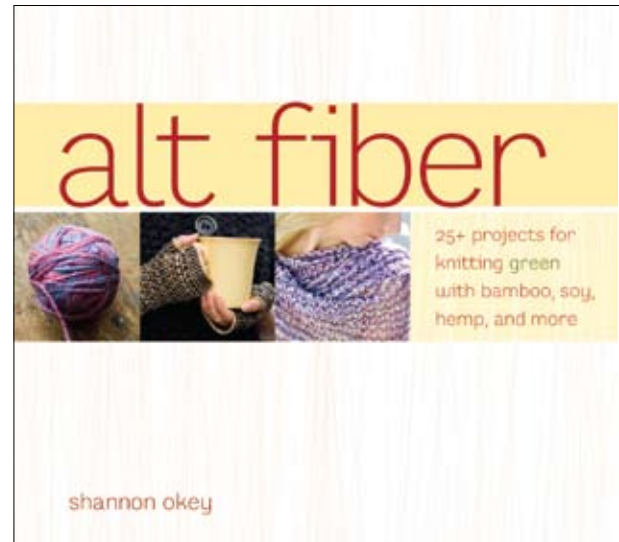
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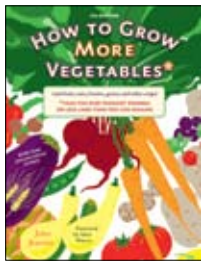
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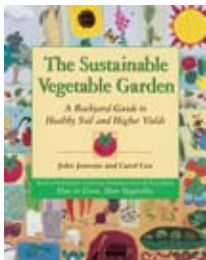
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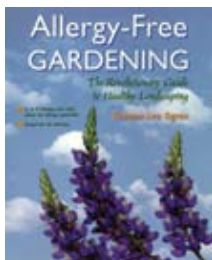
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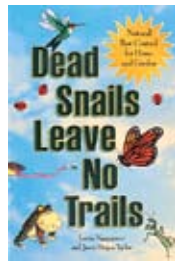
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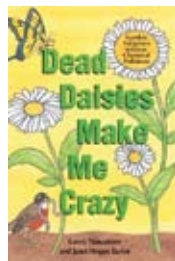
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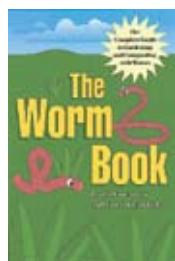
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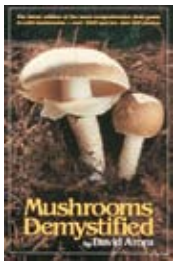
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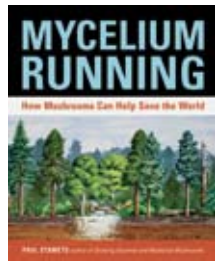
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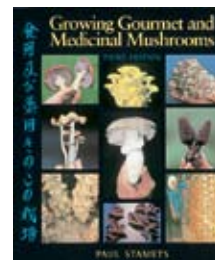
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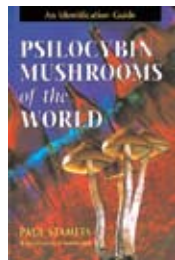
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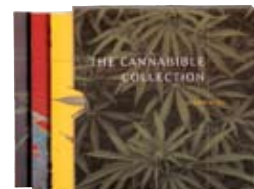
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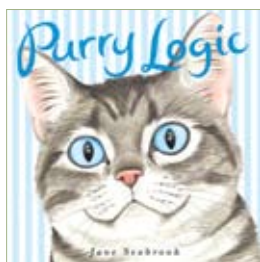
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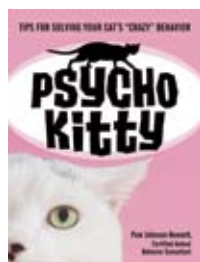




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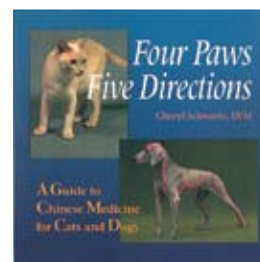
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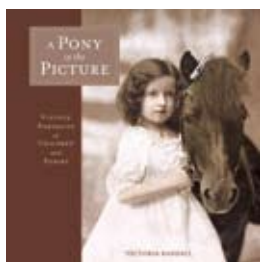
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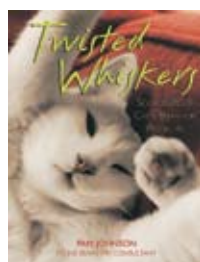
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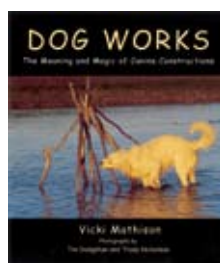
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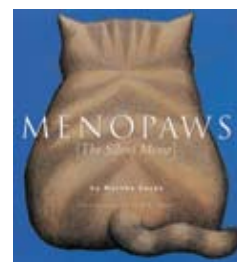
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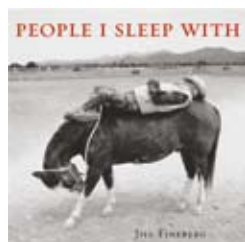
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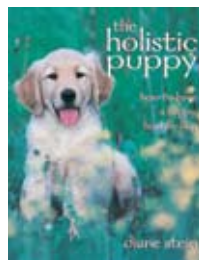
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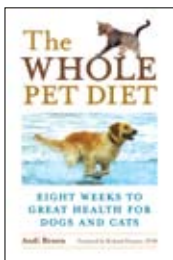
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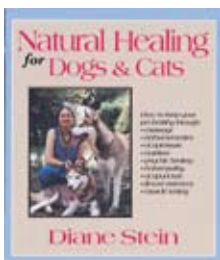
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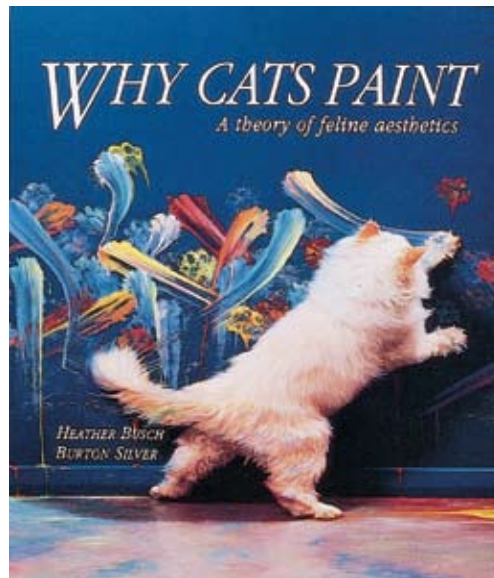
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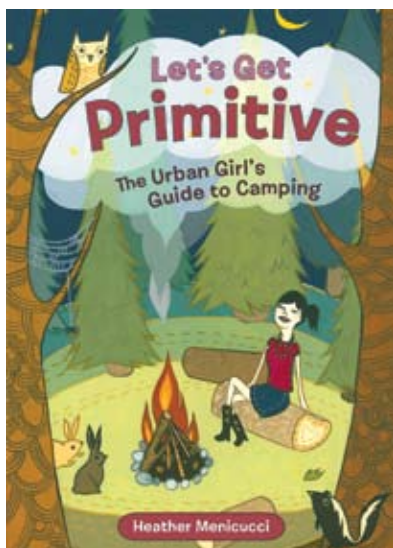
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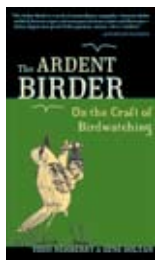


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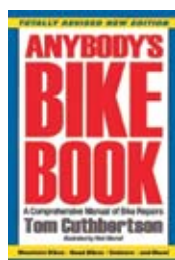
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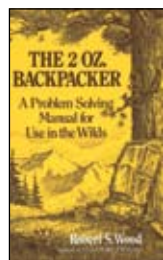


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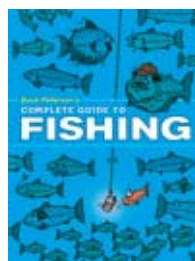
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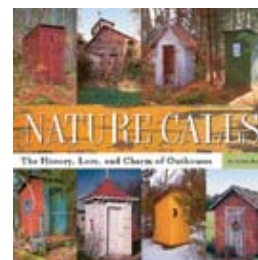
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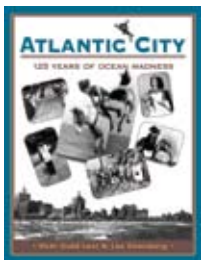
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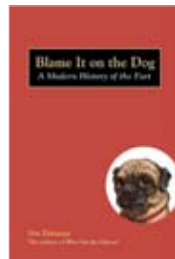
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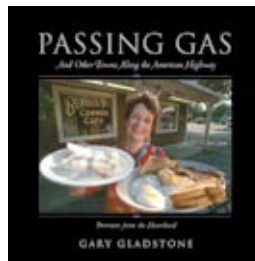
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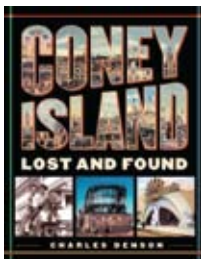
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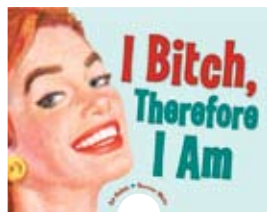
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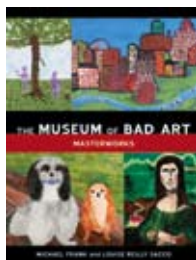


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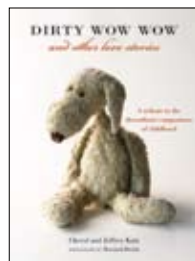
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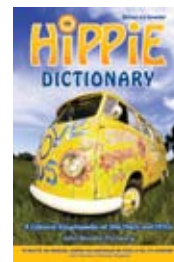
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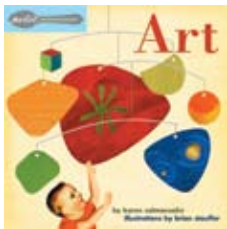
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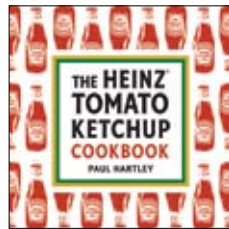
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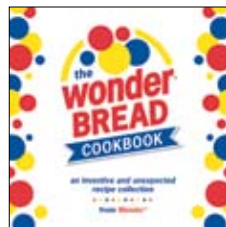
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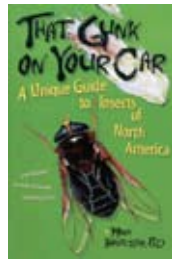
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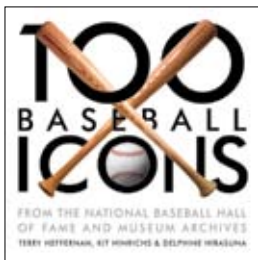
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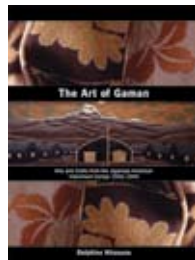
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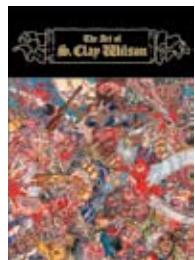
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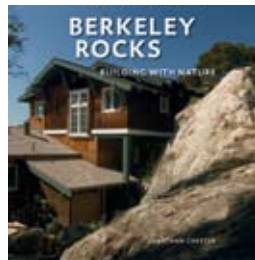
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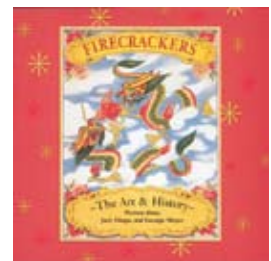
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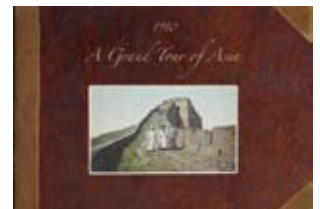
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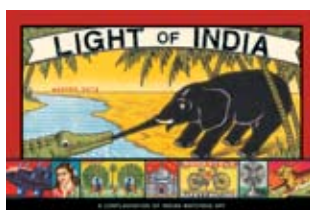


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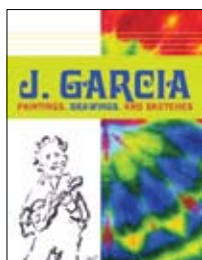
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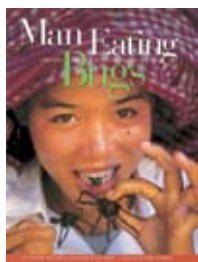
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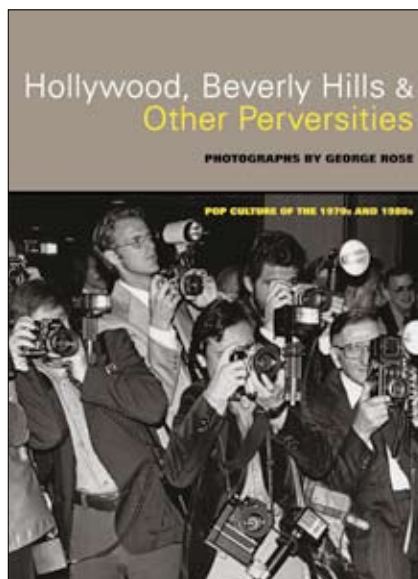
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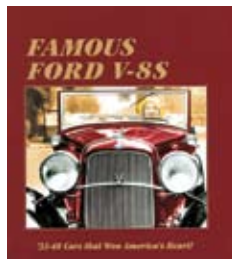
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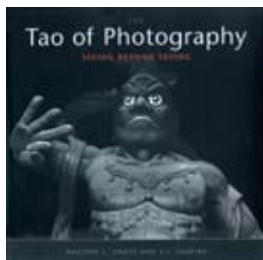
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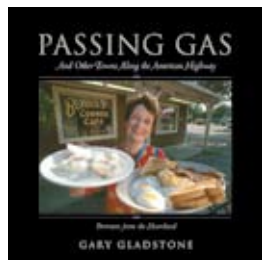
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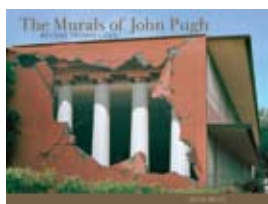
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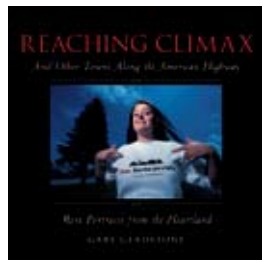
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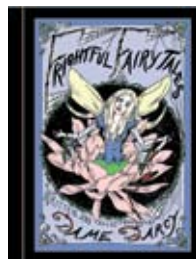
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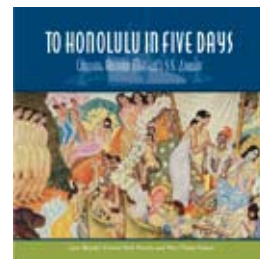
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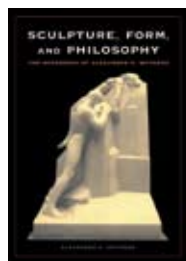
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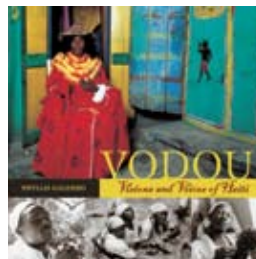
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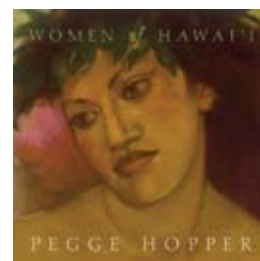
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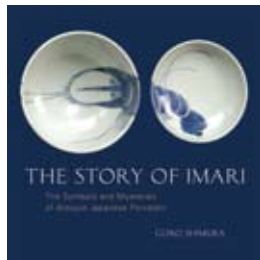
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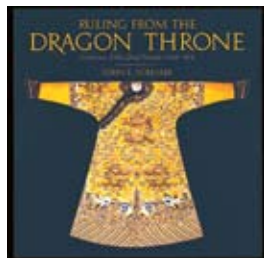
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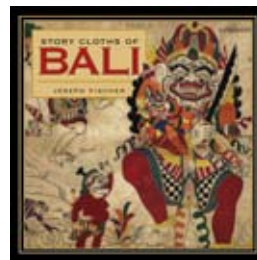
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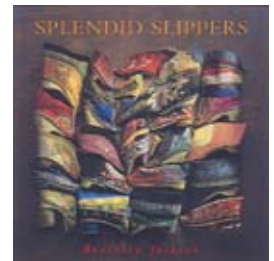
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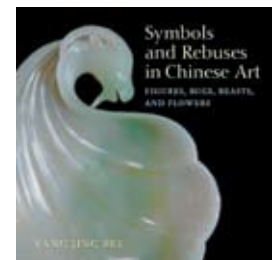
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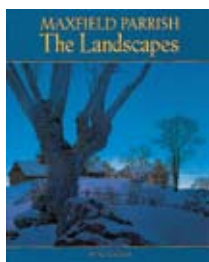
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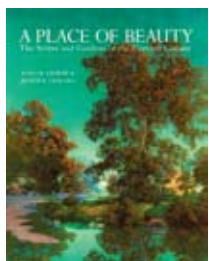
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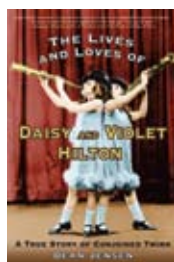
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